

SECTION 1 – SPECIFIC COMPETITION INFORMATION

Dates	Saturday 1st November to Sunday 2nd November 2025			
Venue	Aquatics Centre, Aberdeen Sports Village, Regent Walk, Aberdeen, AB24 1SX			
Pool & Equipment Details	10 lane 25m competition pool, 2m deep, anti-turbulence ropes, full Omega Electronic Timing system, scoreboard and Starting blocks with back plates, backstroke ledges. Separate swim down pool (9 lanes).			
Promoter	SASA North District Swimming Committee			
Meet Convenor	Gill Smith gascmeetconvenor@gmail.com			
Meet Licence	L1/768/SS/NOV25			
Rules	Competition will be held under World Aquatics Technical Rules and Scottish Swimming Regulations			
Session Times	Session 1	Warm up – 0745	Session start – 0905	Session finish – 1150
	Session 2	Warm up – 1220	Session start – 1325	Session finish – 1615
	Session 3	Warm up – 1645	Session start – 1735	Session finish – 1915
	Session 4	Warm up – 0745	Session start – 0905	Session finish – 1150
	Session 5	Warm up – 1220	Session start – 1325	Session finish – 1615
	Session 6	Warm up – 1645	Session start – 1735	Session finish – 1915
(Subject to change if necessary once entries have been processed)				
Eligibility to Enter	<p>Entries will be accepted from competitors registered as members of the SASA, Swim England or Swim Wales, or competitors from one of the countries affiliated to World Aquatics.</p> <p>Entries from composite teams are welcome at these Championships.</p> <p>All events will be run in two eligibility categories – Male & Open and Female</p>			
Athlete SASA Membership	All athletes entered by Scottish clubs must have paid their SASA membership fee for the current year. Registration numbers must be shown on entry files. A Licence has been granted for this competition and accreditation will be applied for to the SASA.			
Age Groups	Junior swimmers must be under 17 years of age at 31st December 2025.			
Events	<p>Individual events for Male & Open, and for Females, with faster heats in the morning, slower heats in the afternoon and Open and Junior Finals in the evening for:</p> <ul style="list-style-type: none"> • 50m Backstroke, Butterfly, Breaststroke and Freestyle • 100m Backstroke, Butterfly, Breaststroke and Freestyle <p>Individual events with faster heats in the morning, slower heats in the afternoon and Open Finals only in the evening for:</p> <ul style="list-style-type: none"> • 200m Backstroke, Butterfly, Breaststroke, Freestyle, Individual Medley and 400m Freestyle <p>Individual events swum as timed finals for:</p> <ul style="list-style-type: none"> • 400m Individual Medley and 800m Freestyle <p>Team events for:</p> <ul style="list-style-type: none"> • 4 x 50m Mixed Freestyle and Mixed Medley Relays 			

Events (continued)	Events will be split after the draft programme has been confirmed and swimmers will be advised when their swims will take place in good time prior to the competition. The SASA North District reserve the right to change the event order in the afternoon sessions if heats of a particular event are not required.
Consideration Times	<p>Consideration times are with the attached Programme of Events.</p> <p>The fee for entries received which are out with the consideration times for any of the District Competitions shall not be refunded under any circumstances. (District Rule SW 4.6 refers). <u>Please note that accredited times are required.</u></p> <p>There are no consideration times for team events, but <u>entry times must be submitted</u> and these should be the sum of the times of four athletes eligible to swim in that event.</p>
Entry Process	<p>All entries must be on Hy-tek Team Manager entry file (ND Rule SW 4.1). Events files may be obtained by downloading from the North District website (www.sasanorth.org.uk), or by contacting the District Entries Secretary:</p> <p style="text-align: center;">Sandra Middleton at entries@sasanorth.org.uk</p> <p>Entries may have to be limited dependent upon numbers received. In the event that there is an oversubscription, entries will be accepted as evenly across the programme as is reasonably possible with fastest entries accepted first.</p>
Entry Deadline	<p>CLOSING DATE FOR ELECTRONIC ENTRIES IS:</p> <p>Friday 3rd October 2025</p>
Entry Fees & Payment	<p style="text-align: center;">£9.50 per individual swim £13.00 per team event</p> <p>Please note payment must be received within 3 banking days of the relevant closing date and there will be zero tolerance of late payment. Any entry that is not accompanied by payment in the specified timeframe will be rejected without delay.</p> <p>The fee for entries received which are outwith the consideration times or conditions for this competition shall not be refunded under any circumstances.</p> <p>Payment is preferred by BACS. Reference should be OPEN25 followed by the round and your club code eg OPEN25NANX.</p> <p>Bank details for payments: Sort Code: 80-05-16 A/C No 00882011</p> <p>Cheques can be accepted and MUST be received within 3 banking days of the closing date. Cheques should be posted to the relevant District Entries Secretary (email entries@sasanorth.org.uk for a postal address) and should be made payable to SASA North District.</p>
Early Withdrawals	<p>Withdrawals prior to the event may be sent or e-mailed to the Entries Secretary:</p> <p style="text-align: center;">Sandra Middleton at entries@sasanorth.org.uk</p> <p>Withdrawals MUST arrive by 5pm at the latest on Thursday 30th October 2025</p> <p>NB: All details must be included on e-mail withdrawals ie Name, Event No, Stroke, Comp No etc. Telephone and WhatsApp withdrawals will not be accepted.</p>
Withdrawals at the Event	Withdrawals from heats at the competition should be notified on the withdrawal form issued. The withdrawal form should be submitted to the recorders' table at least 1 hour prior to the start of the appropriate session. See North District Rule SW5.1(b)
Medical Withdrawals	<p>In terms of SW4.7 entry fees will be refunded in the event of a swimmer being unable to take part due to illness or injury only in the following circumstances:</p> <p>The swimmer has been withdrawn in time according to the Meet Information.</p> <p>The swimmer can provide medical evidence confirming that they are unfit to swim to the District Entries Secretary at entries@sasanorth.org.uk within 14 days following the Meet. The letter should be dated not more than 4 weeks before the Meet and not more than 10 days following the last day of the meet.</p>

<p>Qualifying for Finals</p>	<p>Finals will be seeded directly from the results of the heats.</p> <p>The fastest ten swimmers shall qualify for the Open Final.</p> <p>Events with an Open Final only Two reserves shall be nominated for the Open Final to take a place in the final in the event of withdrawals prior to the start sheets being published.</p> <p>Once the start sheets for the finals session have been published, there will be no reserves.</p> <p>Events with an Open Final and a Junior Final In events with a Junior Final the fastest ten Junior swimmers who have not qualified for the Open Final shall qualify for the Junior Final.</p> <p>Two reserves shall be nominated for both the Open and Junior Final to take a place in the final in the event of withdrawals prior to the start sheets being published.</p> <p>Once the start sheets for the finals session have been published, there will be no reserves or movement between finals.</p> <p>Open Finals shall be swum after Junior finals.</p>
<p>Withdrawals from Finals</p>	<p>Withdrawals from finals must be communicated to the recorder using the Final withdrawal form no later than 30 minutes after finalists lists have been published or announced. This will ensure that a reserve can be given the opportunity to compete, and the final seeded accordingly. North District Rule SW 5.1 refers.</p> <p>Withdrawals from finals or in the case of illness should be completed on withdrawal forms available from the recorders.</p> <p>Any competitor withdrawing from a final in such a manner as to prevent a reserve taking part (except in the case of proven illness or emergency) shall be suspended immediately from all further events at the Meet. Where a reserve is brought in at short notice, the reserve shall occupy the vacant lane; there will be no re-seeding.</p>
<p>Medals</p>	<p>Medals will be awarded for 1st, 2nd and 3rd places achieved by athletes in all events.</p> <p>Medals will not be presented but can be collected from the Medal Desk outside the Timing Room on the pool deck.</p>
<p>Champions & Awards</p>	<p>North District Open Champions The fastest swimmer in the Open Final of each event will be the North District Open Champion. In a Timed Final event, the North District Open Champion will be the fastest swimmer in the event.</p> <p>North District Champions The North District Champion of all individual events with the exception of the form stroke 50m events will receive a trophy.</p> <p>In determining the North District Champion for an event, results from the Open final shall be considered first. If no North District swimmer is in the Open Final, the swimmer with the fastest time from the heats will be the North District Champion unless that swimmer is in the Junior Final, in which event, the fastest North District swimmer in the Junior Final shall be the North District Champion.</p> <p>In a timed final event, the North District Champion will be the fastest North District swimmer in the event.</p> <p>North District Junior Champions The North District Junior Champion of all events, with the exception of the form 50m events, will receive a trophy.</p> <p>In determining the North District Junior Champion for an event, results from the Open Final shall be considered before results from the Junior Final (where relevant). If no North District Junior swimmer is in either the Open or Junior Final the title shall be awarded to the fastest North District Junior swimmer in the heats.</p>

Champions & Awards (continued)	<p>In a timed final event, the North District Junior Champion will be the fastest North District Junior swimmer in the event.</p> <p>Cash Awards There will be cash awards available at this meet, with a total prize pot of at least £1500. A full breakdown of awards will be made available at a later date.</p> <p>Best Performance Trophies The Hugh Campbell Memorial Trophy will be awarded for the best 'Male & Open' individual swim by a North District swimmer based on World Aquatics points. The Gordon Council Friendship Trophy will be awarded for the best Female individual swim by a North District swimmer based on World Aquatics points.</p> <p>Best Club Trophy The North District Club/Team Championship Trophy will be presented to the North District Club/Team that achieves the most points based on results (10 - 1).</p>
Marshalling	<p>There will be marshalling for all heats, all finals and for relays.</p> <p>All swimmers must present themselves to the marshal before their events and are advised to attend in good time. The start of a race will not be delayed for absent competitors.</p> <p>Swimmers may report to marshalling for more than one event where it is deemed that there will be insufficient time between races to marshal in good time for their next event. It is for the swimmer to inform the marshal if they are reporting for more than one event.</p> <p>Swimmers who have not presented themselves to the marshals prior to their heat entering the final marshalling area will not be permitted to swim, will be treated as a late withdrawal and may be fined accordingly.</p>
Reserves	<p>Reserves must present themselves to the marshal unless they have withdrawn.</p>
Technical Officials	<p>North District Clubs and Teams must submit lists of Swimming Technical Officials to the Meet Officials Convenor (Colin Oswald) in accordance with North District Regulations using the Swimming Technical Officials workbook available on North District website. Please complete one sheet for each session of the meet.</p> <p>Lists for all sessions for each round must be emailed (not posted) to the Meet Officials Convenor, Colin Oswald at theoswalds2@icloud.com no later than 14 days before the first day of the meet: Friday 17th October 2025. Failing to submit the form in accordance with these conditions will be considered a failure to submit the form. North District rules SW 6.2 and SW4.1 refer.</p> <p>Clubs and teams from outside the North District are requested to put forward Technical Officials to the Meet Officials Convenor, Colin Oswald at theoswalds2@icloud.com to arrive no later than 14 days before the first day of the meet (17th October 2025). All offers to officiate are welcome. If expenses are required for officials travelling from outside the North District, please provide Colin with an estimate at the earliest opportunity to avoid disappointment.</p> <p>Please note that probationary Judges and Timekeepers wishing specific signatures, eg., Chief Timekeeper, Chief Inspector of Turns, Relays or Finish Order should make the request to the Meet Officials Convenor when names are submitted. Mentoring will be at the discretion of the referee depending on the availability of suitable mentors.</p> <p>Queries or changes to Technical Officials after the closing date should be directed to Colin Oswald at theoswalds2@icloud.com</p>
Swim Down Pool	<p>The far end of the pool will be in use as a swim down facility during this Meet however swimmers will need to be aware of the Meet going on in the near end and the facility will be withdrawn if it is misused or becomes too noisy.</p>

SECTION 2 – GENERAL INFORMATION

Competition Disclaimer	<p>No guarantee can be given by SASA North District that these Championships will take place at the time and dates. SASA North District reserves the right to reschedule the event without notice and without liability for doing so. It is expected that this would only happen as a result of unforeseen circumstances, e.g. venue/facility failure or adverse weather.</p> <p>In the event of postponement, cancellation or abandonment of the Championships, refunds, if any, will be made at the absolute discretion of SASA North District, who will have no legal liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel and accommodation costs.</p>
Safeguarding	<p>The primary safeguarding point of contact for the competition in relation to wellbeing and protection matters or accidents is the meet director. A Wellbeing & Protection Officer will be appointed and will be the secondary point of contact. Further details will be in the Participant Information document prior to the event.</p> <p>Any team staff or any technical officials/event staff carrying out a regulated role at the event must have a valid PVG disclosure check and CWPS workshop through Scottish Swimming.</p>
Technical Swimsuits	<p>Athletes 13 years and younger can not compete wearing technical suits in Scottish Swimming licensed or registered events with defined age group categories. At the time of publishing, we are uncertain as to whether this policy applies for the North District Open Swimming Championships. For further information and FAQ's see Swimsuits Scottish Swimming</p>
Transgender & Non-Binary	<p>The Scottish Swimming Transgender & Non-Binary Competition Policy is now in place. Any policy related matters that arise during the event should be reported to and will be recorded by the Meet Director/Meet Referee and these matters will be communicated to and managed post event by the relevant Scottish Swimming Staff. At no point will members be challenged on the day of a competition with any matters being resolved post event.</p> <p>By entering the Female category, athletes are therefore confirming their birth sex is female and are eligible to compete in the Female category.</p>
Data Protection	<p>In order to operate this meet, we have a legitimate interest to collect and process some basic personal data from all competitors, specifically name, eligibility category and date of birth.</p> <p>This data will be held securely and only used for the purposes of managing the meet and reporting results. Dates of Birth (DOB) will only be shared with:</p> <ul style="list-style-type: none"> • Scottish Swimming for the purpose of maintaining the National Database which is used for Squad Selection and • Swim England for inclusion on Rankings • SASA North District/Clubs - Names, eligibility category and age (not DOB) will be retained and will be shared with attending clubs and may be published for the purpose of reporting and keeping records.
Photos & Videos	<p>The use of mobile phones or other devices capable of taking photographs or videos is strictly forbidden in the changing village, shower areas, toilets and first aid rooms. At no point should photographs or videos, including as part of an App such as TikTok or Snapchat, be taken or uploaded in these areas. Anyone choosing to use their device in these sensitive areas will be subject to disciplinary measures.</p> <p>Spectators who wish to take images are requested to focus on their own family member as much as reasonably possible and to avoid including other participants in images, particularly if those images are being shared with family and friends or through social media platforms. The use of professional camera equipment and flash photography is prohibited at the Event. Only authorised media can use this type of equipment.</p>

Media & Photography	<p>Throughout this event SASA North District may have authorised media partners taking static photographs and video footage. These images are intended solely for the purposes of promotion and celebration of the activities. Images will be uploaded to our website and our social network sites.</p> <p>Should any athlete wish not to be photographed a Media/Photography Refusal of Consent Form should be completed, which is available on the SASA North District website. If at any time an athlete (or their guardian if under 18) wishes a static image to be removed from the SASA North District website or social media, 7 days' notice must be given to SASA North District (by emailing the Meet Convenor) after which the media will be removed.</p>
Clean Sport	<p>Please note that anti-doping may be in operation at any level 1 licensed event. All athletes registered with Scottish Swimming will have signed a clean sport agreement at point of membership registration/renewal.</p>
Conduct	<p>All athletes, team staff, technical officials and spectators should adhere to the Scottish Swimming Code of Ethics, and relevant codes of conduct.</p>
Competition Management	<p>Different persons have authority and overall responsibility for the running of the Competition at different stages. A list will be included in the participant information which will be issued prior to the competition detailing whom you should approach with any queries, concerns or complaints during the various stages of the competition.</p>

Programme of Events

Saturday 1st November	Sunday 2nd November
Morning Session 101 Male & Open 400m Freestyle 102 Female 200m Freestyle 103 Male & Open 50m Breaststroke 104 Female 50m Backstroke 105 Male & Open 200m Butterfly 106 Female 200m Individual Medley 107 Male & Open 100m Backstroke 108 Female 100m Breaststroke 109 Male & Open 100m Freestyle 110 Female 100m Butterfly 111 Male & Open 50m Butterfly 112 Female 50m Freestyle 113 Male & Open 200m Breaststroke 114 Female 200m Backstroke	Morning Session 401 Female 400m Freestyle 402 Male & Open 200m Freestyle 403 Female 50m Breaststroke 404 Male & Open 50m Backstroke 405 Female 200m Butterfly 406 Male & Open 200m Individual Medley 407 Female 100m Backstroke 408 Male & Open 100m Breaststroke 409 Female 100m Freestyle 410 Male & Open 100m Butterfly 411 Female 50m Butterfly 412 Male & Open 50m Freestyle 413 Female 200m Breaststroke 414 Male & Open 200m Backstroke
Afternoon Session <p>The 4 fastest heats of Events 101, 102, 105, 106, 107, 108, 109, 110, 113 and 114 will take place in the morning session, the slower heats will take place in the afternoon as time allows.</p> <p>These events will be split after the draft programme has been confirmed and swimmers will be advised when their swims will take place in good time prior to the competition.</p> 201 Male & Open 400 Individual Medley (timed final) 202 Female 800m Freestyle (timed final)	Afternoon Session <p>The 4 fastest heats of Events 401, 402, 405, 406, 407, 408, 409, 410, 413 and 414 will take place in the morning session, the slower heats will take place in the afternoon as time allows.</p> <p>These events will be split after the draft programme has been confirmed and swimmers will be advised when their swims will take place in good time prior to the competition.</p> 501 Female 400m Individual Medley (timed final) 502 Male & Open 800m Freestyle (timed final)
Evening Finals Session 101 Male & Open 400m Freestyle Open Final 102 Female 200m Freestyle Open Final 103 Male & Open 50m Breast Junior & Open Final 104 Female 50m Backstroke Junior & Open Final 105 Male & Open 200m Butterfly Open Final 106 Female 200m Individual Medley Open Final 107 Male & Open 100m Back Junior & Open Final 108 Female 100m Breaststroke Junior & Open Final 109 Male & Open 100m Freestyle Junior & Open Final 110 Female 100m Butterfly Junior & Open Final 111 Male & Open 50m Butterfly Junior & Open Final 112 Female 50m Freestyle Junior & Open Final 113 Male & Open 200m Breaststroke Open Final 114 Female 200m Backstroke Open Final 301 Mixed 4 x 50m Freestyle Relay	Evening Finals Session 401 Female 400m Freestyle Open Final 402 Male & Open 200m Freestyle Open Final 403 Female 50m Breaststroke Junior & Open Final 404 Male & Open 50m Backstroke Junior & Open Final 405 Female 200m Butterfly Open Final 406 Male & Open 200m Individual Medley Open Final 407 Female 100m Backstroke Junior & Open Final 408 Male & Open 100m Breast Junior & Open Final 409 Female 100m Freestyle Junior & Open Final 410 Male & Open 100m Butterfly Junior & Open Final 411 Female 50m Butterfly Junior & Open Final 412 Male & Open 50m Freestyle Junior & Open Final 413 Female 200m Breaststroke Open Final 414 Male & Open 200m Backstroke Open Final 601 Mixed 4 x 50m Medley Relay

CONSIDERATION TIMES

Please note Accredited Times are required for this meet. These times must have been achieved since 1 January 2024.

Only Junior* swimmers may enter these Championships with times slower than the Open consideration time and only then when they have achieved the Junior consideration time.

You must submit a proof of times report with your entries. Should you receive any additional request to verify a time or times, you will also be advised of the deadline for verification. Where no satisfactory proof can be provided the competitor shall withdraw, forfeit their entry fee and pay without any excuse such sum as is agreed by the AGM for late withdrawals. Swimming Rule SW 2.2

Times below are short course times

Times converted from long course accredited competitions using Hy-Tek factors or Swim England tables will also be accepted.

Times must be faster than or equal to the following:

MALE & OPEN		EVENT	FEMALE	
Junior*	Open		Open	Junior*
	00:26.80	50 Freestyle	00:30.00	
00:59.40	00:56.20	100 Freestyle	01:02.80	01:05.50
02:16.30	02:06.40	200 Freestyle	02:18.70	02:24.70
05:05.90	04:36.00	400 Freestyle	04:52.00	05:13.20
10:01.10	09:33.00	800 Freestyle	10:01.00	10:23.70
	00:32.40	50 Backstroke	00:34.20	
01:13.50	01:07.60	100 Backstroke	01:11.40	01:15.20
02:38.90	02:26.10	200 Backstroke	02:35.00	02:44.10
	00:35.70	50 Breaststroke	00:39.90	
01:25.00	01:16.30	100 Breaststroke	01:23.00	01:28.60
03:03.90	02:49.60	200 Breaststroke	02:59.10	03:09.90
	00:29.00	50 Butterfly	00:32.50	
01:09.80	01:03.60	100 Butterfly	01:12.30	01:18.60
03:08.00	02:38.00	200 Butterfly	02:45.50	03:12.50
02:35.70	02:24.90	200 Individual Medley	02:37.10	02:45.40
05:32.20	05:13.70	400 Individual Medley	05:39.00	05:53.20

*As Scottish Swimming definition of 'Junior': A swimmer who is under 17 at 31 December 2025. Entries will be sorted solely on entry time with no differentiation between Open and Junior entries.

Supplementary Para Swimming Conditions

These are to be adhered to in conjunction with the general meet conditions detailed above. The following events will be integrated into the heats according to eligibility criteria:

Event	Male & Open and Female
50m Freestyle	S1 – S14
100m Freestyle	S1 – S14
200m Freestyle	S1 – S5 and S14
400m Freestyle	S6 – S13
50m Backstroke	S1 – S5
100m Backstroke	S6 – S14
50m Breaststroke	SB1 – SB3
100m Breaststroke	SB4 – SB9, SB11 – SB14
50m Butterfly	S2 – S7
100m Butterfly	S8 – S14
200m IM	SM5 – SM14

Eligibility

All Competitors must be registered as members of a swimming club affiliated to the SASA North District or SASA Midland District at the time of entry. **Entry standards are as attached and these are open age group standards.**

Competitors in WPS Classification S1 - S13 must have an authorised British Swimming or WPS classification, which is held on the Scottish Swimming Membership database at the time of entry.

Competitors in Classification S14 must have an authorised WPS, INAS-FID or UKSAPLD classification which is held on the Scottish Swimming Membership database at the time of entry.

Para athletes must be identified as such with their classification at the point of entry.

General

- A copy of information held on the Scottish Swimming Membership database must be submitted to the Recording desk prior to the start of the session with the athlete's first event. No further submission is required following this. Any concerns regarding this, please contact the Meet Director.
- All eligible athletes will be integrated into the event seeded by absolute time.
- Where relevant, the competition shall take place under the relevant WP Swimming, Technical Rules.
- Personal care assistants will only be permitted for athletes in the following classes: S1, S2, S3, S4 and S11. An athlete in any of the classes as specified above may have both a coach and personal care assistant(s) present.

Medals

There will be no medals for Para swimming events.

Supplementary Para Swimming Entry Standards

EVENT	CLASS	FEMALE	MALE	EVENT	CLASS	FEMALE	MALE
50m FREESTYLE	S1	02:22.99	02:33.08	100m BACKSTROKE	S1	07:37.83	04:16.00
	S2	02:38.47	01:41.51		S2	04:44.27	03:18.78
	S3	01:17.84	01:13.93		S6	02:25.01	02:15.46
	S4	01:07.69	01:08.68		S7	02:23.60	02:03.78
	S5	01:05.11	00:55.83		S8	02:12.43	01:56.74
	S6	00:57.95	00:52.00		S9	02:02.43	01:50.04
	S7	00:58.50	00:48.43		S10	01:57.95	01:40.81
	S8	00:52.31	00:46.34		S11	02:18.30	02:03.96
	S9	00:50.29	00:44.47		S12	02:03.54	01:44.48
	S10	00:47.65	00:40.43		S13	01:57.81	01:43.41
	S11	00:52.80	00:45.92		S14	01:54.55	01:44.96
	S12	00:49.44	00:40.90		SB1	03:50.89	03:06.32
	S13	00:47.12	00:40.44	50m BREASTSTROKE	SB2	02:21.58	01:39.01
	S14	00:48.52	00:43.18		SB3	01:37.95	01:24.95
100m FREESTYLE	S1	07:04.37	05:28.18		SB4	03:12.17	02:58.70
	S2	05:38.69	04:33.90	100m BREASTSTROKE	SB5	02:52.11	02:47.42
	S3	02:50.36	02:58.35		SB6	02:51.17	02:23.65
	S4	02:28.10	02:27.08		SB7	02:37.61	02:17.14
	S5	02:21.59	01:57.84		SB8	02:23.99	02:02.25
	S6	02:04.92	01:52.34		SB9	02:12.46	01:53.73
	S7	02:04.00	01:46.16		SB11	02:28.32	02:11.15
	S8	01:51.59	01:41.69		SB12	02:17.36	01:59.42
	S9	01:47.88	01:35.69		SB13	02:10.44	01:55.07
	S10	01:43.77	01:28.38		SB14	02:10.63	01:54.70
	S11	01:58.13	01:41.64	50m BUTTERFLY	S1	05:00.00	05:00.00
	S12	01:43.55	01:32.85		S2	03:57.64	04:05.00
	S13	01:43.12	01:29.37		S3	01:59.07	02:23.11
	S14	01:44.19	01:31.87		S4	01:43.00	01:18.22
200m FREESTYLE	S1	11:16.00	08:43.43		S5	01:19.36	01:03.38
	S2	11:49.48	07:03.06		S6	01:02.53	00:55.71
	S3	08:26.41	05:59.35	100m BUTTERFLY	S7	01:02.56	00:51.61
	S4	05:51.71	05:18.10		S8	02:10.49	01:46.50
	S5	04:52.77	04:22.11		S9	01:57.93	01:43.29
	S14	03:36.39	03:20.34		S10	01:55.29	01:34.96
400m FREESTYLE	S6	09:15.85	08:51.32		S11	02:23.09	01:51.25
	S7	09:06.04	08:10.77		S12	01:55.50	01:38.55
	S8	08:29.17	07:51.94	200m IM	S13	01:51.86	01:39.57
	S9	08:07.61	07:19.11		S14	01:51.30	01:38.36
	S10	07:46.43	06:59.24		SM5	06:17.82	05:47.45
	S11	09:22.53	08:22.86		SM6	05:11.78	04:45.63
	S12	08:10.79	07:38.24		SM7	05:10.30	04:25.98
	S13	07:59.89	07:06.34		SM8	04:47.27	04:07.21
	S14	08:14.60	07:22.95		SM9	04:30.74	03:56.13
50m BACKSTROKE	S1	03:51.05	02:04.20		SM10	04:13.18	03:45.51
	S2	02:14.74	01:32.12		SM11	05:07.77	04:18.52
	S3	01:35.37	01:22.14		SM12	04:26.46	03:54.52
	S4	01:28.57	01:17.28		SM13	04:09.32	03:49.55
	S5	01:17.66	01:01.49		SM14	04:06.52	03:45.62

Entries Summary Sheet

SASA North District Open Championships 2025

Club Name & Code:	
Club Meet Secretary Contact Name:	
Club Meet Secretary Contact Email & Contact Number:	

Detail	Number	Cost	Total Cost
Individual Male & Open Entries		@ £9.50	£
Individual Female Entries		@ £9.50	£
Team Entries		@ £13.00	£
Coach Meal Pass (1 Day – Saturday)		@ £15.00	£
Coach Meal Pass (1 Day – Sunday)		@ £15.00	£
Coach Meal Pass (Full Meet – 2 Days)		@ £30.00	£
		Total	£

Closing date for electronic entries: 3rd October 2025

Paperwork and payment to be received by the District Entries Secretary **within 3 banking days of closing date**

Cheques should be made payable to: **SASA NORTH DISTRICT**

BACS Payment Reference OPEN25 followed by Club Code eg OPEN25NANX

Sort Code: 80-05-16 A/C No 00882011

Have you enclosed or sent:

Cheque or BACS payment	Hy-tek Team Manager Entry File	Declaration and Summary Sheet	Proof of Times Report
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Declaration	I confirm that all athletes entered in this competition have paid their current SASA membership fee.
	I confirm that all athletes entered into the female category have a birth sex of female and are eligible to compete as a Female.
	I confirm that all coaches and/or team staff from our club who will be on poolside have a valid PVG disclosure check through Scottish Swimming and have completed a CWPS course within the last 3 years.

Signed	Position in Club	Date

(This declaration **must** be completed by all competing clubs)

Technical Official Submission Information

Officials Submissions

All Clubs submitting officials must use the [North District Officials Workbook](#)

Meet Officials Convenor: Colin Oswald

Tel: 07711 614512. Email: theoswalds2@icloud.com

All forms must be completed and emailed to the Meet Officials Convenor no later than 14 days before the first day of the meet.

Friday 17th October 2025

Each Club's submission for ALL sessions should comply with North District Swimming Regulation 6.3.1 as follows:

Total number of club athletes at the competition	Number of officials per session
1 – 5	None
6 – 10	One official
11 – 20	Two officials at least one of which must be Judge 1 or Recorder
21 – 30	Three officials at least one of which must be Judge 1 or Recorder and another must be Judge 2 or above, or an AOE Operator
31 – 40	Four officials at least one of which must be Judge 1 or Recorder and one more must be Judge 2 or above, or an AOE Operator
41+	Five officials at least one of which must be Judge 1 or Recorder and another must be Judge 2 or above, or an AOE Operator

Please note that the number of athletes is the number entered into the meet not the number in a session and that these are the minimum requirements, extra officials are always welcome.

For the purposes of Rule SW6.2 Trainee Judge 1 will count as Timekeeper, and Trainee Judge 2 & 2S count as Judge, however Trainees being mentored on the day will not count towards their club's provision of officials for the purposes of Rule SW6.5

SW6.6 Where the Referees in charge agree that there were sufficient Swimming Technical Officials present to ensure adequate cover in any session, an official might be mentored at the next level for which they were training without incurring a penalty for that session, even although this may technically leave their Club short of the numbers required to meet SW6.2.

For the purpose of determining how many athletes a Club has entered into a North District Meet or Championships, only athletes entered into individual events shall be counted in accordance with SW 6.4.