



IN COLLABORATION WITH:









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Tighinn Còmhla 2021

Tighinn Còmhla 2020 was a great success, bringing together very nearly 3000 athletes from 66 clubs during a difficult period that saw large sections of the country out of the water and others operating under very strict conditions.

The final leaderboards can be found on swimscotland.co.uk and scotswimrankings.scot

Tighinn Còmhla 2021 is a natural progression and will take the form of a number of step-by-step series, towards the return of regular competition.

Conditions for the Tighinn Còmhla 2021 - January Series remain minimal because the key intent remains to "give us all an opportunity to engage with our swimming community, have some fun racing, give swimmers a chance to see how they are improving and to celebrate our sport as we develop new ways of returning to competition".

When we move on to the February Series, further conditions will be introduced.

How can Clubs participate?

All Scottish Clubs can take part by entering times for their swimmers from races that have taken place at training sessions or in competition during the period of Tighinn Comhla 2021 – January Series. Swimmers must be current members of Scottish Swimming.

Subject to the rules and conditions, stopwatch times from training, as well as times from internal club timing sessions, virtual meets*, virtual league matches, or other competition can all be posted. Any Scottish Swimming member that can swim 50 metres can get involved - the event is completely inclusive of all ages and abilities.

There is no fee for entries.

Subject to complying with Scottish Government and Scottish Swimming guidance, clubs can enter as many, or as few times as they wish, taken from as many sessions as they want to suit their stage of return to the water. There is no expectation that swimmers will be entered for all the events available in the January Series.

Tighinn Còmhla 2021 – January Series, will be managed in two rounds, and times swum must be submitted to the District Administrator for inclusion in to the fortnightly leaderboards by 9.00pm as follows –

Wednesday 13 January 2021

Wednesday 27 January 2021

Times swum **after** the close of Tighinn Còmhla 2020 on 11 December can be included in submissions for the first round and the final deadline for submission of all times to be included in Tighinn Còmhla 2021 – January Series is 9.00 pm on Wednesday 27 January 2021.

*see Scottish Swimming Virtual Meets Support document - <u>https://www.scottishswimming.com/clubs/covid-19-guidance</u>



What are the Events?

Swimming events for Tighinn Còmhla 2021 - January Series are as follows -

100m Butterfly 200m Individual Medley 200m Freestyle 200m Backstroke 200m Breaststroke 200m Butterfly 400m Freestyle

Races can be swum by individuals, by two or more swimmers as a part of a training set, or in heats that are swum mixed, or separated by sex and/or by age.

Results from internal events, from virtual meets and leagues and from inter club meets where this is permitted (*see Scottish Swimming Racing Considerations and Back to the Water – Competition Management Guidance when available) can also be submitted.

Leaderboards for Tighinn Còmhla 2021, will be separated (see Leaderboards). Additionally, in recognition of the different states of readiness to race around the country, clubs may choose which events to offer at each of their timing sessions or choose to completely ignore some events until the time is right for them.

Submitting Entries

Events files for each round of Tighinn Còmhla 2021 will be published on SwimScotland and District websites, with links shared by social media.

Entries must be made on entry files created using the events files supplied from the relevant Districts only. No other forms of entry will be accepted. They must be submitted by the closing date for each round to District Administrators as follows –

East District – sasaeastdistrictentries@gmail.com Midland District – midlandsmeetentries@gmail.com North District – entries@sasanorth.org.uk West District – rankings@scotswimwest.co.uk

Clubs needing support with entries should contact their District Administrator.

Leaderboards

After submission of entries, the results of each round of Tighinn Còmhla 2021 – January Series will be processed by District Administrators. Thereafter, District Leaderboards will be published on the Sunday each fortnight on District websites and National Leaderboards will be published on SwimScotland.

*see Scottish Swimming Racing Considerations and Return to the Water Competition Management Guidelines - <u>https://www.scottishswimming.com/clubs/covid-19-guidance</u>



swimscotland.co.uk sasaeast.org.uk sasamidlanddistrict.co.uk sasanorth.org.uk scotswimwest.co.uk

Leaderboards will be published for both males and females across the event age groups, with age set as midnight on 31 December 2021.

Age groups for Tighinn Còmhla 2021 are as follows -

10 and Under	11-12	13-14	15-16	17-18	19-24	25 and over
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Additionally, National leaderboards for both male and female Para-Swimmers will be published utilising the British Para-Swimming Points System and published on SwimScotland. Times posted by swimmers with a recognised national or international classification will automatically be recognised for the Para-Swimming leaderboards.

At the end of Tighinn Còmhla 2021 - January Series, all results will be submitted to Swim England rankings service for inclusion as Level X times and included on our dedicated Tighinn Còmhla website - scotswimrankings.scot

Rules and conditions for Tighinn Còmhla 2021 – January Series

- 1. Races are expected to be a racing activity that takes place within club training sessions, involving only those swimmers who normally train within that session. This racing is subject to compliance with Scottish Swimming "Back to the Water Club Training Guidance" with any risk assessment in place adapted to include racing (support is available in the form of "Racing Considerations").
- 2. Limited competition outside of training sessions may be possible under strict conditions and will be subject to "Back to the Water Swimming Competition Management Guidance" when available.
- 3. It is essential that swimmers possess the physical fitness to complete the race distance in a safe manner.
- 4. A Scottish Swimming Licence is not required for times/sessions/races for Tighinn Còmhla 2021.
- 5. Swimmer times should be entered under their primary/1st Claim Club only.
- 6. Ages shall be determined as at midnight on 31st December 2021. Age Groups are as detailed in Leaderboard section.
- 7. Races will be started, and times recorded by club coaching staff or other personnel from the club, who are members of Scottish Swimming when guidance allows. Whilst there is no requirement for any swimming technical officials to be present in order to race and submit times for the January Series, with the agreement of club coaching staff, the introduction of a small number of swimming technical officials is encouraged in order to support the management of the racing.
- 8. Backstroke Starting Devices must not be used.
- 9. Clubs are encouraged to discuss the use of equipment, such as starting whistle, diving blocks etc, with their facility, to ensure safe and appropriate use.
- 10. Disqualifications for infractions of the technical rules should only be made if the infraction committed provides the swimmer with an unfair advantage. In this event, a reswim may be offered at the discretion of the club coaching staff. If a swimmer is slowed by their infraction, the time can be entered, with advice given by a coach to help the swimmer improve.



- 11. Before submission of a "result" as an entry time for the Tighinn Còmhla 2021, a check should be made that a time recorded does not significantly differ from the likely performance of the swimmer.
- 12. Events are expected to take place in short course (25m) format. Where this is not practical, it will still be possible to take part and post times in most events. Speak to your District Administrator to find out what to do.
- 13. Racing may take place over any number of training sessions or competitions.
- 14. The results submitted for Tighinn Còmhla 2021 will be placed on Swim England Rankings as Level X Times, subject to the submitted file being accurate. If the file contains inaccuracies, these files will not be accepted.
- 15. Tighinn Còmhla 2021/Level X racing times cannot be used for record purposes.
- 16. Submission of fraudulent times on behalf of a swimmer will not only damage the integrity of Tighinn Comhla 2021 and cause disruption to others, but also let the swimmer down. All swimmers, coaches, clubs and others involved in the process are asked to uphold the integrity of the sport, creating an enjoyable and safe environment for all our members to come together.
- 17. We have a legitimate interest to collect and process some basic personal data from all competitors, specifically name, gender, date of birth. This data will be held securely and only used for the purposes of managing the meet and reporting results. Dates of birth will only be shared with Scottish Swimming for the purpose of maintaining the National Database which is used for Squad Selection and Swim England for inclusion on Rankings Names, gender and age (but not date of birth) will be retained and will be shared with attending clubs and may be published for the purpose