

ELGIN ASC 'MINI-PINEAPPLE-GRAD'





Saturday 17th May 2025

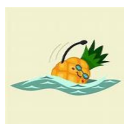
Buckie Leisure Centre, South Pringle Street, Buckie, AB56 1PX

CLOSING DATE FOR ENTRIES, SUMMARY SHEET & FEES:

MIDNIGHT – Friday 25th April 2025

Meet Information

Pool:	Buckie Leisure Centre 5 lanes x 25m Anti-turbulence ropes. NO electronic timing.
Sessions:	Session One: Warm Up 08:00 Start 09:05 Session Two: Warm Up 12:45 Start 13:50 (Subject to change if necessary)
Events:	 <p>Mixed 8-year-old - 25m Backstroke, Breaststroke, Butterfly, Freestyle; 50m Backstroke, Breaststroke, Butterfly, Freestyle; (Age Groups 9/10 years, 11/12 years, 13/14 years & 15 years) 100m Backstroke, Breaststroke, Butterfly, Freestyle; (Age Groups 9/10 years, 11/12 years, 13/14 years & 15 years) 100m IM (Age Group 9 years – 15 years only)</p>  <p>All individual events will be swum with age groups combined. All events will be heat declared winners.</p> <p>Maximum of 2 Teams only per club: (i.e., one of each or two of same) 4x50m Mixed (8-11 years) (At least 1 girl & 1 boy) Freestyle Relay; 4x50m Mixed (12-15 years) (At least 1 girl & 1 boy) Freestyle Relay;</p> <p>Maximum of 2 Teams only per club: (i.e., one of each or two of same) 4x50m Mixed (8-11 years) (At least 1 girl & 1 boy) Medley Relay 4x50m Mixed (12-15 years) (At least 1 girl & 1 boy) Medley Relay</p> <p>SWIMMERS CANNOT SWIM UP AN AGE GROUP No Swimmer under the age of 8 is permitted to swim. Entries will not be accepted from composite teams.</p>
Age:	As at 10 th May 2025 8 years, 9/10 years, 11/12 years, 13/14 years & 15 years.
Awards:	 <p>Medals will be awarded to 1st, 2nd & 3rd places in each Age Group for 25m, 50m, and 100m. 1st, 2nd & 3rd place medals for 100IM only (not split into Age Groups). There will also be HOT HEATS with prizes.</p>
Eligibility to Enter:	All swimmers entered must have paid their SASA membership fee for the current year. Registration numbers must be shown on entry files.
Technical swimsuits	Swimmers 13 years and younger cannot compete wearing technical suits in Scottish Swimming licensed or registered events. See Swimwear Scottish Swimming
Transgender and Non-Binary Competition Policy	 <p>From 1st January 2024 the Scottish Swimming Transgender & Non-Binary Competition Policy will be implemented nationally across all aquatics sports. See Equality Scottish Swimming Any policy related matters that arise during the event should be reported to and will be recorded by the Meet Convenor and these matters will be communicated to and managed post event by the relevant Scottish Swimming Staff. At no point will members be challenged on the day of a competition with any matters being resolved post event. As a result of this policy being implemented, any competitor intending to compete within the Female category at this event will be required to provide confirmation that their birth sex is female when signing up to the meet conditions through entry. By entering the Female category, athletes are therefore confirming their birth sex is female and are eligible to compete in the Female category.</p>






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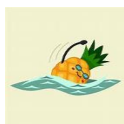
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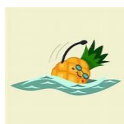
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Consideration Times	<p>Yes - consideration times have been set for this meet. (Apart from 25m races) Elgin ASC reserves the right to restrict the number of heats in any event(s), to swim a slower heat for their Swimmers and to fill any empty lanes with Elgin ASC Swimmers. Heats will be swum slowest to fastest. Entries to the events will be restricted and will be accepted based on entry times. No NT entries will be accepted. Any entry not accepted will be refunded.</p> <p>Programme of Events & Consideration Times on separate sheet.</p>
Entry Fees:	<p>£7.00 for 25m, 50m,100m events & 100m IM. £8.00 for all relay events.</p> <p>Payment can be made by BACS. Account No: TSB Elgin A/C 00030028 Sort Code: 30-25-89. Reference should be ELMGR followed by your club code eg ELMGRNENX.</p>
Entries: 	<p>All entries must be on Hy-tek Team Manager entry file (District Rule SW 4.1.). Entry files may be obtained by downloading from the North District website (www.sasanorth.org.uk) or contact Denise Brown at elginascentries@gmail.com</p> <p>Entries may have to be limited dependent upon numbers received. In the event of an oversubscription, entries will be accepted as evenly across the programme as is practical.</p> <p>A Draft Programme will be emailed to all participating clubs, with notice of entries/scratches. After this time no withdrawals for refund will be accepted unless notice of Doctors Note is given within 7 days of last day of meet.</p> <p>Please note Summary Sheet and Payment must be received within 3 postal days of CLOSING DATE (by MIDNIGHT 18th APRIL 2025). There will be zero tolerance of late payment. Any entry or payment not received within the timeframe will be rejected without delay. Please return entry files, payment notification and summary sheet to - elginascentries@gmail.com</p>
Early Withdrawals:	<p>Withdrawals prior to the event may be sent by clicking HERE to arrive by 5pm at the latest on Thursday 15th May 2025. NB: Follow the link ABOVE to use the Withdrawals form.</p>
Withdrawals on the Day:	<p>Withdrawals should be notified to the recorders desk. Sheets should be handed back at least 20 minutes prior to the start of the appropriate session.</p>
Marshalling: 	<p>There will be marshalling. All swimmers must attend marshalling before their events and are advised to attend in good time. The start of a race will not be delayed for absent swimmers who have not presented themselves to the marshals prior to their heat leaving. They will not be permitted to swim.</p>
Technical Officials: 	<p>Lists of Technical Officials for all sessions can be entered on the attached sheet and must be emailed to Anne Heald at elginascsto@gmail.com no later than (Friday 2nd May 2025).</p> <p>Please note that probationary Judges and Timekeepers wishing specific signatures, i.e. Chief timekeeper or stroke, should make this request to the Meet Officials Convenor. For Trainee Judge 1, Judge 2 or Judge 2S, please see the Officials Sheet.</p> <p>Lunch will be provided for Officials. We are adopting a plastic free policy to help the environment. Could all Officials bring their own water bottle? Water and juice will be available throughout the weekend for top ups.</p> <p>Any queries or changes to Technical Officials after the closing date should be directed to Anne Heald at elginascsto@gmail.com</p>



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<p>Photography QR Code:</p> 		<p>Anyone wishing to use photographic equipment, including video cameras at the event MUST register using the QR codes available below and at the venue.</p> <p>The use of mobile phones or other devices capable of photography/video are not permitted at any time in the changing areas, toilets or shower areas. They must also be switched to silent in the pool area.</p>
<p>Meet Convenor:</p>	<p>Tracy Sinclair: eascgala@gmail.com</p>	
<p>Important Information:</p> 	<ol style="list-style-type: none"> 1. All participants are required to adhere to the Scottish Swimming Code of Ethics, and relevant codes of conduct. 2. A Licence has been granted for this competition and accreditation will be applied for through SASA North District. 3. Each competitor should bring (as a minimum): • Sufficient water in a plastic water bottle(s); • Shorts & t-shirt to wear over the swimsuit/swim shorts at all times when not swimming; • Poolside shoes (e.g. crocs/clean trainers/flip flops); • Hand sanitiser. 4. Poolside/changing room access will be limited to team coaches and chaperones up to a maximum of one coach/chaperone per 10 swimmers, with a maximum of 3 coaches/chaperones at any one time. 5. Belongings should be placed in the lockers provided. 6. Seating areas will be allocated to each team. Teams are responsible for ensuring that their swimmers recognize the importance of “giving people space”, especially when moving through the seating and marshalling areas. 7. Participating clubs will receive one copy of start sheets for each session. 8. Coaches should ensure that their swimmers enter and exit the warm ups at the allotted times. Swimmers must not enter the pool until their warm-up start is announced and must follow all instructions. Full warm up details will be issued prior to the meet. 9. Over the top starts will be issued at the discretion of the Meet Referee. 10. The meet organisers and the facility management cannot be held responsible for items lost or damaged during the course of the event. 11. Clubs are responsible for clearing their seating area of belongings, litter, etc. before leaving at the end of the competition day. Bin liners for plastic bottles/recyclable items and for general waste will be distributed around the pool - please use them. 12. Glass bottles, containers and hot drinks are not permitted in the pool area. 	
<p>Refreshments:</p>	<p>Teas, Coffees and Snacks will be available to purchase. There will be bakes and bottled refreshments and a lucky dip raffle for the children.</p> 	
<p>Feedback QR Code:</p>		<p>This short feedback form will take 4 minutes to complete. We value your comments and the time taken to answer the questions after the event has taken place. We hope you will enjoy the experience.</p> 



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Programme of Events

Saturday

Session One

Event 101	Mixed	8 - 11 Years	200m Medley Relay
Event 102	Mixed	12 - 15 Years	200m Medley Relay
Event 103	Mixed	8 Years	25m Backstroke
Event 104	Female	9 - 15 Years	50m Butterfly
Event 105	Male	9 - 15 Years	50m Butterfly
Event 106	Female	9 - 15 Years	100m Backstroke
Event 107	Male	9 - 15 Years	100m Backstroke
Event 108	Mixed	8 Years	25m Breaststroke
Event 109	Female	9 - 15 Years	50m Freestyle
Event 110	Male	9 - 15 Years	50m Freestyle
Event 111	Female	9 - 15 Years	100m Breaststroke
Event 112	Male	9 - 15 Years	100m Breaststroke
Event 113	Female	9 - 15 Years	100m Individual Medley



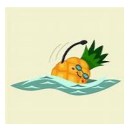
Sunday

Session Two

Event 201	Mixed	8 - 11 Years	200m Freestyle Relay
Event 202	Mixed	12 - 15 Years	200m Freestyle Relay
Event 203	Mixed	8 Years	25m Butterfly
Event 204	Male	9 - 15 Years	50m Backstroke
Event 205	Female	9 - 15 Years	50m Backstroke
Event 206	Male	9 - 15 Years	100m Butterfly
Event 207	Female	9 - 15 Years	100m Butterfly
Event 208	Mixed	8 Years	25m Freestyle
Event 209	Male	9 - 15 Years	50m Breaststroke
Event 210	Female	9 - 15 Years	50m Breaststroke
Event 211	Male	9 - 15 Years	100m Freestyle
Event 212	Female	9 - 15 Years	100m Freestyle
Event 213	Male	9 - 15 Years	100m Individual Medley




CONSIDERATION TIMES									
Not Faster Than Times Below:									
NO CONSIDERATION TIMES FOR 25m Events									
Girls				Events	Boys				
9/10	11/12	13/14	15		9/10	11/12	13/14	15	
46.00	43.00	40.00	38.00	50 Back	45.00	42.00	39.00	37.00	
52.00	50.00	49.00	47.00	50 Breast	50.00	48.00	47.00	45.00	
50.00	46.00	40.00	38.00	50 Fly	49.00	44.00	38.00	34.00	
40.00	36.00	33.00	32.00	50 Free	38.00	34.00	30.00	29.00	
1:33.00	1:32.00	1:24.00	1:20.00	100 Back	1:32.00	1:30.00	1:22.00	1:18.00	
1:46.00	1:44.00	1:34.00	1:32.00	100 Breast	1:45.00	1:43.00	1:32.00	1:30.00	
1:37.00	1:35.00	1:30.00	1:29.00	100 Fly	1:36.00	1:34.00	1:28.00	1:26.00	
1:26.00	1:21.00	1:11.00	1:08.00	100 Free	1:23.00	1:18.00	1:09.00	1:06.00	
1:35.00	1:33.00	1:24.00	1:16.00	100 IM	1:33.00	1:31.00	1:22.00	1:08.00	



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Summary Sheet

Club Name/Abbr:	Meet Secretary:
	Address:
	Tel No:
	Email:

<table> <tr> <td>___</td> <td>Mixed 25m Male/Female Entries</td> <td>@ £7.00</td> <td>£</td> </tr> <tr> <td>___</td> <td>Ind 50m Male/Female Entries</td> <td>@ £7.00</td> <td>£</td> </tr> <tr> <td>___</td> <td>Ind 100m Male/Female Entries</td> <td>@ £7.00</td> <td>£</td> </tr> <tr> <td>___</td> <td>4 x 50m Relay Mixed Entries</td> <td>@ £8.00</td> <td>£</td> </tr> <tr> <td>___</td> <td>Coaches' Meal Pass</td> <td>@ £5.00</td> <td>£</td> </tr> <tr> <td colspan="3"></td> <td>Total: £</td> </tr> </table>	___	Mixed 25m Male/Female Entries	@ £7.00	£	___	Ind 50m Male/Female Entries	@ £7.00	£	___	Ind 100m Male/Female Entries	@ £7.00	£	___	4 x 50m Relay Mixed Entries	@ £8.00	£	___	Coaches' Meal Pass	@ £5.00	£				Total: £	<p>Paperwork and Payment must be received within 3 postal days of closing date.</p> <p>Have you enclosed:</p> <p>BACS, Hy-tek TM</p> <p>Entry Zip File</p> <p>Summary Sheet</p> 
___	Mixed 25m Male/Female Entries	@ £7.00	£																						
___	Ind 50m Male/Female Entries	@ £7.00	£																						
___	Ind 100m Male/Female Entries	@ £7.00	£																						
___	4 x 50m Relay Mixed Entries	@ £8.00	£																						
___	Coaches' Meal Pass	@ £5.00	£																						
			Total: £																						

PAYMENT VIA: BACS Account No: TSB Elgin A/C 00030028 Sort Code: 30-25-89.
Payment Reference ELMGR followed by Club Code eg ELMGRNENX.

FOR REFUNDS AFTER MEET

Club A/C Name: _____

Sort Code: _____ **Bank/Account Number:** _____

Declaration: I confirm that all swimmers entered in this competition have paid their current SASA membership fee.

I confirm that all coaches and/or team staff from our club who will be on poolside are members of Scottish Swimming and have current PVG disclosure.

Signed:

Position in Club: **Date:**

(This declaration must be completed by all competing clubs)





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Officials Sheet - Please Note: This sheet to be emailed to Anne Heald E-mail: elginascsto@gmail.com

Club: _____

Meet STO: Anne Heald

STO Contact Name: _____

Tel No: _____

E-mail address: _____



SESSION 1						
	Club Code	Name	TK/Judge	Level J1/J2/J2S		Mentoring Request
						J1/J2/J2S
1	NENX	EXAMPLE NAME	JUDGE	J1		J2
2						
3						
4						
5						
6						
7						
8						
9						
10						



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SESSION 2						
	Club Code	Name	TK/Judge	Level J1/J2/J2S		Mentoring Request
						J1/J2/J2S
1	NENX	EXAMPLE NAME	JUDGE	J1		J2
2						
3						
4						
5						
6						
7						
8						
9						
10						

