The license number for this event is: L3/ND/074/OCT25

**About our Meet**

Inverness ASC invites you to their Spooky Halloween Mini Meet at Inverness Aquadrome, Bught Lane, Inverness, IV3 5SS on Saturday 25th October 2025. This is a level 3 licensed event and will be held in a 25m, 8 lane pool with electronic timing and anti-turbulence lane ropes.

This meet is intended to be a friendly, fun and welcoming opportunity for younger swimmers to experience and learn about competing. It is a Mini Meet and to add to the fun and excitement of the day we will also have surprise hot heats where swimmers can compete to win a prize.

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| **SESSIONS** | Session 1 | Warm up: 08:45 am | Session Start: 10:00am |
|  | Session 2 | Warm up: 1.30 pm | Session Start: 2:30pm |
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| **AGE GROUPS** | 8, 9, 10, 11,12 & 13 yrs | | |
|  | Age on day – 25th October 2025  All events will be run in two eligibility categories - Male/Open and Female | | |
| **EVENTS** | 8 years – 25m individual stroke swims  9-13 years - 50m individual stroke swims  10-13 years – 100m individual stroke  Male/Open, female and mixed relays  Please see the order of events at the end of this document. All events are timed final events (heat declared winners).  Age 8 years events will be swum as mixed (Female and Male/Open).  For relays, all members of the relay team(s) must have swum in at least one individual event in that session. A maximum of two relay teams per event per club. Swimmers must swim in their respective age groups.  Canon relay – is swum young to old with one swimmer from each age group. Discretion can be applied if a club does not have an 8yr to a team line that has 2 x 9yr swimmers.  Team lines will be required one hour before the start of the session in which the relay takes place.  Inverness ASC reserves the right to fill lanes with their own swimmers. There will be a maximum of 5 heats per event. | | |
| **MEDALS**  **RULES**    **ENTRY TIMES** | Medals will be awarded for 1st, 2nd and 3rd places achieved by swimmers in all events according to age groups. Medals and trophies can be picked up from the front desk.  Competition will be held under World Aquatics Technical Rules and Scottish Swimming Regulations.  There are no consideration times, or slower times for this meet but all entries must have an entry time. Times do not require to be accredited but should be real times achieved at accredited meets, non-accredited meets, or club time trials. No time entries will not be accepted and no time entries will not be accepted. | | |
| **ENTRIES**    **ENTRY DEADLINE** | All entries must be on HY-tek Team Manager entry file. Event files may be obtained by downloading from the SASA North District website ([www.sasanorth.org.uk](http://www.sasanorth.org.uk)) or by contacting the Meet Convenor on iascconvenor@gmail.com Please email completed entry files and summary sheet to the Meet Entry Secretary at [lesleygatton@gmail.com](mailto:lesleygatton@gmail.com) (Lesley Gatton)  CLOSING DATE FOR ELECTRONIC ENTRIES IS**: Friday 26th September 2025** | | |
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| **ENTRY FEE** | £7.00 per swim for 25m events  £8.00 per swim for 50 & 100m events  £10.00 per relay  **Payment** to be made by BACS quoting your club’s name as the reference. e.g. NISX/Halloween  **Bank account details**:  Sort Code: 80-91-26 Account: 10466360  Name: Inverness Amateur Swimming Club.  Please note payment must be received within 3 banking days of the closing date. Any entry that is not accompanied by payment in the specified time will be rejected. Cheques can be accepted and MUST be received within 3 postal days of the closing date. Cheques should be posted to the Meet Entry Secretary (email [iascconvenor@gmail.com](mailto:iascconvenor@gmail.com) for a postal address) and should be made payable to Inverness Amateur Swimming Club. | | |
| **EARLY WITHDRAWALS**      **WITHDRAWALS AT THE EVENT**  **MARSHALLING**  **RESERVES**  **COMPETITION DISCLAIMER**  **SAFEGUARDING**  **TECHNICAL**  **OFFICIALS**    **TECHNICAL SWIMSUITS**  **TRANSGENDER & NON-BINARY**        **DATA PROTECTION**  **PHOTOS & VIDEOS**  **CONDUCT**  **LUNCH** | Withdrawals prior to the vent may be sent or emailed to The Meet Entry Secretary (Lesley Gatton) at lesleygatton@gmail.com  Withdrawal deadline- to arrive by 5pm at the latest on Thursday 23rd October 2025  NB: All details must be included in email withdrawals i.e., name, event no. stroke. Telephone and WhatsApp withdrawals will not be accepted.  Withdrawals from heats at the competition should be notified on the withdrawal form issued to coaches. The withdrawal form should be submitted to the recorder’s table at least 1 hour prior to the start of the appropriate session.  Refunds for swimmers withdrawing through illness or injury will be granted only if the swimmer has been withdrawn in time according to the meet information and when the swimmer can provide medical evidence confirming that they are unfit to swim to the Meet Convenor within 7 days following the meet. The letter should be dated no earlier than the closing date for the meet and not more than 2 days after the meet.    There shall be marshalling for all heats and relays. All swimmers must present themselves to the marshal before their events and are advised to attend in good time. The start of a race will not be delayed for absent competitors.  Swimmers who have not presented themselves to the marshals prior to their heat leaving the first marshaling area will not be permitted to swim and will be treated as a late withdrawal.    Reserves must present themselves to the marshal unless they have withdrawn.  No guarantee can be given by IASC that this meet will take place at the time and dates. IASC reserves the right to reschedule the event without notice and without liability for doing so. It is expected that this would only happen because of unforeseen circumstances e.g., venue/facility failure or adverse weather. In the vent of postponement, cancellation or abandonment of the meet, refunds, if any, will be made at the absolute discretion of IASC, who will have no legal liability to make a refund or to pay any form of consequential or indirect damage such as loss or enjoyment, travel and accommodation costs.  The primary safeguarding point of contact for the competition in relation to wellbeing and protection matters or accidents is Meet Convenor. A Wellbeing & Protection Officer will be appointed and will be the secondary point of contact. Further details will be in the Participant Information document prior to the event.  Any team staff or any technical officials/event staff conducting a regulated role at the event must have a valid PVG disclosure check and CWPS workshop through Scottish Swimming.    Clubs must submit lists of Swimming Technical Officials using the form provided to the Meet STO (Paul Morley) at [iascsto@gmail.com](mailto:iascsto@gmail.comno) no later than 10th October 2025. Where attending clubs should provide at least one judge per session in addition to timekeepers.  Swimmers 13 years and younger cannot now compete wearing technical suits in Scottish Swimming licensed or registered events. For further information and FAQs see (link in Swimsuits/Scottish swimming)  The Scottish Swimming Transgender & Non-Binary Competition policy is now in place. Any policy related matters that arise during the vent should be reported to and will be recorded by the Meet Convenor/Meet Referee and these matters will be communicated to and managed post event by the relevant Scottish Swimming Staff. At no point will members be challenged on the day of a competition with any matters being resolved post event. By entering the Female category, swimmers are therefore confirming their birth sex is female and are eligible to compete in the Female category.  In order to operate this meet, we have a legitimate interest to collect and process some basic personal data from all competitors, specifically name, eligibility category and date of birth. This data will be held securely and only used for the purpose of managing the meet and reporting results. Dates of birth (DOB) will only be shared with   * Scottish swimming for the purposes of maintaining the National Database which is used for Squad Selection and * Swim England for inclusion on Rankings * SASA North District/Clubs – names, eligibility category and age (not DOB) will be retained and will be shared with attending clubs and may be published for the purposes of reporting and keeping records   The use of mobile phones or other devices capable of photography is not permitted at any time in the changing rooms, toilets or shower areas and they must be switched to silent in the pool hall. Anyone wishing to use photographic equipment at the competition, including video cameras, must register their details at the Meet front desk and be issued with a coloured wristband.  All swimmers, team staff, technical officials and spectators should adhere to the Scottish Swimming Code of Ethics and relevant codes of conduct.  Technical officials will be offered a light lunch. Coaches and Team managers can request lunch at a cost of £11 per head and the request should be submitted with the summary sheet and payment included with the entry fee. Please advise IASC STO of any dietary requirements on the summary sheet. | | |
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| **NOTES**  **MEET SECRETARY**  **MEET CONVENOR** | All swimmers entered must have paid their SASA membership fee for the current year with registration numbers shown on entry files.  Poolside access will be limited to 1 members of club staff per 10 swimmers and one further coach per additional 10 swimmers. All staff must have PVG and CWPS training.  Participating clubs will receive a copy of start sheets for each session. Results will be posted by the front desk during the event and after the event will be sent via email and published on the North District website.  Spectating is available at this meet however seating will be prioritised for swimmers. There are vending machines around the facility. There is also a café across from the pool at Inverness Botanic Gardens.  Participating information will be issued to all clubs with more details about the meet up to 7 days before the event.  Lesley Gatton (lesleygatton@gmail.com)  Trish Sheldon (iascconvenor@gmail.com) | | |
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**PROGRAMME OF EVENTS**

**Session 1 – Warm Up 08.45am Start 10.00am**

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| **Event** | **Category** | **Age** | **Distance** | **Stroke** |
| 101 | Male / Open | 10-13 | 100m | Individual Medley |
| 102 | Female | 10-13 | 100m | Individual Medley |
| 103 | Mixed | 8 | 25m | Backstroke |
| 104 | Male/Open | 9-13 | 50m | Backstroke |
| 105 | Female | 9-13 | 50m | Backstroke |
| 106 | Male/Open | 10-13 | 100m | Freestyle |
| 107 | Female | 10-13 | 100m | Freestyle |
| 108 | Mixed | 8 | 25m | Breaststroke |
| 109 | Female | 9-13 | 50m | Breaststroke |
| 110 | Male/Open | 9-13 | 50m | Breaststroke |
| 111 | Female | 10-13 | 100m | Butterfly |
| 112 | Male/Open | 10-13 | 100m | Butterfly |
| 113 | Mixed | 8-13 | 8 x 50m | Freestyle Canon Relay |

**Session 2 – Warm Up 1.30pm Start 2.30pm**

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| **Event** | **Category** | **Age** | **Distance** | **Stroke** |
| 201 | Female | 10-13 | 100m | Backstroke |
| 202 | Male/Open | 10-13 | 100m | Backstroke |
| 203 | Mixed | 8 | 25m | Butterfly |
| 204 | Male/Open | 9-13 | 50m | Butterfly |
| 205 | Female | 9-13 | 50m | Butterfly |
| 206 | Male/Open | 10-13 | 100m | Breaststroke |
| 207 | Female | 10-13 | 100m | Breaststroke |
| 208 | Mixed | 8 | 25m | Freestyle |
| 209 | Female | 9-13 | 50m | Freestyle |
| 210 | Male/Open | 9-13 | 50m | Freestyle |
| 211 | Female | 8-10 | 4 x 50m | Freestyle Relay |
| 212 | Male/Open | 8-10 | 4 x 50m | Freestyle Relay |
| 213 | Female | 11-13 | 4 x 50m | IM Relay |
| 214 | Male/Open | 11-13 | 4 x 50m | IM Relay |

**ENTRY SUMMARY SHEET**

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| Please complete and return with entry fees by **Friday 26th September 2025** | |
| **Contact Details …………………………………………….**  **Club …………………………………………….**  **Meet Secretary ……………………………………………**  **Address ……………………………………………..**  **Tel. No. ………………………….. Email address ………………………………………..**  **Entry Summary**  Swimmers Aged 8 ………………..@£7.00 per swim = £…………  Swimmers Aged 9-13 ……………….. @£8.00 per swim = £…………  Relay team ………………@£10 per swim = £…………  Coach meal ticket ………………@£11 per person = £………..  Total £………….  **Closing date: 26th September 2025** | |
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| **DECLARATION** | I confirm that all swimmers in this competition have paid their current SASA fee.  I confirm all staff poolside will have PVG and CWPS training.  I confirm all swimmers entered the female category were born female.  **Signed…………………………… Position in club …………………..**  **Date …………………………………………..** |
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Club bank details for any refunds:

Sort Code: Account:

**OFFICIALS SHEET**

Please complete and return by **Friday 3rd October 2025** and send to **iascsto@gmail.com**

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| Club: |  |
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| STO Name: |  |
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| Email address for STO: |  |
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| **NAME** | **DUTY** | **SESSION 1** | **SESSION 2** | **SIGNATURE REQUIRED?** |
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***STO CONTACT – (Paul Morley,*** [***iascsto@gmail.com***](mailto:iascsto@gmail.com)***)***

**Media/Photography Refusal of Consent**

Event: **Inverness ASC Spooky Halloween Mini Meet**

Date: **25th October 202**5

Name of Swimmer:……………………………….

Club:……………………………………………………

I refuse permission for the Official Photographer of IASC, or our media partner or sponsor to take and/or publish the images of me/my child. This includes sharing photos/images on your website and social network sites.

Signed:

(Parent /carer if aged 16 or under)

Print Name:

Date: