STONEHAVEN AMATEUR SWIMMING CLUB

STONEHAVEN SPRING MEET

SUNDAY 15TH MARCH 2020

Licence MD/L2/001/march20

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**Stonehaven A.S.C. invites you to their Stonehaven Spring Meet**

*(Under FINA and SASA Rules)*

**Sunday 15th March 2020**

**Venue** Montrose Sports Centre, Marine Avenue, Montrose, DD10 8TR

**Pool** 25 Metres, 6 Lanes, anti-turbulence ropes, spectator seating area for c100 people.

**Sessions** Session One: Warm up 0900, Start 1005

Session Two: Warm up 1345, Start 1450

**Age Groups Individual Age groups** 12/13years, 14/15years,16-18years

**Open Sprint Events 12-18years**

Age as at day of meet.

**Events Age Group Graded – 100m Butterfly, Backstroke, Breaststroke, Freestyle and Individual Medley**

**Open Sprint Events – 50m Butterfly, Backstroke, Breaststroke, and Freestyle**

Please see attached sheet for programme of events. All events will be HDW.

**A swimmer entering an Age Group 100m event may not enter the equivalent Open Sprint event for the same stroke**



**Events** Team 4x50m Freestyle relay and 4x50m Medley relay (each relay team must consist of 2 x 12-14 years olds and 2 x 15-18year olds, swimmers can swim up an age group but not down). Relay team entries will be restricted to a maximum of two teams per club.

Swimmers must only swim in their own age group for individual events and must be entered in an individual event in order to be part of a relay team.

One start rule will apply. Over the top starts will be used where practical; this is a Level 2 meet, and swimmers will be expected to be able to dive.

**Entry** Entries to be on HY-TEK Files only.

Download Entry File from either [www.sasanorth.org.uk](http://www.sasanorth.org.uk) or [www.swimscotland.co.uk](http://www.swimscotland.co.uk)

Or email Entries Secretary, Sally Yuda for entry file ([sascmeetsecretary@gmail.com](mailto:sascmeetsecretary@gmail.com))

Entries will be allocated to clubs on a **‘whole club, first come, first accepted’** basis. Clubs will be accepted as a whole or not at all. However, there may be a number of Reserve Swimmers to replace any Withdrawals received.

Please note that this is a club competition and entries from composite teams will not be accepted.

Entries open 3rd January 2020.

**\*\*\*CLOSING DATE FOR ENTRIES IS 5pm 16th February 2020\*\*\*\*OR WHEN EVENT IS FULL IF SOONER\*\*\***

Late entries will not be accepted.

A draft programme will be available to Entry Secretaries prior to Meet date.

**All swimmers must have paid their current SASA registration fee.**



**Entry Times** No consideration times have been set for this meet. Entry times need not be accredited, but real or training times should be entered for all swims to allow seeding of heats. NT entries will not be accepted.

Stonehaven ASC reserve the right to restrict the number of heats in any event, and to fill empty lanes with their swimmers.

**Entry Fee** £6.00 per individual event

£8.00 per relay team

Payments can be made by BACS or cheque

Stonehaven ASC Gala Fund

Bank of Scotland

Sort Code 80-09-68

Account Number 00154633

**Accreditation** Has been applied for, therefore please complete the registration declaration.

Licence number: MD/L2/001/march20

**Awards** Medals will be presented for 1st, 2nd and 3rd places in each event.

**Withdrawals** Withdrawals should be notified to the recorders desk at least one hour prior to the start of the appropriate session. There are no refunds for entries withdrawn after the draft program has been prepared.

**Officials** Clubs are asked to provide a list of officials willing to help on the day.

**All clubs are expected to provide a minimum of 2 officials per session, one of which should hold a minimum qualification of Judge 1. Clubs that have 12 swimmers or more should provide a minimum of 3 technical officials per session, at least one of which should hold a minimum qualification of Judge 2.**



Mentoring requests will be considered by the Meet Referee. It may be more likely for mentoring requests to be honoured if the clubs attending the meet provide a supply of qualified officials (Judge & above), however we cannot guarantee all requests to be granted. Please note that probationary Judges and Timekeepers wishing specific signatures, i.e. Chief timekeeper or stroke, should make this request when names are submitted. Trainees being mentored on the day will not count towards their clubs provision of officials required.

Please complete the enclosed form and return it with entries. Lunch will be provided for those individuals who officiate during the morning session, and for one coach per club. Lunch vouchers may be purchased on the day for any additional coaches for £5. For any additional lunches required please add to summary sheet.

**Please note** In the event of postponement, cancellation or abandonment of the event, refunds, if any, will be made at the absolute discretion of Stonehaven Amateur Swimming Club. Stonehaven Amateur Swimming Club will have no legal liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel and accommodation costs.

**Cameras/Video** Please note that anyone wishing to use photographic equipment, including video cameras, must register on the day by completion of the appropriate application form at the entry desk.

The use of mobile phones is only permitted in designated areas and will not be permitted either on poolside or in the changing areas in order to prevent any misuse of mobiles with integrated digital camera/video equipment.

**Gala Convenor Kay Sellar**

**E-mail: k.mcgillivray@btinternet.com**

**Address: 2 Pitdrichie Cottages, Drumlithie, AB39 3XA**

**Entries Secretary Sally Yuda**

**Address: Torridon, High Street Drumlithie, AB39 3YZ**

**Email:** [**sascmeetsecretary@gmail.com**](mailto:sascmeetsecretary@gmail.com)



**EVENTs**

**Session One:** Warm up 09:00 Start 10:05

**101** Boys 100m IM

**102** Girls 50m BC (open sprint)

**103** Boys 50m Fly (open sprint)

**104** Girls 100m BC

**105** Boys 100m Fly

**106** Girls 50m Br (open sprint)

**107** Boys 50m FC (open sprint)

**108** Girls 100m Br

**109** Boys 100mFC

**110** Girls 4 x 50m FC relay

**111** Boys 4 x 50m Medley relay

**Session Two:** Warm up 13:45 Start 14:50

**201** Girls 100m IM

**202** Boys 50m BC (open sprint)

**203** Girls 50m Fly (open sprint)

**204** Boys 100m BC

**205** Girls 100m Fly

**206** Boys 50m Br (open sprint)

**207** Girls 50m FC (open sprint)

**208** Boys 100m Br

**209** Girls 100m FC

**210** Boys 4 x 50m FC relay

**211** Girls 4 x 50m Medley relay

**NB A SWIMMER ENTERING AN AGE GROUP 100m EVENT MAY NOT ENTER THE EQUIVALENT OPEN SPRINT EVENT FOR THE SAME STROKE**



**Technical Officials Sheet**

**Club: ................................................................................**

**STO Contact: ................................................................................**

**Telephone: ................................................................................**

**E-mail: ................................................................................**

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| **NAME** | **DUTY** | **SESSION** | | **SIGNATURES?** |
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Trainee Judge 1, Judge 2 or Judge 2S please enter names below requesting mentoring sessions. These will be at the discretion of the referee and the availability of suitable mentors.

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| **NAME** | **DUTY** | **SESSION** | | **SIGNATURES**  **TO DATE?** |
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**PLEASE RETURN THIS FORM WITH YOUR ENTRIES**



**Summary Sheet**

**Club: ................................................................................**

**Contact Name: ................................................................................**

**Address: ................................................................................**

**................................................................................**

**Telephone: ................................................................................**

**E-mail: ................................................................................**

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| Individual Female Entries @ £6.00 £  Individual Male Entries @ £6.00 £  Relay Team Entries @ £8.00 £  Additional Coaches Lunch @ £5.00 £  TOTAL £ |



Closing date for entries is – 16TH February 2020

All paperwork and payment to be received within 7 days of closing date.

**Please enclose: Officials Sheet**

**Summary Sheet**

**Payment**

**Declaration:** I confirm that all swimmers entered in this competition have paid their current SASA membership fee.

I confirm that the notice about the use of photographic equipment has been brought to the attention of all swimmers, parents and coaches who will be attending the gala.

Signed **................................................................................**

Position in Club **................................................................................**

Date **................................................................................**

**PLEASE RETURN THIS FORM WITH YOUR ENTRIES**

**To: Sally Yuda, Torridon, High Street, Drumlithie, AB39 3YZ**

**Email: sascmeetsecretary@gmail.com**

Cheques made payable to Stonehaven ASC Gala Fund

Late payment will result in entries being rejected.

Summary Sheet to be sent to Sally Yuda **sascmeetsecretary@gmail.com**