#### **Meet Information**

Pool:	5 lanes x 25m	Anti-turbule	nce ropes. N	o electron	ic timing.				
Sessions:	Session One: Session Two: Session Three: Session Four: (Subject to chan	Warm Up Warm Up Warm Up Warm Up ge if necessal	08:00 12:45 08:30 13:00 'Y)	Start Start	09:05 13:50 09:35 14:05				
Events:	50m Freestyle, Bac 50m Freestyle (Op 100m Freestyle, Ba 200m Freestyle, Ba	en); ackstroke, Brea	iststroke, Bu	tterfly;					
	100m Individual Medley (Open) (Qualifying Skins Event). Split into 2 Qualifying Categories: a) 13 & Under b) 14 & Over.								
	All events will be swum with age groups combined. All events will be heat declared winner, other than the 50m Open Freestyle event which will be swum as Heats and Finals. Heats will be in the morning and Finals in the afternoon. Programme of Events on separate sheet.								
	<b>Skins Event</b> – Top 5 swimmers (in each category) will be invited to take part No reserves if a swimmer declines. Elimination as follows:								
	Round 2 1 S	Swi <mark>m</mark> mers eli <mark>m</mark> Swimmer elimiı Swimmer elimiı	nated, 2 Swir						
	starting signal. St Turnaround will be decided by a draw	ound will start of arting before th 2 minutes. St If Freestyle is erfly or Backstr	with a 10 sec ne signal will roke for each s drawn, this oke, as per F	ond verba result in c Round of means an TINA rules	l warning, then the lisqualification. The skins will be y stroke apart from for Medley swimming				
	Minimum age for (Open) Events is 10 years. No Swimmer under the age of 8 is permitted to swim. Entries will <b>not be accepted from composite teams.</b>								
Age:	As at 17 February 10 & Under, 11/	• •	•						
Eligibility to Enter:	All swimmers ente current year. Regis		•		-				
Consideration Times	right to restrict the swim a slower hea ASC Swimmers.	e number of hea t for their Swin leats will be sw nd will be acce	ats in any ev nmers and to um slowest t oted based o	ent(s), res fill any er o fastest. n entry tir	npty lanes with Elgin Entries to the events nes. No NT entries				

# ELGIN ASC 'SPRING' MEET

Saturday/Sunday 16th & 17th February 2019					
Buckie Leisure Centre, South Pringle Street, Buckie, AB56 1PX					
CLOSING DATE FOR ENTRIES, SUMMARY SHEET & FEES:					
MIDNIGHT - FRIDAY 25th January 2019					

	MIDNIGHT – FRIDAY 25th January 2019
Entry Fees:	£6.50 for 200m events, £6.00 for 100m events. £5.00 for <b>ALL</b> 50m events Cheques should be made payable to Elgin ASC.
	Payment can alternatively be made by BACS. Account No: TSB Elgin A/C 00030028 Sort Code: 30-25-89. Reference should be ELSPR followed by your club code eg ELSPRNENX. Please contact Elgin ASC Treasurer for details if required. <u>andrew.northover159@btinternet.com</u>
Entries:	All entries must be on Hy-tek Team Manager entry file (District Rule SW 4.1.). Entry files may be obtained by downloading from the North District website (www.sasanorth.org.uk) or contact Denise Brown at <u>elginascmm@gmail.com</u>
	Entries may have to be limited dependent upon numbers received. In the event that there is an oversubscription, entries will be accepted as evenly across the programme as is practical.
	Please return entry files to – <u>elginascmm@gmail.com</u>
	Draft Programme will be emailed to all participating clubs, with notice of entries/scratches. After this time no withdrawals for refund will be accepted unless notice of Doctors Note is given within 7 days of last day of meet.
	Please note Summary Sheet and Payment must be received within 3 postal days of closing date of (MIDNIGHT 25 <sup>th</sup> JANUARY) There will be zero tolerance of late payment and any entry that is not accompanied by payment in the specified timeframe will be rejected without delay.
	Summary sheet and entry fees should be sent to:- Denise Brown, 7 Duffus Heights, ELGIN, IV30 5PA
Early Withdrawals:	Withdrawals prior to the event may be sent by email to: <u>elginascmm@gmail.com</u> to arrive by 5pm at the latest on Thursday 14th February 2019. NB: All details must be included on e-mail withdrawals ie Name, Event No,
	Stroke, Comp No etc. Telephone withdrawals will not be accepted.
Withdrawals on the Day:	Withdrawals from heats should be notified on the withdrawal form. These will be at the recorders desk. These sheets should be handed back in at least 1 hour prior to the start of the appropriate session.
Marshalling	There will be marshalling. All swimmers must attend marshalling before their events and are advised to attend in good time. The start of a race will not be delayed for absent Swimmers who have not presented themselves to the marshals prior to their heat leaving. They will not be permitted to swim.
Awards:	Medals will be awarded to $1^{st}$ , $2^{nd}$ & $3^{rd}$ places in each Age Group.
	Skins Event Winners <b>only</b> will be awarded with a 'Skins' Cap and a prize of £50 cash for each <b>final</b> winner(s) of <b>Round 3 only</b> . Best club trophy will be presented for highest points achieved.
Technical Officials:	Lists of Technical Officials for all sessions can be entered on the attached sheet and must be emailed to Anne Heald at <u>anne heald@hotmail.com</u> no later than (Thursday 7 <sup>th</sup> February 2019).

	ELGIN ASC 'SPRING' MEET Saturday/Sunday 16th & 17th February 2019 e Leisure Centre, South Pringle Street, Buckie, AB56 1PX OSING DATE FOR ENTRIES, SUMMARY SHEET & FEES:
	MIDNIGHT – FRIDAY 25th January 2019
	Please note that probationary Judges and Timekeepers wishing specific signatures, i.e. Chief timekeeper or stroke, should make this request to the Meet Officials Convenor when names are submitted.
	For Trainee Judge 1, Judge 2 or Judge 2S, please see the Officials Sheet.
	Lunch will be provided for Officials in Sessions 1&3. We are adopting a plastic free policy to help the environment. Could all Officials bring their own water bottle? Water and juice will be available throughout the weekend for top ups.
	A prize draw ticket will be issued to officials for each session they attend. The draw will be held during the final session.
	Any queries or changes to Technical Officials after the closing date should be directed to Anne Heald at <u>anne heald@hotmail.com</u>
Photography:	No photographic or video equipment will be allowed in any area without the prior approval of the Gala Convenor. Forms can be requested at the Elgin ASC desk in reception at Buckie Leisure Centre. Completed forms signed by a Club representative must be handed back to the Elgin ASC desk and a band/sticker will be issued.
	The use of mobile phones is not permitted at any time in the changing area, showers or toilets. They <b>must</b> be switched to silent on the pool deck.
Meet Convenor:	Sharon Wood Email: elginascgc18@gmail.com
Notes:	1. All participants are required to adhere to the Scottish Swimming Code of Ethics, and relevant codes of conduct.
	<ol> <li>A Licence has been granted for this competition and accreditation will be applied for through SASA North District.</li> </ol>
	3. Poolside/changing room access will be limited to team coaches and
	chaperones up to a maximum of one coach/chaperone per 10 swimmers,
	with a maximum of 3 coaches/chaperones at any one time.
	4. Clubs are responsible for clearing their seating area of belongings,
	litter, etc. before leaving at the end of the competition day. Bin liners for plastic bottles/recyclable items and for general waste will be distributed around the pool - please use them. Glass bottles or containers and hot drinks are not permitted in the pool area – this
	does <u>not</u> include the spectator areas.
	<ol> <li>Coaches should ensure that their swimmers enter and exit the warm ups at the allotted times. Swimmers must not enter the pool until their warm- up start is announced and must follow all instructions. Full warm up details</li> </ol>
	will be issued prior to the meet.
	<ol> <li>Over the top starts will be issued at the discretion of the Meet Referee.</li> <li>Participating clubs will receive one copy of start sheets for each session.</li> <li>Please note there will be no access to poolside for spectators, spectators may only use the viewing gallery, although this may be used for swimmers</li> </ol>
	depending on numbers.
Refreshments:	Teas, Coffees and Snacks will be available to purchase on both days.

#### **Programme of Events**

## Saturday

## Session One

Event	101	Boys (13&U)
Event	101A	Boys (14&O)
Event	102	Girls (Open)
Event	103	Boys
Event	104	Boys
Event	105	Girls
Event	106	Boys
Event	107	Girls
Event	101	Boys (Skins)
Event	101A	Boys (Skins)

## Session Two

Event 201 Event 202 Event 203 Event 204 Event 205 Event 206 Event 207 Event 102 Girls Boys Girls Boys Girls Boys Girls Girls (**Open**)

#### Sunday Session Three

Event 301	Girls (13&U)
Event 301A	Girls (14&O)
Event 302	Boys (Open)
Event 303	Girls
Event 304	Girls
Event 305	Boys
Event 306	Girls
Event 307	Boys
Event 301	Girls (Skins)
Event 301A	Girls (Skins)

#### **Session Four**

Event 4	401
Event 4	402
Event 4	403
Event 4	404
Event 4	405
Event 4	406
Event 4	407
Event 3	302

Boys Girls Boys Girls Boys Girls Boys

Boys (Open)

100m IM (Skins) 100m IM (Skins) 50m Freestyle 50m Backstroke 200m Butterfly 100m Backstroke 100m Breaststroke 200m Freestyle 13&U (Finals) 14&O (Finals)

200m Backstroke 50m Freestyle 50m Butterfly 200m Breaststroke 100m Butterfly 50m Breaststroke 100m Freestyle 50m Freestyle (Finals)

100m IM (Skins) 100m IM (Skins) 50m Freestyle 50m Backstroke 200m Butterfly 100m Backstroke 100m Breaststroke 200m Freestyle 13&U (Finals) 14&O (Finals)

200m Backstroke 50m Freestyle 50m Butterfly 200m Breaststroke 100m Butterfly 50m Breaststroke 100m Freestyle 50m Freestyle **(Finals)** 

#### **Summary Sheet**

Club Name/Abbr:	Meet Secretary:
	Address:
	Tel No:
	Email:

Ind 200m Male Entries	@ £6 50	£	Paperwork and Payment
 Ind 100m Male Entries	-	£	must be received within 3 postal days of closing
 Ind 200m Female Entries	@ £6.50	£	date.
 Ind 100m Female Entries	@ £6.00	£	Have you enclosed or sent:
 Individual 50m Male Entries	@ £5.00	£	Cheque or BACS
 Individual 50m Female Entries	@ £5.00	£	-
 Coaches' Meal Pass	@ £6.00	£	Hy-tek TM Entry Zip File Summary Sheet
	Total:	£	

## CHEQUES SHOULD BE MADE PAYABLE TO:

Elgin ASC or BACS Account No: TSB Elgin A/C 00030028 Sort Code: 30-25-89. Payment Reference ELSPR followed by Club Code eg ELSPRNENX.

<u>Declaration</u>: I confirm that all swimmers entered in this competition have paid their current SASA membership fee.

I confirm that all coaches and/or team staff from our club who will be on poolside are members of Scottish Swimming and have current PVG disclosure.

Signed: .....

Position in Club: Date: Date:

(This declaration <u>must</u> be completed by all competing clubs)

.....

## Officials Sheet - Please Note: This sheet to be emailed to Anne Heald

ub:					Meet STO: Anne H	eald		
FO C el No	ontact N ):	ame:		<b>E-mail:</b> <u>anne_heald@hotmail.com</u>				
-mail address:								
	Club Code	Name		TK/Judge	Level J1/J2/J2S	Mentoring Request		
1	NENX	EXAMPLE NAME	7	JUDGE	J1	J2		
2								
3						1.5		
4								
5			~	0				
6				5	-			
7					14			
8			/ 10					
9								
10								

	Club Code	Name	TK/Judge	Level J1/J2/J2S	_	Mentoring Request
1						
2				_		
3						
4			-			
5						
6						
7						1.6
8						
9		<b>A</b>	100 0			
10			C			

**SESSION 3 Mentoring Request** Level Club TK/Judge Name J1/J2/J2S Code **J1/J2/J2S** 1 2 3 4 5 6 7 8 9 10



**SESSION 4 Mentoring Request** Level Club TK/Judge Name J1/J2/J2S Code **J1/J2/J2S** 1 2 3 4 5 6 7 8 9 10

