



**Deveron ASC invite you to our
SPRINT MEET on
SATURDAY 18th MARCH 2023 at
Deveron Community & Sports Centre
Bellevue Road
Banff AB45 1BY**



POOL

5 Lane, 25m, anti-turbulence ropes. No Electronic timing.

Please note that due to limited spectator seating, priority **must** be given to competitors. **No spectators** will be permitted beyond designated areas

Rooms within the Deveron Centre will be available for officials to store personal belongings and for lunches for all participants. Car Parking is available at Banff academy next to the Deveron Centre.

SESSIONS

Session one	Warm up:	09:00	Start:	10:05
Session two	Warm up:	14:00	Start:	15:05

Deveron ASC reserves the right to vary the proposed warm up and session timings to best accommodate the number of entries received and to maximise the available pool time for swims.

AGE GROUPS

Individual – 8-10, 11/12, 13/14, 15 and Over AGE AS OF DAY OF THE MEET

EVENTS

See attached sheet for Order of Events

Cannon Relay 8 x 25m Cannon Medley Relay
Each team must have at least

- one swimmer from each age group
- one boy and one girl

Order to be swum as in 200m Medley Relay
Only one team allowed per Club
Entries should be made in male team entry file

STARTS

One Start Rule will apply. Over the tops starts will be used where practical

CONSIDERATION TIMES

No consideration times have been set for this meet. Deveron ASC reserves the right to restrict the number of heats in any event(s), reserves the right to swim a slower heat for their swimmers and to fill any empty lanes with Deveron ASC swimmers. Heats will be swum slowest to fastest. Entries to the events will be restricted and will be accepted based on entry times. Any entry not accepted will be refunded.

ACCREDITATION

Application for accreditation is being made to the North District under SASA rules therefore all competitors must be members of SASA. Checks will be made prior to the meet. Registration numbers must be shown on entry files.

Licence Number: L2/ND/033/MAR23

ENTRIES

£5.00 per individual event. £8.00 per relay.

Payment by BACS is preferred to Sort code: 80-08-92 Account: 00273507 (Reference should be SPRINTS23 followed by the club code e.g. SPRINTS23NDNX). Cheques should be made payable to DASC.

Closing Date for Entries is 3rd March 2023

All entries must be on Hy-tek Team Manager entry file (District Rule SW 4.1.). Entry files may be obtained by downloading from the North District website (www.sasanorth.org.uk) or contact Nicola Gregor at dascmeetsec@outlook.com.

Entries may have to be limited dependent upon numbers received. In the event that the meet is oversubscribed, entries will be accepted as evenly across the programme as is practical.

Draft Programme will be emailed to all participating clubs, with notice of entries/scratches. After this time no withdrawals for refund will be accepted unless notice of Doctors Note is given within 7 days after the meet.

Summary Sheet and Payment must be received within 3 postal days of closing date

Completed entry files should be emailed to Nicola Gregor at the address below.

Nicola Gregor
14 Stuart Street
Banff
AB45 1FY
Tel. No. 07775780203
Email: dascmeetsec@outlook.com

WITHDRAWALS

Withdrawals prior to the competition should be emailed to the above email address no later than 5pm on Friday 17th March 2023. Please email any known withdrawals as soon as possible so that reserves can be informed.

Withdrawals on the day should be notified to the recorders desk at least 20 minutes prior to the start of the appropriate session.

REFUNDS

Refunds for any scratched or unachieved reserve swims will be made by BACs transfer within 4 weeks of the meet. Please make sure that appropriate account information is supplied on the summary sheet for this to happen efficiently. If a cheque payment is preferred, please indicate this with the Entry information.

MEDALS

Medals will be presented for 1st, 2nd and 3rd places. Presentations will take place after event 110 and 222.

START SHEETS

Participating clubs will receive one copy of start sheets per session. Additional copies will be at the discretion of the Referee.

TECHNICAL OFFICIALS

Lists of Technical Officials for all sessions can be entered on the attached sheet and must be emailed to dascmeetsec@outlook.com no later than 3rd March 2023.

Lunch will be provided for Officials. Could all Officials bring their own water bottles.

Licence Number: L2/ND/033/MAR23

CAMERAS/VIDEOS/PHOTO MOBILE PHONES

Please note that anyone wishing to use photographic equipment, including video cameras must register with the Meet Organiser. Application forms will be available on the day and must be countersigned by a club official. **Photographic permission will not be issued for mobile phones.**

The use of mobile phones is only permitted in designated areas and will not be permitted either on poolside or in the changing areas, in order to prevent any misuse of mobiles with integrated digital camera/video equipment.

We would be grateful if you could ensure that all members of your club are aware of these requirements.

IMPORTANT INFORMATION

1. All participants are required to adhere to the Scottish Swimming Code of Ethics, and relevant codes of conduct.
2. Each competitor should bring (as a minimum):
 - a. Sufficient water in a plastic water bottle(s);
 - b. Shorts & t-shirt to wear over the swimsuit/swim shorts at all times when not swimming;
 - c. Poolside shoes (e.g. crocs/clean trainers/flip flops);
 - d. Hand sanitiser.
3. Poolside/changing room access will be limited to team coaches and chaperones up to a maximum of one coach/chaperone per 10 swimmers, with a maximum of 3 coaches/chaperones at any one time.
4. Belongings should be placed in the lockers provided.
5. Seating areas will be allocated to each team.
6. Coaches should ensure that their swimmers enter and exit the warm ups at the allotted times. Swimmers must not enter the pool until their warm-up start is announced and must follow all instructions. Full warm up details will be issued prior to the meet.
7. The meet organisers and the facility management cannot be held responsible for items lost or damaged during the course of the event.
8. Clubs are responsible for clearing their seating area of belongings, litter, etc. before leaving at the end of the competition day. Bin liners for plastic bottles/recyclable items and for general waste will be distributed around the pool - please use them.
9. Glass bottles, containers and hot drinks are not permitted in the pool area.

DEVERON AMATEUR SWIMMING CLUB
ORDER OFF EVENTS

<u>SESSION 1</u>	<u>WARM UP 9.00AM</u>	<u>START 10.05AM</u>
<u>Event number</u>	<u>Age group</u>	<u>Event</u>
101	Cannon Medley Relay	8 x 25m MR
102	Boys 15 & Over	100m IM
103	Girls 15 and Over	100m IM
104	Boys 13/14	100m IM
105	Girls 13/14	100m IM
106	Boys 11/12	100m IM
107	Girls 11/12	100m IM
108	Boys 8-10	100mIM
109	Girls 8-10	100m IM
110	Boys 15 & Over	50m Breast stroke
111	Girls 15 & Over	50m Breast stroke
112	Boys 13/14	50m Breast stroke
113	Girls 13/14	50m Breast stroke
114	Boys 11/12	50m Breast stroke
115	Girls 11/12	50m Breast stroke
116	Boys 8-10	50m Breast stroke
117	Girls 8-10	50m Breast stroke
118	Boys 15 & Over	50m Butterfly
119	Girls 15 & Over	50m Butterfly
<u>SESSION 2</u>	<u>WARM UP 2.00PM</u>	<u>START 3.05PM</u>
<u>Event number</u>	<u>Age group</u>	<u>Event</u>
201	Boys 13/14	50m Butterfly
202	Girls 13/14	50m Butterfly
203	Boys 11/12	50m Butterfly
204	Girls 11/12	50m Butterfly
205	Boys 8-10	50m Butterfly
206	Girls 8-10	50m Butterfly
207	Boys 15 & Over	50m Freestyle
208	Girls 15 & Over	50m Freestyle
209	Boys 13/14	50m Freestyle
210	Girls 13/14	50m Freestyle
211	Boys 11/12	50m Freestyle
212	Girls 11/12	50m Freestyle
213	Boys 8-10	50m Freestyle
214	Girls 8-10	50m Freestyle
215	Boys 15 & Over	50m Back stroke
216	Girls 15 & Over	50m Back stroke
217	Boys 13/14	50m Back stroke
218	Girls 13/14	50m Back stroke
219	Boys 11/12	50m Back stroke
220	Girls 11/12	50m Back stroke
221	Boys 8-10	50m Back stroke
222	Girls 8-10	50m Back stroke

DEVERON AMATEUR SWIMMING CLUB OFFICIALS and Summary SHEET

Club Contact Name.....
 Address.....
 Tel No: Email :
 STO Contact name Email/Tel No:.....

NAME	DUTY (REC/TK/J1/J2/J2S)	SESSION 1, 2 or Both	MENTOR SESSION REQUEST	SIGNATURES REQUIRED?

Individual Female Entries ... @ £5.00 = £
 Individual Male Entries ... @ £5.00 = £
 Relay Team Entry ... @ £8.00 = £
 Coaches meal ticket ... @ £5.00 = £
TOTAL PAYABLE £

**CLOSING DATE FOR ENTRIES IS
 3rd March 2023**

**Payment by BACs is preferred however
 cheques can be made out to DASC**

**Refunds to be made by BACS please
 supply following information:**

SORT CODE: _____

Account: _____

Refund by Cheque? Y / N

DECLARATION

I confirm that all the swimmers entered in this competition have paid their current SASA membership fee.

Signed

Position in Club

Date