**Westhill District**

**Amateur Swimming Club**



**Minnows Meet**

WESTHILL SWIMMING POOL

On

SATURDAY 15th SEPTEMBER 2018

[www.westhilldistrictasc.org.uk](http://www.westhilldistrictasc.org.uk)

**MEET INFORMATION**

**(UNDER FINA RULES AND SASA SWIMMING REGULATIONS**)

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| **POOL** | 25 Metres, 6 Lanes, Anti-turbulence ropes, Electronic Timing. Level Deck Pool; overall depth 2 metres. | | | | |
| **SESSIONS** | Session One Warm Up 09:00 - Start 10:05  Session Two Warm Up 14:00 - Start 15:05  (SUBJECT TO CHANGE IF NECESSARY) | | | | |
| **EVENTS**  **INDIVIDUAL EVENTS**  **RELAYS**  **EVENTS** | All events are single sex events and heat declared winner. See attached sheet for full programme of events.  50m Backstroke  50m Breaststroke  50m Butterfly  50m Freestyle  100m Individual Medley  4 x 25m Freestyle Relay  4 x 25m Medley Relay  Each club may enter a maximum of 2 Relay teams in each event. Swimmers must have been entered for at least one individual swim and they may only swim in one team per relay event. | | | | |
| **AGE** | Age is as on day of competition i.e. 15th September 2018  Age Groups for 50m events for Girls and Boys will be :  9, 10 and 11  Heats will be swum with all age groups combined and swimmers seeded by entry times.  Age Groups for 100m Individual Medley for Girls and Boys will be: 9 – 11  The 100m Individual Medley will be swum as one event per sex and is not split into separate age groups. There will be only one set of medals for this event.  Age Group for Relay events will be: 9 – 11  Relays will be swum with mixed age teams with a maximum of two swimmers aged 11, with two younger swimmers making up the team. | | | | |
| **ENTRY FEES** | £5.00 PER INDIVIDUAL EVENT  £8.00 PER RELAY EVENT | | | | |
| **ENTRIES**  **ENTRIES (cont)** | | Entries to be sent to:  Joanne Bennett [**meet.entries@westhilldistrictasc.org.uk**](mailto:meet.entries@westhilldistrictasc.org.uk)  Please send the summary sheet and entry fees to:  **Joanne Bennett 5 Meadowlands Close, Westhill, AB32 6EF.**  Please note the entry file and summary sheet must be received by email by the closing date. Paper summary sheet and cheque to cover entry fees must be received by post within three working days of the closing date.  **CLOSING DATE FOR ENTRIES IS FRIDAY 24thth AUGUST 2018**  Entries may have to be limited dependent upon numbers received.  **All entries must be on Hy-tek Team Manager entry file.**  Entry files may be obtained by downloading from SwimScotland, ([www.swimscotland.co.uk](http://www.swimscotland.co.uk)) North District ([www.sasanorth.org.uk](http://www.sasanorth.org.uk)), or by contacting Joanne Bennett at [meet.entries@westhilldistrictasc.org.uk](mailto:meet.entries@westhilldistrictasc.org.uk).  Entries must be submitted using the most up to date personal best times for all swimmers at time of entry. Swimmers entered with No Time (NT) will be rejected.  Where possible the accepted entries for each age group will be equal, but if an age group is under-subscribed, the organising committee reserves the right to include additional entries in other age groups.  Westhill District ASC reserves the right to swim a slower heat for their swimmers if entry numbers allow.  Lists of accepted participating swimmers and a draft programme will be emailed to each club. | | | | |
| **ENTRY TIMES** | | We have again set entry times in order that we can provide a good quality meet which encourages young inexperienced swimmers.  **Times must be slower than:-** | | | | |
|  | | **Event** |  | **Boys** | **Girls** | |
|  | | 50m Freestyle |  | 00:40.00 | 00:41.00 | |
|  | | 50m Breaststroke |  | 00:49.00 | 00:50.00 | |
|  | | 50m Backstroke |  | 00:44.00 | 00:45.00 | |
|  | | 50m Butterfly |  | 00:46.00 | 00:47.00 | |
|  | | 100m Individual Medley |  | There is no consideration time for the Individual Medley. To enter, a swimmer must be eligible for and entered in a 50m event. | | |
| **AWARDS** | | Medals will be awarded to the first three places in each event.  Points will be awarded for the first six places in each event. i.e. 1st – 6 points, 2nd – 5 points, 3rd – 4 points, 4th – 3 points, 5th – 2 points, 6th – 1 point.  The Peco Trophy will be awarded to the top club by points attending the Meet. In the event of a tie, the Club with the best relay results will be awarded the winner.  The Gilbert Trophy will be awarded to the top Westhill District swimmer by points. In the event of a tie, the result of the Individual Medley will determine the winner.  The Apache Shield will be presented to the top visiting swimmer. In the event of a tie, the result of the Individual Medley will determine the winner. | | | | |
| **WITHDRAWALS** | | Withdrawals prior to the competition should be emailed to :-  Joanne Bennett [meet.entries@westhilldistrictasc.org.uk](mailto:meet.entries@westhilldistrictasc.org.uk)  To arrive no later than 5pm Friday 14th September 2018.  All details must be included on e-mail withdrawals i.e. Name, Event No, Stroke, SASA No. etc.  NB Telephone withdrawals will not be accepted under any circumstances.  Withdrawals on the day should be submitted on the withdrawal forms made available and should be presented to the Recorders table at least 1 hour prior to the start of the appropriate session. | | | | |

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| **WITHDRAWALS**  **(cont)** | Please note that anyone withdrawing on medical grounds, refunds will only be granted on production of a letter from a suitably qualified professional confirming withdrawal is recommended. The letter must be received within 7 days following the meet and should be dated no earlier than the closing date or later than 3 days from the date of the competition. |
| **MARSHALLING** | Marshalling will take place at the entrance to the changing village. All swimmers including reserves must attend marshalling before their events and are advised to attend in good time. (The suggested minimum is five heats or one event in advance.) The start of a race will not be delayed for absent swimmers. If a swimmer is not present at first marshalling area then the reserve will swim. |
| **TECHNICAL OFFICIALS** | We would be very grateful for a list of Officials willing to help on the day. A completed technical officials sheet should be sent to our STO Co-Ordinator by email to arrive before Sunday 2nd September 2018.  [**officials@westhilldistrictasc.org.uk**](mailto:officials@westhilldistrictasc.org.uk)  Judges and Timekeepers in training, who are requiring specific signatures, should make this clear in their request. Requests will be accommodated only if the referee considers it practical. |
| **PHOTOGRAPHY**  **/MOBILE PHONES** | Please note that anyone wishing to use photographic equipment for non-commercial purposes, including video cameras must register with the Meet Convener (application should be made on the appropriate SASA Health and Safety form and signed by the relevant club official).  No person may for commercial purposes take photographs or use any video recording equipment inside the event without the express written permission of Westhill District ASC.  No flash photography is permitted at any time within the competition pool area.  Mobile phones may not be used in the pool hall or in the changing village. Use of mobile phones within the building is limited to designated areas. |
| **MEET REGULATIONS** | * No guarantee can be given by Westhill District ASC that the event will take place at a particular time or any particular date and Westhill District ASC reserves the right to reschedule the event without notice and without liability for so doing. It is expected that this would only happen as a result of unforeseen circumstances, eg venue/facility failure or adverse weather. |
|  | * In the event of postponement, cancellation or abandonment of the event, refunds if any, will be made at the absolute discretion of Westhill District ASC. Westhill District ASC will have no legal liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel and accommodation costs. |
|  | * The following are articles, which must not be brought within the venue (glasses, fireworks, smoke canisters, air horns, flares, glass bottles, weapons of any sort). Any person in possession of such items will be refused entry at the absolute discretion of any steward or officer of Westhill District ASC and/or police officer. |
|  | * No object may be thrown by spectators within the venue. |
|  | * No foul or abusive language or other offensive words such as racial or sexual abuse will be tolerated by our Club. |
|  | * No alcohol may be consumed at the event. |
|  | * Any person entering events must at all times comply with any and all instructions of any steward or officer of Westhill District ASC and/or police officer. Failure to comply within a reasonable time with any such instruction will lead to the person being invited to leave. |
| **NOTES** | * All swimmers entered must have paid their SASA membership fee for the current year. Registration numbers **must** be shown on entry files. A licence has been granted for this competition and accreditation will be applied for to the SASA North District. |
|  | * Technical officials will be offered lunch. Coaches can request a lunch pass at a price of £5 and this should be submitted with the summary sheet and payment included with entries. |
|  | * Electronic Timing will be in use and we would greatly appreciate if coaches could explain the necessity for swimmers to achieve firm contact with the pads at the finish of each event. |
|  | * Poolside access will be limited to one Coach per 10 swimmers, with a maximum of 3 Coaches at any one time. |
|  | * Participating clubs will receive one copy of start sheets and results will be posted at the pool during the events and after the event on the North District website. |
|  | * Westhill District ASC reserves the right to amend the programme at any time. |
|  | * Lockers provided in the changing rooms should be used to store all belongings. The meet organisers and the facility management cannot be held responsible for items lost during the course of the event. No bags allowed on poolside. |
|  | * Seating areas will be allocated to each team. Teams are responsible for clearing their seating area of belongings, litter etc. before leaving at the end of the competition day. |
|  | * Parking is available at Westhill Academy. We kindly request that parking at Westhill Pool is reserved for Technical officials and that there is no parking on the main road. |
| **MEET CONVENER** | **Rachael McGuckien** – [meet.convener@westhilldistrictasc.org.uk](mailto:meet.convener@westhilldistrictasc.org.uk) |
|  | **We look forward to seeing you on 15th September 2018** |

**WESTHILL MINNOWS MEET 2018**

**PROGRAMME OF EVENTS**

**SESSION ONE WARM UP 09.00 START 10.05**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Event No | 101 | Boys | 9 – 11 years | 50m Backstroke |  |
|  | 102 | Girls | 9 – 11 years | 50m Breaststroke |  |
|  | 103 | Boys | 9 – 11 years | 50m Butterfly |  |
|  | 104 | Girls | 9 – 11 years | 50m Freestyle |  |
|  | 105 | Boys | 9 – 11 years | 100m IM |  |
|  | 106 | Girls | 4 x 25m | Freestyle Relay |  |
|  | 107 | Boys | 4 x 25m | Freestyle Relay |  |

**Medal Presentations after Event 104 (101 – 103) and Event 107 (104 – 107)**

**SESSION TWO WARM UP 14.00 START 15.05**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Event No | 201 | Girls | 9 – 11 years | 50m Backstroke |  |
|  | 202 | Boys | 9 – 11 years | 50m Breaststroke |  |
|  | 203 | Girls | 9 – 11 years | 50m Butterfly |  |
|  | 204 | Boys | 9 – 11 years | 50m Freestyle |  |
|  | 205 | Girls | 9 – 11 years | 100m IM |  |
|  | 206 | Boys | 4 x 25m | Medley Relay |  |
|  | 207 | Girls | 4 x 25m | Medley Relay |  |

**Medal/Award Presentations after Event 204 (201 – 203) and Event 207 (204 – 207)**

**The following awards will be presented after Event 207**

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| **PECO Trophy for Top Club**  **Apache Shield for Top Visiting Swimmer**  **Gilbert Trophy for Top Westhill District Swimmer** |

**WESTHILL MINNOWS MEET 2018**

**Saturday the 15th September 2018- Westhill Swimming Pool**

**SUMMARY SHEET**

**Contact Details**

Club Name/Abbr \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Match Secretary \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Post Code \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Tel. No.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email Address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| --- | --- | --- | --- |
| Individual Male Entries | ……………… | @ £5.00 | = £………… |
| Individual Female Entries | ……………… | @ £5.00 | = £………… |
| Male Team Entries | ……………… | @ £8.00 | = £………… |
| Female Team Entries | ……………… | @ £8.00 | = £………… |
| Coaches Lunch Passes | ……………… | @ £8.00 | = £………… |
|  |  | TOTAL | = £………… |

**CLOSING DATE FOR ENTRIES IS FRIDAY 24TH AUGUST 2018**

**Cheques should be made payable to WESTHILL DISTRICT ASC**

**Online banking payments to be made to: ACCOUNT NO. 00285386 SORT CODE: 83-28-40 referencing ‘MINS18’ and your clubs 4 letter code for example “NWDX’.**

**Declaration** (This declaration **must** be completed by all competing clubs)

I confirm that all swimmers entered in this competition have paid their current SASA membership fee.

Signed \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Position in Club\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**WESTHILL MINNOWS MEET 2018**

**Saturday 15th September 2018 Westhill Swimming Pool**

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| **CLUB\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** |  | **STO CONTACT** | **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** |
|  |  | **EMAIL ADDRESS** | **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** |
|  |  | **TEL.NO.** | **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** |

**OFFICIALS SHEET**

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|  |  | **Mentoring** | | | **Timekeeper Signatures Required?** | | **Sessions Available** | |
| **Name** | **Qualified Level** | **Required (Y/N)** | **Trainee Level** | **Any Specific Duties Required (e.g. CIT, Finish Order)** | **Timekeeper**  **(Y/N)** | **Chief Timekeeper**  **(Y/N)** | **1** | **2** |
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Please return this form with your entries or email it by **2nd  September 2018 :-** [officials@westhilldistrictasc.org.uk](mailto:officials@westhilldistrictasc.org.uk)