

SASA North District
Open Water Swimming Championships
Loch Insh
31st August 2024



Senior Men's 5 km

Place	Name	Club	Time
1	Fraser Tetlow	Garioch	1:03:53.50
2	Cameron Travis	UoA Performance	1:04:31.60
3	Euan Jones	Swim West Lothian	1:07:23.50
4	Rowan Geary	Step Rock	1:11:24.30
5	Oliver Wishart	Carnegie SC	1:13:38.10
6	Brian Bain	Silver City Blues	1:21:39.80
7	Chris Carden	Banff and Buchan Masters	1:33:12.60
8	Andrew Evans	Silver City Blues	1:36:32.30

Senior Men's 5 km - North District

Place	Name	Club	Time
1	Fraser Tetlow	Garioch	1:03:53.50
2	Cameron Travis	UoA Performance	1:04:31.60
3	Brian Bain	Silver City Blues	1:21:39.80
4	Chris Carden	Banff and Buchan Masters	1:33:12.60
5	Andrew Evans	Silver City Blues	1:36:32.30

Masters Men's 5 km

Place	Name	Club	Actual Time	Adjusted Time
1	Brian Bain	Silver City Blues	1:21:39.80	1:09:20.37
2	Andrew Evans	Silver City Blues	1:36:32.30	1:17:05.29
3	Chris Carden	Banff and Buchan Masters	1:33:12.60	1:21:01.42

Masters Men's 5 km - North District

Place	Name	Club	Actual Time	Adjusted Time
1	Brian Bain	Silver City Blues	1:21:39.80	1:09:20.37
2	Andrew Evans	Silver City Blues	1:36:32.30	1:17:05.29
3	Chris Carden	Banff and Buchan Masters	1:33:12.60	1:21:01.42

Senior Women's 5 km

Place	Name	Club	Time
1	Emily Riach	UoA Performance	1:07:09.80
2	Cara Gordon	Edinburgh University	1:10:51.00
3	Jennifer Davis	UoA Performance	1:14:19.30
4	Mae Hodgson	Thirsk White Horse	1:15:48.80
5	Isla Reid	Garioch	1:19:29.80
6	Isabella McGeorge	Step Rock	1:21:13.00
7	Rachel May	Thurso ASC	1:27:25.20
8	Nicola Hughes	Bellshill Sharks	1:29:23.60
9	Holly Sylvester-Winter	Delting Dolphins ASC	1:38:06.60
10	Jennifer Humphreys	Banff and Buchan Masters	1:51:36.80
	Ashleigh Bulcraig	Unattached	DNF
	Hannah Anderson	Carnegie SC	DNS

Senior Women's 5 km - North District

Place	Name	Club	Time
1	Emily Riach	UoA Performance	1:07:09.80
2	Jennifer Davis	UoA Performance	1:14:19.30
3	Isla Reid	Garioch	1:19:29.80
4	Rachel May	Thurso ASC	1:27:25.20
5	Holly Sylvester-Winter	Delting Dolphins ASC	1:38:06.60
6	Jennifer Humphreys	Banff and Buchan Masters	1:51:36.80

Masters Women's 5 km

Place	Name	Club	Actual Time	Adjusted Time
1	Jennifer Davis	UoA Performance	1:14:19.30	1:12:58.94
2	Nicola Hughes	Bellshill Sharks	1:29:23.60	1:22:48.82
3	Jennifer Humphreys	Banff and Buchan Masters	1:51:36.80	1:50:12.94
	Ashleigh Bulcraig	Unattached	DNF	

Masters Women's 5 km - North District

Place	Name	Club	Actual Time	Adjusted Time
1	Jennifer Davis	UoA Performance	1:14:19.30	1:12:58.94
2	Jennifer Humphreys	Banff and Buchan Masters	1:51:36.80	1:50:12.94

13-14 years Men's 3 km

Place	Name	Club	Time
1	Aiden Anderson	Garioch	40:19.72
2	Austin Macpherson	Garioch	42:11.07
3	Oscar Geary	Step Rock	43:58.25
4	Caleb Gray	Fins CSC	44:39.92
5	Jensen Basketter	City of Glasgow	47:16.94
6	Zak Strachan	Step Rock	49:11.97
	Blair Tetlow	Garioch	DNF

13-14 years Men's 3 km - North District

Place	Name	Club	Time
1	Aiden Anderson	Garioch	40:19.72
2	Austin Macpherson	Garioch	42:11.07
	Blair Tetlow	Garioch	DNF

15-16 years Men's 3 km

Place	Name	Club	Time
1	Oscar Chirnside	Garioch	37:13.65
2	Conner Aspinall	East Lothian Swim Team	38:29.24
3	Sam Coull	Step Rock	39:13.37
4	Fergus Reid	Garioch	40:16.42
5	Cameron Hastings	UoA Performance	42:45.36
6	Alex McNeilly	Step Rock	43:58.32
7	Luke Coull	Buckie	50:01.06

15-16 years Men's 3 km - North District

Place	Name	Club	Time
1	Oscar Chirnside	Garioch	37:13.65
2	Fergus Reid	Garioch	40:16.42
3	Cameron Hastings	UoA Performance	42:45.36
4	Luke Coull	Buckie	50:01.06

13-14 years Women's 3 km

Place	Name	Club	Time
1	Christina Angelakis	East Lothian Swim Team	43:30.15
2	Daisy Gildea	City of Glasgow	44:04.71
3	Lucy Mitchell	Garioch	44:36.49
4	Freya Edie	Step Rock	44:57.74
5	Islay Hannah	Perth City SC	45:36.97
6	Sarah McGuffie	City of Glasgow	45:42.71
7	Katy Tweedie	Garioch	45:52.00
8	Maia Staal	Step Rock	46:24.50
9	Mhairi Mackintosh	Step Rock	48:13.69
10	Amy Macphie	UoA Performance	48:30.39
11	Elsie Kushner	Step Rock	50:17.48
	Ava Smith	Garioch	DNF

13-14 years Women's 3 km - North District

Place	Name	Club	Time
1	Lucy Mitchell	Garioch	44:36.49
2	Katy Tweedie	Garioch	45:52.00
3	Amy Macphie	UoA Performance	48:30.39
	Ava Smith	Garioch	DNF

15-16 years Women's 3 km

Place	Name	Club	Time
1	Kristin MacKay	FINS CSC	40:37.65
2	Kate Nolan	East Lothian Swim Team	41:21.49
3	Lucy Hall	East Lothian Swim Team	42:17.48
4	Erin McLaughlin	Garioch	44:33.08
5	Ellie Tetlow	Garioch	44:37.15
6	Abigail Crawford	City of Glasgow	45:16.90
7	Myren MacPhee	Fauldhouse Penguins	50:15.82
8	Elizabeth McWilliam	Garioch	50:22.81
	Katie Smart	Perth City SC	DNF
	Alice Perry	Warrender	DNS

15-16 years Women's 3 km - North District

Place	Name	Club	Time
1	Erin McLaughlin	Garioch	44:33.08
2	Ellie Tetlow	Garioch	44:37.15
3	Elizabeth McWilliam	Garioch	50:22.81

Senior Men's 1.5 km

Place	Name	Club	Time
1	Euan Jones	Swim West Lothian	20:21.51
2	Rowan Geary	Step Rock	21:07.68
3	David Smith	Silver City Blues	24:48.31
4	Brian Bain	Silver City Blues	25:05.88
5	Paul Gormley	Silver City Blues	27:55.05
6	Andrew Ross	Dunfermline	31:13.57
	Jonathan Seeley	Unattached	DNS
	Gordon Wallace	REN 96	DNS
	Stuart Niven	Unattached	DNS

Senior Men's 1.5 km - North District

Place	Name	Club	Time
1	David Smith	Silver City Blues	24:48.31
2	Brian Bain	Silver City Blues	25:05.88
3	Paul Gormley	Silver City Blues	27:55.05

Masters Men's 1.5 km

Place	Name	Club	Actual Time	Adjusted Time
1	Brian Bain	Silver City Blues	25:05.88	21:18.63
2	David Smith	Silver City Blues	24:48.31	24:45.80
3	Paul Gormley	Silver City Blues	27:55.05	27:01.73
4	Andrew Ross	Dunfermline	31:13.57	29:50.02
	Jonathan Seeley	Unattached	DNS	
	Gordon Wallace	REN 96	DNS	
	Stuart Niven	Unattached	DNS	

Masters Men's 1.5 km - North District

Place	Name	Club	Actual Time	Adjusted Time
1	Brian Bain	Silver City Blues	25:05.88	21:18.63
2	David Smith	Silver City Blues	24:48.31	24:45.80
3	Paul Gormley	Silver City Blues	27:55.05	27:01.73

Senior Women's 1.5 km

Place	Name	Club	Time
1	Isla Hedley	Step Rock	20:12.00
2	Emily Riach	UoA Performance	20:12.99
3	Anna Hedley	Step Rock	22:02.88
4	Freya Hedley	Step Rock	22:03.06
5	Aisla Gordon	Silver City Blues	23:16.57
6	Ellyn MacPhee	Fauldhouse Penguins	23:52.26
7	Caera Baillie	Step Rock	25:20.32
8	Georgia Adamson	Carnegie SC	25:44.10
9	Isla Coull	Buckie	26:21.66
10	Nicola Hughes	Bellshill Sharks	26:44.88
11	Freya Masson	Shetland ASC	29:20.06
12	Sue Flaherty	Silver City Blues	35:09.43
	Susan Jensen	Silver City Blues	DNF
	Jaimie Rees	Warrender	DNS

Senior Women's 1.5 km - North District

Place	Name	Club	Time
1	Emily Riach	UoA Performance	20:12.99
2	Aisla Gordon	Silver City Blues	23:16.57
3	Isla Coull	Buckie	26:21.66
4	Freya Masson	Shetland ASC	29:20.06
5	Sue Flaherty	Silver City Blues	35:09.43
	Susan Jensen	Silver City Blues	DNF

Masters Women's 1.5 km

Place	Name	Club	Actual Time	Adjusted Time
1	Aisla Gordon	Silver City Blues	23:16.57	23:16.57
2	Nicola Hughes	Bellshill Sharks	26:44.88	24:46.75
3	Sue Flaherty	Silver City Blues	35:09.43	28:59.72
	Jaimie Rees	Warrender	DNS	
	Susan Jensen	Silver City Blues	DNF	

Masters Women's 1.5 km - North District

Place	Name	Club	Actual Time	Adjusted Time
1	Aisla Gordon	Silver City Blues	23:16.57	23:16.57
2	Sue Flaherty	Silver City Blues	35:09.43	28:59.72
	Susan Jensen	Silver City Blues	DNF	

10-12 years Men's 500 m

Place	Name	Club	Time
1	Cameron Seeley	Step Rock	09:25.39
2	Max Gilbert	Step Rock	09:31.90
3	Eddie Niven	Step Rock	09:41.00
4	Hunter Smith	Garioch	11:30.46
5	Lewis Tetlow	Garioch	16:07.96
6	Liam Williamson	Delting Dolphins ASC	21:15.10
	Frederick Sylvester-Winter	Delting Dolphins ASC	DNF

10-12 years Men's 500 m - North District

Place	Name	Club	Time
1	Hunter Smith	Garioch	11:30.46
2	Lewis Tetlow	Garioch	16:07.96
3	Liam Williamson	Delting Dolphins ASC	21:15.10
	Frederick Sylvester-Winter	Delting Dolphins ASC	DNF

13-14 years Men's 500 m

Place	Name	Club	Time
1	Aiden Anderson	Garioch	07:39.99
2	Jensen Basketter	City of Glasgow	08:21.80
3	Caleb Gray	Fins CSC	08:28.35
4	Blair Tetlow	Garioch	08:35.64
5	Matthew Gray	Step Rock	09:43.00

13-14 years Men's 500 m - North District

Place	Name	Club	Time
1	Aiden Anderson	Garioch	07:39.99
2	Blair Tetlow	Garioch	08:35.64

15-16 years Men's 500 m

Place	Name	Club	Time
1	Conner Aspinall	East Lothian Swim Team	06:50.81
2	Finch Geary	Step Rock	07:03.65
3	Cameron Hastings	UoA Performance	07:39.51
4	Luke Coull	Buckie	08:55.42
	Oscar Chirnside	Garioch	DNS

15-16 years Men's 500 m - North District

Place	Name	Club	Time
1	Cameron Hastings	UoA Performance	07:39.51
2	Luke Coull	Buckie	08:55.42
	Oscar Chirnside	Garioch	DNS

10-12 years Women's 500 m

Place	Name	Club	Time
1	Esmay Anderson	Garioch	08:44.75
2	Ailsa Macpherson	Garioch	09:25.40
3	Elodie Dempster	Step Rock	09:34.37
4	Ellie Thompson	Shetland ASC	09:37.04
5	Eva Stuart	Step Rock	10:24.88
6	Lexi Tulloch	Shetland ASC	10:41.80
7	Eilidh Moss	Dunfermline	11:21.62
8	Greta Kushner	Step Rock	11:25.97
9	Molly Garrick	Shetland ASC	11:52.96
10	Eve Moncrieff	Shetland ASC	12:08.04
11	Rose Coupland	Dundee City Aquatics	12:08.50
12	Astrid Anderson	Shetland ASC	14:08.62
	Emma Gilfillan	Dunfermline	DNF
	Elsie Gaffney	Shetland ASC	DNS

10-12 years Women's 500 m - North District

Place	Name	Club	Time
1	Esmay Anderson	Garioch	08:44.75
2	Ailsa Macpherson	Garioch	09:25.40
3	Ellie Thompson	Shetland ASC	09:37.04
4	Lexi Tulloch	Shetland ASC	10:41.80
5	Molly Garrick	Shetland ASC	11:52.96
6	Eve Moncrieff	Shetland ASC	12:08.04
7	Astrid Anderson	Shetland ASC	14:08.62
	Elsie Gaffney	Shetland ASC	DNS

13-14 years Women's 500 m

Place	Name	Club	Time
1	Sarah McGuffie	City of Glasgow	08:03.17
2	Lucy Mitchell	Garioch	08:17.16
3	Islay Hannah	Perth City SC	08:24.88
4	Florence Dempster	Step Rock	09:14.78
5	Abigail McNeilly	Step Rock	09:28.71
6	Lily Pritchard	Dundee City Aquatics	09:47.51
7	Freyja Aspinall	East Lothian Swim Team	10:46.66
8	Eden Edwards	Buckie	10:52.99
9	Rebekah Mackintosh	Step Rock	11:12.66
	Daisy Gildea	City of Glasgow	DNS
	Ava Smith	Garioch	DNS

13-14 years Women's 500 m - North District

Place	Name	Club	Time
1	Lucy Mitchell	Garioch	08:17.16
2	Eden Edwards	Buckie	10:52.99
	Ava Smith	Garioch	DNS

15-16 years Women's 500 m

Place	Name	Club	Time
1	Kristin MacKay	FINS CSC	07:48.52
2	Ellie Tetlow	Garioch	08:11.85
3	Susie Bond	Dunfermline	08:57.43
4	Elizabeth McWilliam	Garioch	09:08.95
	Alice Perry	Warrender	DNS

15-16 years Women's 500 m - North District

Place	Name	Club	Time
1	Ellie Tetlow	Garioch	08:11.85
2	Elizabeth McWilliam	Garioch	09:08.95

Team Time Trial

Place	Team	Time
1	Step Rock A	23:01
2	Garioch A	23:19
3	Garioch B	23:30
4	UoA Performance	24:56
5	Step Rock B	25:29
6	Step Rock C	26:37
7	Silver Cty Blues	28:32
8	Garioch C	28:38
	Shetland	