



# *S.A.S.A North District*

## **NORTH DISTRICT DEVELOPMENT MEET 2024** (UNDER WORLD AQUATICS AND SCOTTISH SWIMMING RULES)

**22 & 23 JUNE 2024**

**INVERNESS LEISURE, BUGHT LANE, INVERNESS, IV3 5SS**

### **MEET INFORMATION**

<b>Pool</b>	25 Metres, 8 Lanes, Anti-turbulence ropes, Electronic Timing & Level Deck Pool, Omega Starting blocks with backplates & Backstroke ledges		
<b>Sessions</b>	<b>Session One</b>	Warm Up 09.30 - Start 10.35	
	<b>Session Two</b>	Warm Up 14.00 - Start 15.05	
	<b>Session Three</b>	Warm Up 08.30 - Start 09.35	
	<b>Session Four</b>	Warm Up 13.00 - Start 14.05	

(SUBJECT TO CHANGE IF NECESSARY)

**This meet is a development opportunity for North District Swimmers. It is also an opportunity to achieve times for entry into the Scottish Swimming Junior & Youth Academy. In recognition of the impact on opportunity caused by relative age effect, age is at 30 June 2024.**

**Events** 200m Freestyle, 200m Backstroke, 200m Breaststroke, 200m Butterfly, 200m Individual Medley, 400m Freestyle, 400m Individual Medley

**Age** As at 30 June 2024 Ages: 11/12 years, 13 years, 14 years and 15+ years

**Eligibility to Enter** This meet is open to swimmers who are members of clubs affiliated to the SASA North District

**Entries** All entries must be on Hy-tek Team Manager entry file (District Rule SW 4.1.). Please return entry files along with summary sheet to District Entries Secretary – [entries@sasanorth.org.uk](mailto:entries@sasanorth.org.uk)

Events files may be obtained by downloading from the North District website ([www.sasanorth.org.uk](http://www.sasanorth.org.uk)) or contact Lesley Gatton at [entries@sasanorth.org.uk](mailto:entries@sasanorth.org.uk)

### **CLOSING DATE FOR ELECTRONIC ENTRIES IS FRIDAY 24 MAY 2024**

Please note payment must be received within 3 postal days of this date and there will be zero tolerance of late payment. Any entry that is not accompanied by payment in the specified timeframe will be rejected without delay.

Entries may have to be limited dependent upon numbers received. In the event that there is an oversubscription, entries will be accepted fastest first as evenly across the programme as is practical.

**Entry Fees** £7.00 per individual swim

Payment is preferred by BACS. Reference should be DEV24 followed by your club code eg DEV24NANX. Bank details for payments are on the summary sheet.

**Consideration Times** There are no consideration times, or slower than times, for this meet, but all entries must have an entry time. Times do not require to be accredited but should be **real** times achieved at accredited meets, non-accredited meets or club time trials. No time entries will be rejected.

<b>Early Withdrawals</b>	<p>Withdrawals prior to the event may be sent by email to: Lesley Gatton at <a href="mailto:entries@sasanorth.org.uk">entries@sasanorth.org.uk</a> to arrive no later than 5pm on Thursday 20 June 2024.</p> <p>NB: All details must be included on e-mail withdrawals ie Name, Event No, Stroke, Comp No etc. Telephone withdrawals will not be accepted.</p>
<b>Medical Withdrawals</b>	<p>In terms of SW4.7 entry fees will be refunded in the event of a swimmer being unable to take part due to illness or injury only in the following circumstances:</p> <p>The swimmer has been withdrawn in time according to the Meet Information. The swimmer can provide medical evidence confirming that they are unfit to swim to the District Entries Secretary at <a href="mailto:entries@sasanorth.org.uk">entries@sasanorth.org.uk</a> within 14 days following the Meet. The letter should be dated not more than 4 weeks before the Meet and not more than 10 days following the last day of the meet.</p>
<b>Withdrawals at the Meet</b>	<p>Withdrawals from heats at the meet should be notified on the withdrawal form issued. The sheets should be handed in to the recorders table at least 1 hour prior to the start of the appropriate session. See SW5.1(b).</p>
<b>Marshalling</b>	<p>There will be marshalling. All swimmers must attend marshalling before their events and are advised to attend in good time. The start of a race will not be delayed for absent competitors and swimmers who have not presented themselves to the marshals prior to their heat leaving the <u>first</u> marshalling area will not be permitted to swim and will be treated as a late withdrawal and fined accordingly.</p>
<b>Reserves</b>	<p>Reserves for heats must marshal unless they have also withdrawn as above.</p>
<b>Awards</b>	<p>Medals will be awarded for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> places.</p>
<b>Technical Officials</b>	<p>Lists of Technical Officials for all sessions must be emailed to the Meet Officials Convenor, Colin Oswald at <a href="mailto:theoswalds2@icloud.com">theoswalds2@icloud.com</a> no later than 14 days before the first day of the meet (7<sup>th</sup> June 2024).</p> <p>Technical Officials should be submitted on the North District pro-forma for this purpose and must be emailed (not posted) by the specified date.</p> <p>The pro-forma is on page <a href="https://www.sasanorth.org.uk/2024meets.html">https://www.sasanorth.org.uk/2024meets.html</a></p> <p>Failing to submit the form in accordance with these conditions will be considered a failure to submit the form. North District rules SW 6.2 and SW4.1 refer.</p> <p>Please note that probationary Judges and Timekeepers wishing specific signatures, eg., Chief Timekeeper, Chief Inspector of Turns, Relays or Finish Order should make the request to the Meet Officials Convenor when names are submitted.</p> <p>Mentoring will be at the discretion of the referee depending on the availability of suitable mentors.</p> <p>Queries or changes to Technical Officials after the closing date should be directed to Colin Oswald at <a href="mailto:theoswalds2@icloud.com">theoswalds2@icloud.com</a></p>
<b>Notes</b>	<ol style="list-style-type: none"> <li>1. All swimmers entered must have paid their SASA membership fee for the current year and be members of a club affiliated to the SASA North District. Registration numbers must be shown on entry files. A Licence has been granted for this competition and accreditation will be applied for to the SASA.</li> <li>2. All participants should adhere to the Scottish Swimming Code of Ethics, and relevant codes of conduct.</li> <li>3. Different persons have authority and overall responsibility for the running of the meet at different stages. A list will be issued prior to the competition detailing whom you should approach with any queries, concerns or complaints during the various stages of the meet.</li> </ol>

## Media/ Photos

**The use of mobile phones or other devices capable of photography are not permitted at any time in the changing village, toilets or shower areas and they must be switched to silent in the pool hall.**

**Any devices that are to be used for video/photography in the poolhall must be registered using the QR code available at the venue and in the event participant information.**

### **Media & Photography Information**

Throughout this event SASA North District may have authorised media partners taking static photographs and video footage. These images are intended solely for the purposes of promotion and celebration of the activities and may include live streaming on the internet. Images will be uploaded to our website and our social network sites.

Should any competitor wish not to be photographed please complete the Media/Photography Refusal of Consent Form which is available on our website.

If at any time a competitor wishes a static image to be removed from our website or social media, 7 days' notice must be given to SASA North District after which the data will be removed.

## Data Protection

In order to operate this meet, we have a legitimate interest to collect and process some basic personal data from all competitors, specifically name, gender, date of birth. This data will be held securely and only used for the purposes of managing the meet and reporting results. Dates of birth will only be shared with -

- Scottish Swimming for the purpose of maintaining the National Database which is used for Squad Selection and
- Swim England for inclusion on Rankings

Names, category and age (but not date of birth) will be retained and will be shared with attending clubs and may be published for the purpose of reporting and keeping records.

## Technical Swimsuits

Swimmers 13 years and younger can **not** compete wearing technical suits in Scottish Swimming licensed or registered events. For further information and FAQ's please see [Swimsuits | Scottish Swimming](#)

## Transgender & Non Binary Policy

The Scottish Swimming Transgender & Non-Binary Competition Policy was implemented nationally across all aquatics sports on the 1<sup>st</sup> January 2024. The policy and FAQs can be found [here](#). Any policy related matters that arise during the event should be reported to and will be recorded by the Meet Convenor/Lead Referee and these matters will be communicated to and managed post event by the relevant Scottish Swimming Staff. At no point will members be challenged on the day of a competition with any matters being resolved post event.

By entering the Female category, athletes are therefore confirming their birth sex is female and are eligible to compete in the Female category.

## Disclaimer

No guarantee can be given by SASA North District that these Championships will take place at the time and dates. SASA North District reserves the right to reschedule the event without notice and without liability for doing so. It is expected that this would only happen as a result of unforeseen circumstances, e.g. venue/facility failure or adverse weather.

In the event of postponement, cancellation or abandonment of the event, refunds, if any, will be made at the absolute discretion of SASA North District, who will have no legal liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel and accommodation costs.

## Meet Convenor

Trish Sheldon - trishsheldon9@gmail.com

## **NORTH DISTRICT DEVELOPMENT MEET - 22 & 23 JUNE 2024 - INVERNESS LEISURE**

### **PROGRAMME OF EVENTS**

(ALL EVENTS ARE HEAT DECLARED WINNER)

#### **SATURDAY**

<b>Session 1</b>	<b>Warm-up 09.30am</b>	<b>Start 10.35am</b>	<b>Session 2</b>	<b>Warm-up 2.00pm</b>	<b>Start 3.05pm</b>
Event 101	Female 11/12, 13 years	200m Individual Medley	Event 201	Male&O 14, 15+ years	200m Individual Medley
Event 102	Male&O 11/12, 13 years	400m Freestyle	Event 202	Female 14, 15+ years	400m Freestyle
Event 103	Female 14, 15+ years	200m Backstroke	Event 203	Male&O 11/12, 13 years	200m Backstroke
Event 104	Male&O 14, 15+ years	400m Individual Medley	Event 204	Female 11/12, 13 years	400m Individual Medley
Event 105	Female 11/12, 13 years	200m Freestyle	Event 205	Male&O 14, 15+ years	200m Freestyle
Event 106	Male&O 11/12, 13 years	200m Breaststroke	Event 206	Female 14, 15+ years	200m Breaststroke
Event 107	Female 14, 15+ years	200m Butterfly	Event 207	Male&O 11/12, 13 years	200m Butterfly

#### **SUNDAY**

<b>Session 3</b>	<b>Warm-up 08.30am</b>	<b>Start 9.35am</b>	<b>Session 4</b>	<b>Warm-up 1.00pm</b>	<b>Start 2.05pm</b>
Event 301	Male&O 11/12, 13 years	200m Individual Medley	Event 401	Female 14, 15+ years	200m Individual Medley
Event 302	Female 11/12, 13 years	400m Freestyle	Event 402	Male&O 14, 15+ years	400m Freestyle
Event 303	Male&O 14, 15+ years	200m Backstroke	Event 403	Female 11/12, 13 years	200m Backstroke
Event 304	Female 14, 15+ years	400m Individual Medley	Event 404	Male&O 11/12, 13 years	400m Individual Medley
Event 305	Male&O 11/12, 13 years	200m Freestyle	Event 405	Female 14, 15+ years	200m Freestyle
Event 306	Female 11/12, 13 years	200m Breaststroke	Event 406	Male&O 14, 15+ years	200m Breaststroke
Event 307	Male&O 14, 15+ years	200m Butterfly	Event 407	Female 11/12, 13 years	200m Butterfly

***Please note, all events will be swum with age groups combined but medals will be awarded to each age group.***



# S.A.S.A North District

## NORTH DISTRICT DEVELOPMENT MEET - 22 & 23 JUNE 2024 - INVERNESS LEISURE

### SUMMARY SHEET

Club Name/Abbr \_\_\_\_\_

Meet Secretary \_\_\_\_\_  
 Address \_\_\_\_\_  
 \_\_\_\_\_  
 Tel. No \_\_\_\_\_  
 E-mail address \_\_\_\_\_

..... Individual Male Entries	@ £7.00	£ .....
..... Individual Female Entries	@ £7.00	£ .....
..... Coaches Meal Pass (2 days)	@ £12.00	£ .....
TOTAL		£ .....

**CLOSING DATE FOR ENTRIES IS 24 May 2024**  
**Payment to be received within 3 postal days of closing date**

**BACS Payment Reference DEV24 followed by Club Code**  
**eg DEV24NANX**

**Sort Code: 80-05-16 A/C No 00882011**

**Have you enclosed or sent:    Payment by BACS**  
**Hy-tek Team Manager entry file**  
**Summary Sheet**

### Declaration

I confirm that all swimmers entered in this competition have paid their current SASA membership fee.

I confirm that all swimmers entered into the female category have a birth sex of female.

I confirm that all coaches and/or team staff from our club who will be on poolside have PVG and CWPS training.

Signed ..... Position in Club ..... Date .....

(This declaration **must** be completed by all competing clubs)



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## **NORTH DISTRICT DEVELOPMENT MEET - 22 & 23 JUNE 2024 - INVERNESS LEISURE**

### **OFFICIALS SHEETS**

**All Clubs – Please use only the Excel Spreadsheet available [here](#) and email to Meet Officials Convenor NOT the Entries Secretary on or before 7 June 2024**

**Meet Officials Convenor:** Colin Oswald

Tel: 07711 614512

E-mail: [theoswalds2@icloud.com](mailto:theoswalds2@icloud.com)

### **COMPLETION AND OTHER NOTES**

1. An Officials Sheet must be completed and emailed to the Meet Officials Convenor Colin Oswald at [theoswalds2@icloud.com](mailto:theoswalds2@icloud.com) **no later than 14 days before the first day of the meet.**

2. Each Club's submission for ALL sessions should comply with North District **Swimming Regulation 6.3.1** as follows:-

Total number of club swimmers at	Number of officials per Session
1 – 5	None
6 – 10	One official
11 – 15	Two officials at least one of which must be Judge 1 or Recorder
16 – 20	Two officials at least one of which must be Judge 1 or Recorder and another must be Judge 2 or above, or
21 – 30	Three officials at least one of which must be Judge 1 or Recorder and another must be Judge 2 or above,
31 – 40	Four officials at least one of which must be Judge 1 or Recorder and one more must be Judge 2 or above,
41+	Five officials at least one of which must be Judge 1 or Recorder and another must be Judge 2 or above,

Please note that the number of swimmers is the number accepted into the meet not the number in a session and that these are the minimum requirements.

3. For the purposes of Rule SW6.2 Trainee Judge 1 will count as Timekeeper, and Trainee Judge 2 & 2S count as Judge, however Trainees being mentored on the day will not count towards their club's provision of officials for the purposes of Rule SW6.5

*SW6.6 Where the Referees in charge agree that there were sufficient Swimming Technical Officials present to ensure adequate cover in any session, an official might be mentored at the next level for which they were training without incurring a penalty for that session, even although this may technically leave their Club short of the numbers required to meet SW6.3. Officials carrying out scheduled Final Assessments will count at their existing level.*

4. For the purpose of determining how many swimmers a Club has entered into a North District Meet or Championships, only swimmers entered into individual events shall be counted in accordance with SW 6.4