Saturday/Sunday 17th & 18th February 2024

Buckie Leisure Centre, South Pringle Street, Buckie, AB56 1PX

CLOSING DATE FOR ENTRIES, SUMMARY SHEET & FEES: MIDNIGHT – FRIDAY 26th January 2024

Meet Information

Buckie Pool:	5 lanes x 25m Anti-turbulence ropes. No electronic timing.				
Sessions:	Session One: Warm Up 08:00 Start 09:05 Session Two: Warm Up 12:45 Start 13:50 Session Three: Warm Up 08:00 Start 09:05 Session Four: Warm Up 12:45 Start 13:50 (Subject to change if necessary)				
Age:	As of 18th February 2024 (last day of meet) 50m Freestyle (Open) & Skins events: Min age 11 - HEATS & FINALS All other events: Age groups 11/12, 13/14 & 15 & Over				
Events:	50m Freestyle (Open ONLY) (Min age 11, no swimmer under age 10 permitted to swim); 50m Backstroke, 50m Breaststroke, 50m Butterfly; 100m IM (Skins qualifier), Freestyle, Backstroke, Breaststroke, Butterfly; 200m Freestyle, Backstroke, Breaststroke, Butterfly;				
	All events will be swum with age groups combined. All events will be heat declared winner, other than the 50m (Open) Freestyle event which will be swum as Heats and Finals. Heats will be in the morning and Finals in the afternoon.				
	100m Individual Medley (Open) (Qualifying Skins Event) (Min age 11). Split into 2 Qualifying Categories: a) 14 & Under b) 15 & Over.				
	Skins Event - Once the IM has been swum the Top 5 swimmers (in each age category) will be invited to take part. No reserves if a swimmer declines. Elimination as follows:				
	Round 1 2 Swimmers eliminated, 3 Swimmers left; Round 2 1 Swimmer eliminated, 2 Swimmers left; Round 3 1 Swimmer eliminated.				
	The Swimmers will swim 50m/stroke. The first start will be normal. Thereafter, each round will start with a 10 second verbal warning, then the starting signal. Starting before the signal will result in disqualification. Turnaround will be 2 minutes. Stroke for each round of the skins will be decided by a draw. If Freestyle is drawn, this means any stroke apart from Breaststroke, Butterfly or Backstroke, as per World Aquatic & Scottish Swimming rules for Medley swimming. The draw will be such that all strokes are drawn at least once.				
	Entries will not be accepted from composite teams. Programme of Events – Page 5.				
Eligibility to Enter:	All swimmers entered must have paid their SASA membership fee for the current year. Please note that individual events will be swum with age groups combined.				
Consideration Times	No consideration times have been set for this meet. Elgin ASC reserves the right to restrict the number of heats in any event(s), reserves the right to swim a slower heat for their swimmers and to fill any empty lanes with Elgin ASC swimmers. Heats will be swum				

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	slowest to fastest. Entries to the events will be restricted and will be accepted based on entry times. No NT entries will be accepted. Any entry not accepted will be refunded.
Entry Fees:	£7.00 for all events. Payment to be made by BACS. Account No: TSB Elgin A/C 00030028 Sort Code: 30-25-89. Reference ELSM24 followed by your club code e.g. ELSM24NENX.
Entries:	All entries must be on Hytek Team Manager entry file (District Rule SW 4.1.). Entry files may be obtained by downloading from the North District website (www.sasanorth.org.uk) or contact Denise Brown at eliginascentries@gmail.com Entries may have to be limited dependent upon numbers received. If there is an oversubscription, entries will be accepted as evenly across the programme as is practical.
	Draft Programme will be emailed to all participating clubs, with notice of entries/scratches. After this time, no withdrawals for refund will be accepted unless notice of Doctors Note is given within 7 days after last day of meet.
	CLOSING DATE FOR ELECTRONIC ENTRIES IS MIDNIGHT FRIDAY 26 TH JANUARY 2024. Summary Sheet and Payment must be received within 3 postal days of closing date. Late payments and entries not accompanied by payment in the specified timeframe will be rejected. Entry files, Summary sheet and Entry fees should be sent to: - elginascentries@gmail.com
Early Withdrawals:	Withdrawals prior to the event to be emailed: elginascentries@gmail.com to arrive by 5pm at the latest on Thursday 15th February 2024. NB: All details must be included on e-mail withdrawals i.e. Name, Event No, Stroke, Comp No etc. Telephone withdrawals will not be accepted.
Withdrawals on the Day:	Withdrawals from heats should be notified to the recorders desk at least 20 minutes prior to the start of the appropriate session.
Marshalling	There will be marshalling. All swimmers must attend marshalling before their events and are advised to attend in good time. The start of a race will not be delayed for absent swimmers who have not presented themselves to the marshals prior to their heat leaving. Late swimmers will not be permitted to swim.
Awards:	There will be medals. No medal ceremony apart from 'Skins' prize winners. Medals will be distributed by Gala Convenor. Skins Event Winners only will be awarded with a 'Skins' Cap and a prize of £50 cash for each final winner(s) of Round 3 only.
Technical Officials:	List of Technical Officials for all sessions to be entered on attached sheets and must be emailed to Anne Heald eliginascsto@gmail.com no later than (Thursday 8 th February 2024). Probationary Officials requiring mentoring should make this request when names are submitted. Any queries/changes again should be directed to Anne.
	Lunch will be provided for Officials. Could all Officials bring their own water bottles.

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Photography:	No photographic or video equipment will be allowed in any area without the prior
	approval of the Meet Convenor. Photographic QR codes will be used for this meet.
	The use of mobile phones/photographic/video equipment is not permitted at any time in the changing area, showers, or toilets. All phones must be switched to silent on the pool deck.
Technical Swimsuits	Swimmers 13 years and younger cannot compete wearing technical suits in Scottish Swimming licensed or registered events. See <u>Swimwear Scottish Swimming</u>
Transgender and Non-Binary Competition Policy	From 1st January 2024 the Scottish Swimming Transgender & Non-Binary Competition Policy will be implemented nationally across all aquatics sports. See Equality Scottish Swimming Any policy related matters that arise during the event should be reported to and will be recorded by the Meet Convenor and these matters will be communicated to and managed post event by the relevant Scottish Swimming Staff. At no point will members be challenged on the day of a competition with any matters being resolved post event.
	As a result of this policy being implemented, any competitor intending to compete within the Female category at this event will be required to provide confirmation that their birth sex is female when signing up to the meet conditions through entry. By entering the Female category, athletes are therefore confirming their birth sex is female and are eligible to compete in the Female category.
Meet Convenor:	Tracey Sinclair email: elginascgc18@gmail.com
Important	1. All participants are required to adhere to the Scottish Swimming Code of Ethics,
Information:	and relevant codes of conduct.
	A Licence has been granted for this competition and accreditation will be applied for through SASA North District.
	3. Each competitor should bring (as a minimum): • Sufficient water in a plastic water bottle(s); • Shorts & t-shirt to wear over the swimsuit/swim shorts at all times when not swimming; • Poolside shoes (e.g. crocs/clean trainers/flip flops).
	4. Poolside/changing room access will be limited to team coaches/chaperones up to a maximum of one coach/chaperone per 10 swimmers, with a maximum of 3 coaches/chaperones at any one time.
	5. Belongings should be placed in the lockers provided.
	6. Seating areas will be allocated to each team. Teams are responsible for ensuring that their swimmers recognize the importance of "giving people space", especially when moving through the seating and marshalling areas.
	7. Participating clubs will receive one copy of start sheets for each session.
	8. Coaches should ensure that their swimmers enter and exit the warm-ups at the allotted times. Swimmers must not enter the pool until their warm-up start is announced and must follow all instructions. Full warm up details will be issued prior to the meet.
	9. Over the top starts will be issued at the discretion of the Meet Referee.
	10. The meet organisers and the facility management cannot be held responsible for items lost or damaged during the course of the event.

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	 11. Clubs are responsible for clearing their seating area of belongings, litter, etc. before leaving at the end of the competition day. Bin liners for plastic bottles/recyclable items and for general waste will be distributed around the pool - please use them. 12. Glass bottles, containers and hot drinks are not permitted in the pool area.
	13. There will be limited spectating to allow maximum number of swimmers.
Other:	There will be a raffle, refreshments and stalls – bring small change.



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Programme of Events

Saturday Session One		
Event 101	Boys (14&U) (Min Age 11)	100m IM (Skins)
Event 102	Boys (15&O)	100m IM (Skins)
Event 103	Girls	200m Butterfly
Event 104	Boys	200m Backstroke
Event 105	Girls	100m Breaststroke
Event 106	Boys	100m Freestyle
Event 107	Girls (Open) (Min Age 11)	50m Freestyle (Prelims) OPEN
Event 108	Boys	50m Butterfly
Session Two		
Event 201	Girls	200m Breaststroke
Event 202	Boys	200m Freestyle
Event 203	Girls	50m Backstroke
Event 204	Boys	50m Breaststroke
Event 205	Girls	100m Butterfly
Event 206	Boys	100m Backstroke
Event 107	Girls (Open) (Min Age 11)	50m Freestyle (Finals) OPEN
Event 101	Boys (Min Age 11)	14&U (Skins <mark>Fi</mark> nals)
Event 102	Boys	15&O (Skins <mark>Finals)</mark>

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Sac	ion	Th	roc

Session Three		
Event 301	Girls (14&U) (Min Age 11)	100m IM (Skins)
Event 302	Girls (15&O)	100m IM (Skins)
Event 303	Boys	200m Butterfly
Event 304	Girls	200m Bac <mark>ks</mark> troke
Event 305	Boys	100m Breaststroke
Event 306	Girls	100m Freestyle
Event 307	Boys (Open) (Min Age 11)	50m Freestyle (Prelims) OPEN
Event 308	Girls	50m Butterfly
Session Four		
Event 401	Boys	200m Breaststroke
Event 402	Girls	200m Freestyle
Event 403	Boys	50m Backstroke
Event 404	Girls	50m Breaststroke
Event 405	Boys	100m Butterfly
Event 406	Girls	100m Backstroke
Event 307	Boys (Open) (Min Age 11)	50m Freestyle (Finals) OPEN
Event 301	Girls (Min Age 11)	14&U (Skins Finals)
Event 302	Girls	15&O (Skins Finals)

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Summary Sheet

Club Name/Abbr:		Meet Secretary:		
		Address:		
- 111				
Tel No:				
Email:				
	Inc	50m/100m/200m Male Entries	@ £7.00	£
	Inc	50m/100m/200m Female Entries	@ £7.00	£
			Total:	£
	Paperwork and	d Payment must be received withi	n 3 postal days	of closing date:
	Have y	ou sent: Hytek TM Entry Zip File,	Summary Shee	et, BACS.
L				
ı	Payment Via: BA	ACS Account No: TSB Elgin A/C 0	003002 <mark>8 Sort C</mark>	ode: 30- <mark>25</mark> -89.
	Payment Ro	eference ELSM24 followed by Clu	b Code eg ELSM	124NENX.
In case of Refund	ls – pl <mark>ease supp</mark>	ly the following information:		
Bank Account Nu	ımber:		Sort Code: .	
Pank Assount Na	mor			
Dank Account Na	iiie			
Declaration: I	confirm that all	swimmers entered in this compet	titio <mark>n have pa</mark> id	their current SASA
membership fee.				
I confirm that all Swimming and h		team staff from our club who wi disclosure.	ll be on poolsid	le are members of Scottish
Signed:		Position in Club:	•••••	Date:
(This declaration	must be compl	eted by all competing clubs)		

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Officials Sheet - Please note: This sheet(s) to be emailed to Anne Heald E-mail: elginascsto@gmail.com

Club: Tel No:

STO Contact Name: E-mail address:

SESS	SESSION 1				
	Club Code	Name	TK/Judge	Level J1/J2/J2S	Mentoring Request J1/J2/J2S
1	NENX	EXAMPLE NAME	JUDGE	J1	J2
2					
3					
4					
5		1 A A	AA	(A)	
6			7 100		
7		/	101		
8		Ann Ann	1 7 1		
9			10000	- U	
10					

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	Club Code	Name	TK/Judge	J1/J2/J2S	Mentoring Request J1/J2/J2S
1					
2					
3				- I	
4			11		
5					
6					
7					r 365
8					
9			A 6		
10				1	

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SESSION 3					
	lub ode	Name	TK/Judge	Level J1/J2/J2S	Mentoring Request J1/J2/J2S
1					
2				- I	
3			11		
4					
5					
6					1.5
7			- // \		
8			-		
9					
10			7	ji.	

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SESSION 4					
	Club Code	Name	TK/Judge	Level J1/J2/J2S	Mentoring Request J1/J2/J2S
1					
2				- II	
3			11		
4					
5					
6					1.5
7					
8			A 10		
9					
10					