

DATE	Saturday 3 <sup>rd</sup> May 2025
VENUE	Fraserburgh Community & Sports Centre, Maconochie Road, Fraserburgh, AB43 9TH
POOL	25 Metres, 6 Lanes, 2 metres deep, anti-turbulence ropes, starting Blocks at start end only, backstroke ledges, deck Level Pool
SESSIONS	Session One: Warm Up 08:15 - Start 09:20 – Approx Finish 12.20 Session Two: Warm Up 13:00 - Start 14:05 – Approx Finish 17:05 (Subject to change if necessary)
EVENTS	Individual Events - 8 Years: 50m Back, Breast, Butterfly & Freestyle & 100IM 9-16 Years: 100m Back, Breast, Butterfly & Freestyle & 100IM Team Events - 8 x 50m Freestyle & Medley cannon relays.  The relays will consist of 8x50m freestyle and medley events – teams must include four boys and four girls and the total of the swimmers ages on the day of the meet must not exceed 100 years. Relay team members must also be swimming in an individual event. Each club may enter up to two teams in each relay event.  The medley relay will be swum in the order: Back, breast, fly, free, back breast, fly, free. Swimmers 1 & 5 will start in the pool.  Please note we will have 'HOT HEATS' throughout the day. These will be chosen at random, and a prize awarded to the winner of that heat. Swimmers will be notified of this prior to the start of the heat by music and the announcer will clarify this is a HOT HEAT.  No Swimmer under the age of 8 is permitted to swim. Entries will not be
	accepted from composite teams.
AGE	All events are age on the day (3 <sup>rd</sup> May 2025)
AWARDS	Medals will be awarded for 1 <sup>st</sup> , 2 <sup>nd</sup> , & 3 <sup>rd</sup> places for the following – Age groups - 8, 9, 10, 11-12, 13-14 & 15-16 for 50m, 100m & 100IM.  There will be no medal presentations during the event. Medals will be available
	for collection from the medals desk which will be located in the foyer.
ENTRY FEES	£6.00 per individual 50M swim £7.00 per individual 100M swim £8.00 per relay Payment can be made by BACS using the following details; Account Name: Broch Asc Account Number: 00574024 Sort Code: 80-06-86 Please use reference MM25 followed by your club code e.g. MM25NBHX.
	Payment to be received no later than 3 days after the closing date.





	Meet information
ELIGIBILITY TO	All swimmers entered must have paid their SASA membership fee for the current
ENTER	year. Registration numbers must be shown on entry files.
ENTRIES	All entries must be on Hy-tek Team Manager entry file (District Rule SW 4.1.). Entry files may be obtained by downloading from the North District website (www.sasanorth.org.uk) or contact Shona Watt at brochasc@hotmail.co.uk
	Entries may have to be limited dependent upon numbers received. In the event of an oversubscription, entries will be accepted as evenly across the programme as is practical.
	A Draft Programme will be emailed to all participating clubs no later than 7 days after closing date.
	Closing Date: Friday 4 <sup>th</sup> April 2025
	Please note Summary Sheet and Payment must be received within 3 postal days of closing date. There will be zero tolerance of late payment. Any entry or payment not received within the timeframe will be rejected without delay. Please return entry files, payment notification and summary sheet to <a href="mailto:brochasc@hotmail.co.uk">brochasc@hotmail.co.uk</a> .
EARLY	Withdrawals prior to the event may be sent by email to brochasc@hotmail.co.uk
WITHDRAWLS	to arrive no later than <b>5pm Wednesday 30<sup>th</sup> April.</b>
	NB: All details must be included on e-mail withdrawals ie Name, Event No,
	Stroke, Entry Time etc. Telephone withdrawals will not be accepted.
WITHDRAWLS ON THE	Withdrawals on the day should be submitted on the withdrawal forms made
DAY	available and should be presented to the Recorders table at least 1 hour prior to the start of the first session and updated accordingly one hour before the start of each session thereafter.
REFUNDS	No refunds will be made once draft programme is issued.
	Refunds for swimmers who withdraw through illness or injury, will only be
	considered where medical evidence confirming that they are unable to swim is
	received no later than 7 days following the meet.
	In the event of postponement, cancellation or abandonment of the event,
	refunds will be made at the absolute discretion of Broch ASC
CONSIDERATION	Consideration times have been set for this meet (apart from 50m races) Broch
TIMES	ASC reserves the right to restrict the number of heats in any event(s), to swim a
	slower heat for their Swimmers and to fill any empty lanes with Broch ASC
	Swimmers.
	Heats will be swum slowest to fastest. Entries to the events will be restricted and
	will be accepted based on entry times. Times do not need to be accredited but
	must be submitted for seeding purposes. NT entries will NOT be accepted. Any





	Wieet information
	entry not accepted will be refunded. Programme of Events & Consideration
	Times on separate sheet.
MARSHALLING	Marshalling will be at the trainer pool beside the entrance to the changing village. All swimmers must attend marshalling before their events and are advised to attend in good time. The start of a race will not be delayed for absent swimmers who have not presented themselves to the marshalls in time, they will not be permitted to swim.
TECHNICAL OFFICALS	Lists of Technical Officials for all sessions can be entered on the attached sheet and must be emailed to Gillian Cardno-Strachan at <a href="mailto:stobrochasc@gmail.com">stobrochasc@gmail.com</a> no later than 5pm Friday 18 <sup>th</sup> April 2025.
	Please note that probationary Judges and Timekeepers wishing specific signatures, i.e. Chief timekeeper or stroke, should make this request to the Meet Officials Convenor. For Trainee Judge 1, Judge 2 or Judge 2S, please see the Officials Sheet.
	Lunch will be provided for morning Officials. We are adopting a plastic free policy to help the environment, could all Officials bring their own water bottle? Water and juice will be available throughout the day for top ups.
	Any queries or changes to Technical Officials after the closing date should be made to Gillian Cardno-Strachan at <a href="mailto:stobrochasc@gmail.com">stobrochasc@gmail.com</a>
	Lunch for coaches can be provided at a cost of £6 (see Summary sheet)
TECHNICAL	Please note that as of 1st September 2022, new regulations came into force
SWIMSUITS	regarding technical swimsuits. From this date, all swimmers aged 13 years and
	younger cannot compete wearing technical suits in Scottish Swimming licenced
	or registered events. For further information and FAQs please see link below:
	https://scottishswimming.com/news/technical-swimsuit-policy-update
TRANSGENDER POLICY	As of the 1st January 2024 the Scottish Swimming Transgender & Non-Binary Competition Policy was implemented nationally across all aquatics sports. The policy and FAQs can be found here: ( <a href="www.scottishswimming.com/about-us/equality">www.scottishswimming.com/about-us/equality</a> ) Any policy related matters that arise during the event should be reported to and will be recorded by the Meet Convenor/Lead Referee and these matters will be communicated to and managed post event by the relevant Scottish Swimming Staff. At no point will members be challenged on the day of a competition with any matters being resolved post event. As a result of this policy being implemented, any competitor intending to compete within the Female category at this event will be required to provide confirmation that their birth sex is female when signing up to the meet conditions through entry. By entering the Female category, athletes are therefore confirming their birth sex is female and
DUOTO CD 1 51 11/	are eligible to compete in the Female category.
PHOTOGRAPHY	The use of mobile phones or other electronic devices is not permitted at any time
& VIDEO	in the changing village, toilets or shower areas. Anyone wishing to use any





	Wieet information
	photographic equipment, including video cameras must register with the Meet
	Convenor & fill out the appropriate paperwork (located in the foyer). Videos and
	Photographs should not be posted on unsecure social websites but may be
	posted on secure sections of club websites
CONTACTS	Meet Convenor: Brenda Tait - chairbrochasc@gmail.com
	Meet Secretary: Shona Watt - brochasc@hotmail.co.uk
	STO Secretary: Gillian Cardno Strachan - stobrochasc@gmail.com
IMPORTANT	All swimmers entered must have paid their SASA membership fee for the current
INFORMATION	year.
	All participants are required to adhere to the Scottish Swimming Code of Ethics,
	and relevant codes of conduct.
	A Licence has been granted for this competition and accreditation will be applied
	for through SASA North District.
	Each competitor should bring (as a minimum): Sufficient water in a plastic water
	bottle(s), shorts & t-shirt to wear over the swimsuit/swim shorts at all times
	when not swimming, poolside shoes (e.g. crocs/clean trainers/flip flops).
	Poolside/changing room access will be limited to team coaches and chaperones
	up to a maximum of one coach/chaperone per 10 swimmers, with a maximum of
	3 coaches/chaperones at any one time.
	Belongings should be placed in the lockers provided, any left in changing cubicles
	will be removed by pool staff.
	Seating areas will be allocated to each team. Teams are responsible for ensuring
	that their swimmers recognize the importance of "giving people space",
	especially when moving through the seating and marshalling areas.
	Participating clubs will receive one copy of start sheets for each session.
	Coaches should ensure that their swimmers enter and exit the warmups at the
	allotted times. Swimmers must not enter the pool until their warm-up start is
	announced and must follow all instructions. Full warm up details will be issued
	prior to the meet.
	Over the top starts will be used when applicableThe Gala Convenor reserves the
	right to alter the meet programme and warm up times if necessary.
	The meet organisers and the facility management cannot be held responsible for
	items lost or damaged during the course of the event.
	Clubs are responsible for clearing their seating area of belongings, litter, etc.
	before leaving at the end of the competition day. Bin liners for plastic
	bottles/recyclable items and for general waste will be distributed around the
	pool - please use them.
DEEDECHMENTS	Glass bottles, containers and hot drinks are not permitted in the pool area.
REFRESHMENTS	Teas, Coffees, and Snacks will be available to purchase. We are delighted to be
	able to offer our very popular Chocolate Tombola and Lucky squares at our
	fundraising table in the Foyer, and appreciate your support with this.





**Meet Information** 

#### **PROGRAMME OF EVENTS**

SESSION 1			
		100 1 11 10 10	
EVENT 101	Male & Open 9-16 years	100m Individual Medley	
EVENT 102	Mixed 8 years	50m Backstroke	
EVENT 103	Female 9-16 years	100m Backstroke	
EVENT 104	Male & Open 9-16 years	100m Breaststroke	
EVENT 105	Mixed 8 years	50m Butterfly	
EVENT 106	Female 9-16 years	100m Butterfly	
EVENT 107	Male & Open 9-16 years	100m Freestyle	
EVENT 108	Mixed 8 years	100m Individual Medley	
EVENT 109	Relay - cannonball 8 x 50 Freestyle		
SESSION 2			
EVENT 201	Female 9-16 Years	100m Individual Medley	
EVENT 202	Mixed 8 years	50m Breaststroke	
EVENT 203	Male & Open 9-16 years	100m Backstroke	
EVENT 204	Female 9-16 years	100m Breaststroke	
EVENT 205	Mixed 8 years 50m Freestyle		
EVENT 206	Male & Open 9-16 years	100m Butterfly	
EVENT 207	Female 9-16 years	100m Freestyle	
EVENT 208	Relay - cannonball	8 x 50 Medley	

CONSIDERATION TIMES									
NOT FASTER THAN THE TIMES BELOW									
NO CONSIDERATION TIMES FOR 50M									
	GIRLS			<b>EVENTS</b>			BOYS		
9/10	11/12	13/14	15/16	15/16 9/10 11/12 13/14 15/16				15/16	
1:33.00	1:32.00	1:24.00	1:20.00 <b>100 Back</b> 1:32.00 1:30.00 1:22.00 1:18				1:18.00		
1:46.00	1:44.00	1:34.00	1:32.00 <b>100 Breast</b> 1:45.00 1:43.00 1:32.00 1:30.00					1:30.00	
1:37.00	1:35.00	1:30.00	1:29.00	100 Fly	1:36.00	1:34.00	1:28.00	1:26.00	
1:26.00	1:21.00	1:11.00	1:08.00 <b>100 Free</b> 1:23.00 1:18.00 1:09.00 1:06.00						
1:35.00	1:35.00 1:33.00 1:24.00 1:16.00 <b>100 IM</b> 1:33.00 1:31.00 1:22.00 1:08.00								





**Meet Information** 

#### **SUMMARY & DECLARATION SHEET**

CLUB NAME/A	ABBR			
MEET SECRETA	ARY:			
ADDRESS:				
_				
TELEPHONE N	UMBER:			
EMAIL:				
Mix	ed 50m Male/Female Entries	@ £6.00		Paperwork and Payment
100	m & 100IM Male Entries	@ £7.00		must be received within 3 postal days of closing date
100	m & 100IM Female Entries	@ £7.00		(4 <sup>th</sup> April 2025).
8x50	Mixed Relay Entries	@ £8.00		Please ensure you have
Coad	ches Meal Pass	@ £6.00		enclosed the following; BACS, Hy-tek TM Entry File & Summary Sheet
				Summary Sheet
		Total:	£	
PAYI	MENTS VIA BACS Account No:	RBS Broch A	SC A/C 005740	24 Sort Code: 80-06-86
		FUNDS AFT	ER MEET	
CLUB A/C NAM				
SORT CODE:		ACCOUNT N		- MANASTAIDLIV
	Payment Reference MM25 fo	ollowed by y	our club code e	e.g. MIMZ5NBHX.
<u>DECLARATION:</u> Membership fe	I confirm that all swimmers ere.	ntered in thi	s competition h	nave paid their current SASA
	all Coaches and/or team staff for ning and have current PVG Disc		b who will be o	n poolside are members of
Signed:				
Position in Club	<b>)</b> :		Date:	
(This declaration	on <u>must</u> be completed by all Clo	ubs)		





**Meet Information** 

#### **OFFICIALS SHEET**

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**STO Contact Name:** 

**STO Email Address:** 

NAME	DUTY	SESSION 1	SESSION 2	SIGNATURE
NAIVIE	DOTT	SESSION I	SESSION 2	REQUIRED
				REQUIRED

To be completed and returned to Gillian Cardno-Strachan @ <a href="mailto:stobrochasc@gmail.com">stobrochasc@gmail.com</a> no later than 5pm on Friday 18<sup>th</sup> April 2025.

