

Alford Otters ASC 2nd Junior Meet

About our meet

Our meet is licensed at level 3 and will be held at Alford Community Campus, Greystone Road, Alford, AB33 8TY. The pool is 25m, 4 lanes, level deck with anti-turbulence lane ropes.

Session 1	Warm Up	8.30	Start	9.35
Session 2	Warm Up	13.15	Start	14.20

This competition is intended to be a friendly, welcoming opportunity for learning. We want the swimmers that enter our meet to be able to enjoy the time with their team mates, so entries will be accepted on a **first come first served** basis with whole club entries accepted up to the maximum permitted by the facility. If, for the final club acceptance, we are only able to accommodate a part of a club's entries we will let the club know and ask them what they would like to do.

For clubs and swimmers that are oversubscribed, some reserve spaces will be offered.

Who our meet is for

The meet is for young and developing swimmers aged 7 to 11.

Age is at 28 May 2023 and age groups are as follows:

7/8, 9, 10, 11

7/8 and 9 year old swimmers will swim in one session only, swimming short events, as an introduction to competition. Girls will swim in the morning and boys will swim in the afternoon. 10 and 11 year old swimmers, boys and girls, will swim in both sessions and a wider range of events will be offered.

Events available

For 7/8 and 9 year old swimmers:

- Individual 50m Freestyle, 50m Backstroke, 50m Breaststroke and 25m Butterfly plus a 4 x 25m Freestyle Relay

For 10 and 11 year old swimmers:

- Individual 50m Freestyle, 50m Backstroke, 50m Breaststroke, 50m Butterfly, 100m Individual Medley and 200m Freestyle plus 4 x 50m Freestyle and 4 x 50m Medley Relays

There is one fixed fee for swimming all individual events offered (please note that there is no requirement to enter all events and there will be no subsidy for swimmers not entering all events).

Relay events are free of charge. Team lines will be required one hour before the start of the session in which the relay takes place.

Conditions

There are no consideration times and no time entries will be accepted. Swimmers will be seeded fastest to slowest in each event with no time entries seeded as slowest.

Because this competition is intended to be a friendly, welcoming opportunity for learning for young swimmers, the full technical rules of swimming will **not** be applied. The meet will be run under the following conditions:

Forward facing starts with a dive from the blocks, from the side or from in the water will all be permitted.

Swimmers will only be disqualified for the following:

- Starting before the signal (although a restart will usually be offered) or doing a "flyer" in a relay
- Swimming the wrong stroke in either an individual event or a relay
- Not completing the full distance (including not touching the end at a turn)
- Actions that are against the rules AND gain a clear unfair advantage eg pulling on the lane rope or swimming underwater

Technical officials will record any technical infractions observed, and these will be shared with relevant club coaches after the session, to assist swimmers with their development in training.



Entries

This is a club meet and entries will not be accepted from composite teams.

All entries must be on Hy-tek Team Manager entry file. Events files may be obtained by downloading from the North District website or by contacting ottersentries@gmail.com

Please return entry files along with summary sheet to: ottersentries@gmail.com

The fee for entry is:

£16.00 per swimmer age 7/8 or 9

£25.00 per swimmer age 10 or 11

There is no additional cost for relay entry and the number of relay entries is not limited other than by the number of swimmers available to each club.

Entry fees should be paid by BACS to:

Sort: 83-15-14 Account: 00102135

Please include your club code in your payment reference.

CLOSING DATE FOR ENTRIES IS WEDNESDAY 10 MAY 2023 OR WHENEVER THE MEET IS FULL WHICHEVER COMES FIRST

All paperwork, entry files and payment must be received by this date.

Withdrawals

Withdrawals from swimmers prior to the competition should be emailed to ottersentries@gmail.com to arrive no later than 3pm on Thursday 25 May.

Withdrawals after this time should be submitted to the recorders table prior to the start of each warm-up on the withdrawal forms made available.

Refunds for swimmers withdrawing through illness or injury will be granted only if the swimmer has been withdrawn in time according to the meet information and when the swimmer can provide medical evidence confirming that they are unfit to swim to the Meet Convenor within 7 days following the Meet. The letter should be dated no earlier than the closing date for the meet and not more than 2 days after the meet.

Awards

There will be medals to the first three swimmers in each event.
Flashes will be provided to fall those who take part.

Officials

Please offer the services of your technical officials to ensure that this meet runs smoothly. A completed technical officials sheet should be sent to Durno Jessiman by email to arrive by Wednesday 17 May 2023:

Contact Durno at durnojessiman@outlook.com

Requests for mentoring should also be made directly to Durno and will be accommodated if the meet referee considers it practical.

Marshalling

Marshalling will take place through the changing rooms.

All swimmers must attend marshalling before their events and are advised to attend in good time. 4 heats in advance is the minimum suggested.

Photography

Anyone wishing to use photographic equipment, including video cameras, tablets and mobile phones must register with the Meet Convenor (application should be made on the appropriate SASA Health and Safety form and signed by the relevant club official).

Mobile phones may not be used under any circumstances in the shower area, toilets or changing rooms. They must be switched to silent in the pool hall and can only be used for photography if they have been registered as above.


Notes

- 1 All swimmers entered must have paid their SASA membership fee for the current year with registration numbers shown on entry files.
- 2 Poolside access will be limited to 2 members of club staff per 10 swimmers and one further coach per additional 10 swimmers.
- 3 Food must not be eaten on poolside and no glassware should be taken into the changing rooms or onto the poolside.
- 4 Participating clubs will receive one copy of start sheets for each session. Results will be posted at the pool during the event and after the event will be sent via e-mail and published on the North District website.
- 5 Technical Officials will be offered light lunch. Coaches and Team Managers can request lunch at a cost of £8 per head and requests should be submitted with the summary sheet and payment included with entries.
- 6 A large room will be made available for swimmers and club staff for lunch. This room will also be available during the sessions for swimmers that have completed their swimming.
- 7 Spectating is available but the view may be limited.
- 8 Participant information will be issued to all clubs with more details about the running of the meet.
- 9 In the event of cancellation for any reason, Alford Otters ASC cannot be held liable for any loss of expense or enjoyment.
- 10 Scottish Swimming swimsuit rules will apply to all swimmers at this meet.

Convenor

If you have any questions please contact the Meet Convenor:

Neil Glennie – alfordotterspresident@gmail.com



Alford Otters ASC 2nd Junior Meet

SESSION 1

Warm Up 8.30am

Session Start 9.35am

101	Girls 7/8 and 9 50m Backstroke
102	Girls 10 and 11 50m Backstroke
103	Boys 10 and 11 50m Backstroke
104	Girls 7/8 and 9 25m Butterfly
105	Girls 10 and 11 100m Individual Medley
106	Girls 7/8 and 9 50m Freestyle
107	Boys 10 and 11 200m Freestyle
108	Girls 7/8 and 9 50m Breaststroke
109	Girls 10 and 11 50m Breaststroke
110	Boys 10 and 11 50m Breaststroke
111	Girls 7/8 and 9 4 x 25m Freestyle Relay
112	Girls 10 and 11 4 x 50m Freestyle Relay
113	Boys 10 and 11 4 x 50m Medley Relay

SESSION 2

Warm Up 1.15pm

Session Start 2.20pm

201	Boys 7/8 and 9 50m Backstroke
202	Boys 10 and 11 50m Butterfly
203	Girls 10 and 11 50m Butterfly
204	Boys 7/8 and 9 25m Butterfly
205	Boys 10 and 11 100m Individual Medley
206	Boys 7/8 and 9 50m Freestyle
207	Girls 10 and 11 200m Freestyle
208	Boys 7/8 and 9 50m Breaststroke
209	Boys 10 and 11 50m Freestyle
210	Girls 10 and 11 50m Freestyle
211	Boys 7/8 and 9 4 x 25m Freestyle Relay
212	Boys 10 and 11 4 x 50m Freestyle Relay
213	Girls 10 and 11 4 x 50m Medley Relay

**Alford
Community
Campus
28 May 2023**



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Summary Sheet

Contact Details

Club: _____

Match Secretary: _____

Address: _____

Tel. No. _____

Email Address: _____

Entry Summary

SWIMMERS AGED 7/8 or 9 @	£16.00	= £
SWIMMERS AGED 10 or 11 @	£25.00	= £
COACHES MEAL TICKET @	£8.00	= £
TOTAL			= £
CLOSING DATE: 10 May 2023			

Declaration

I confirm that all swimmers entered in this competition have paid their current SASA fee.

Signed: _____ Position in Club _____

Date: _____

(This declaration must be completed by all competing clubs)

**Alford
Community
Campus
28 May 2023**

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Officials Sheet

NAME	QUALIFIED LEVEL	SIG. REQUIRED?	SESSION 1	SESSION 2
Mr Example	J2S	No	Y	Y
NAME	TRAINEE LEVEL	SIG. REQUIRED?	SESSION 1	SESSION 2
Mrs Example	Trainee J1	Yes CIT	Y	Y

Club _____

Meet Officials Convenor: Durno Jessiman
Carnethy
Forbes
Alford
AB33 8QL

STO Contact Name _____

Tel No: _____

Email Address _____

Tel: 07769 173317

Email: durnojessiman@outlook.com