

**ABERDEEN DOLPHIN SC**

**NOVICE GALA**

**SUNDAY 14th MAY 2017**

**Licence L2/ND/028/MAY17**

Aberdeen Dolphin SC cordially invites you to our annual **Novice Gala** to be held at Northfield Pool, Kettlehills Crescent, Aberdeen, on **Sunday 14th May 2017.**

SESSIONS Session 1: Warm up: 09:00 Start: 10.05 Finish 12:30 Session 2: Warm up: 13:25 Start: 14:30 Finish 17:00

AGE GROUPS 8 years

9 & 10 years

11 & 12 years

All events are age on the day 14th May 2017

EVENTS 8 years 25m all strokes

9 & 10 years 25m Butterfly and 50m Freestyle, Breaststroke and Backstroke

11 & 12 years 50m all strokes.

Open 100m individual medley, to swim in the IM swimmers must qualify for at least one other event.

8 / 9 years mixed 4 x 25m Medley relays

10, 11 & 12 years mixed 4 x 50m Medley relays

2 boys and 2 girls in each relay team

ENTRIES All entries must be via a Hytek Team Manager electronic entry file. Entry information packs can be downloaded from the Aberdeen Dolphin, SASA North District or Swim Scotland websites or by application to the Gala Entry Sec (details below).

This event targets novice swimmers. i.e. those not competing at North District level.

Three reserves per individual event will be identified as entrants.

All entries to be submitted by email. Fees and other paperwork submitted shortly after that. Clubs will be notified of any rejected swims prior to the Gala together with a copy of accepted swims.

## CLOSING DATE FOR ENTRIES IS: SUNDAY 9th APRIL 2017

ENTRY FEES £4.00 per individual event - £7.00 per relay team

WITHDRAWALS Withdrawals prior to the Gala are to be emailed to the

Gala Entry Sec to arrive **no later than 5.00 pm on Friday 12h May 2017**.

Telephone withdrawals will not be accepted under any circumstances.

Withdrawals on the day should be notified using the withdrawal sheet issued to each club on arrival at the Gala. The sheets should be returned to the Recorders Table at least 45 minutes prior to the start of each session.

Reserves will be used in the order as advised to fill any such withdrawals. Aberdeen Dolphin SC reserve the right to fill any remaining lane with a swimmer of our own Club (time only - any such swimmer will not score points).

AWARDS Medals will be presented in all events to 1st, 2nd and 3rd.

Points across the day will be awarded as follows:-

## Individual Events

1st = 6 pts, 2nd = 5 pts, 3rd = 4 pts 4th = 3 pts, 5th = 2 pts, 6th =1 pt

SUBMISSION OF The Hytek electronic entry file, Summary Sheet and Fees (made ENTRIES payable to Aberdeen Dolphin SC) should be returned, no later

than **SUNDAY 9TH APRIL, 2017** to the Gala Convenor:

Joanne Bennet

5 Meadowlands Close

Westhill

AB32 6EF

## Email: [galaconvenor.adsc@gmail.com](mailto:galaconvenor.adsc@gmail.com)

OFFICIALS Officials from your Club will be requested when the Draft Programme is issued. Please respond with your list of Officials prior to **SUNDAY 30TH APRIL** via the attached officials form. Please return to our Swimming Technical Officials Convenor:-

Amanda Powe

Email: **stoconvenor.adsc@gmail.com**

There is an expectation that the number of STO's submitted will be in proportion to the number of accepted swims.

# ABERDEEN DOLPHIN SC

**Novice Gala - Sunday 14th May 2017 Programme of Events**

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| **Session 1**  **Event** | | **Warm Up 09:00 Start 10:35**  **Stroke** | | | | | | **Slower than** | | | |
| 101 | Girls | Open | | | 100m IM | | | | Open | | | | |
| 102 | Girls | 8 yrs | | | 25m Backstroke | | | | Open | | | | |
| 103 | Boys | 8 yrs | | | 25m Backstroke | | | | Open | | | | |
| 104 | Girls | 9 &10 yrs | | | 50m Backstroke | | | | 00:43.00 | | | | |
| 105 | Boys | 9 &10 yrs | | | 50m Backstroke | | | | 00:43.00 | | | | |
| 106 | Girls | 11 & 12 yrs | | | 50m Backstroke | | | | 00:40.00 | | | | |
| 107 | Boys | 11 & 12 yrs | | | 50m Backstroke | | | | 00:40.00 | | | | |
| 108  109  1091 | Girls | 8 yrs | | | 25m Breaststroke | | | | Open | | | | |
| 109 | Boys | 8 yrs | | | 25m Breaststroke | | | | Open | | | | |
| 110 | Girls | 9 & 10 yrs | | | 50m Breaststroke | | | | 00:49.00 | | | | |
| 111 | Boys | 9 & 10 yrs | | | 50m Breaststroke | | | | 00:49.00 | | | | |
| 112 | Girls | 11 & 12 yrs | | | 50m Breaststroke | | | | 00:46.00 | | | | |
| 113 | Boys | 11 & 12 yrs | | | 50m Breaststroke | | | | 00:46.00 | | | | |
| 114 | Mixed | 8 & 9 yrs | | | 4 x 25 Medley Relay | | | |  | | | | |
| 115 | Mixed | 10 -12 yrs | | | 4 x 50 Medley Relay | | | |  | | | | |
| Presentation of Medals | | | |  | |  |  | | | | | |  | | | |
| 2 boys and 2 girls in each relay team | | | | | | | | | |  |  | | | |  | | | |  | |
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| **Session 1**  **Event** | | **Warm Up 13:25 Start 14:30**  **Stroke** | | | | | | **Slower than** | | | |
| 201 | Boys | Open | | | 100m IM | | | | Open | | | | |
| 202 | Girls | 8 yrs | | | 25m Fly | | | | Open | | | | |
| 203 | Boys | 8 yrs | | | 25m Fly | | | | Open | | | | |
| 204 | Girls | 9 &10 yrs | | | 50m Fly | | | | 00:45.00 | | | | |
| 205 | Boys | 9 &10 yrs | | | 50m Fly | | | | 00:45.00  00 | | | | |
| 206 | Girls | 11 & 12 yrs | | | 50m Fly | | | | 00:41.00 | | | | |
| 207 | Boys | 11 & 12 yrs | | | 50m Fly | | | | 00:41.00 | | | | |
| 208  109  1091 | Girls | 8 yrs | | | 25m Freestyle | | | | Open | | | | |
| 209 | Boys | 8 yrs | | | 25m Freestyle | | | | Open | | | | |
| 210 | Girls | 9 & 10 yrs | | | 50m Freestyle | | | | 00:38.00 | | | | |
| 211 | Boys | 9 & 10 yrs | | | 50m Freestyle | | | | 00:38.00 | | | | |
| 212 | Girls | 11 & 12 yrs | | | 50m Freestyle | | | | 00:35.00 | | | | |
| 213 | Boys | 11 & 12 yrs | | | 50m Freestyle | | | | 00:35.00 | | | | |
| 214 | Mixed | 8 & 9 yrs | | | 4 x 25 Freestyle Relay | | | |  | | | | |
| 215 | Mixed | 10 -12 yrs | | | 4 x 50 Freestyle Relay | | | |  | | | | |
| Presentation of Medals | | | |  | |  |  | | | | | |  | | | |
| 2 boys and 2 girls in each relay team | | | | | | | | | |  |  | | | |  | | | |  | |
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**General Information:**

1. The meet will be held under FINA and SASA rules.
2. All events are Heat Declared Winner.
3. Over the top starts will be used when applicable.
4. The Gala Convenor reserves the right to alter the meet programme and warm up times if necessary.
5. Manual timing with three timekeepers per lane will be used.
6. All entries must be accompanied by a signed registration declaration form.
7. Swimmers must report to marshalling ahead of their event and to medal marshalling ahead of medal presentations.
8. Swimmers must follow instructions given to them by meet officials and must behave in a reasonable manner at all times.
9. Gala programmes will be available on the day at a cost of £2.00.
10. No photographic or video equipment will be allowed in any area without prior agreement of the Child Protection Officer. Application forms will be available from the CPO and must be countersigned by a club official. Those wishing to use photography must be able to prove that they have a child swimming in the session permission is applied for.
11. Unless it has been notified in writing to the CPO it will be assumed that all parents of children swimming give permission for their child to be photographed by approved parties.
12. No mobile phones will be allowed in the venue at any time to ensure that there is no misuse of camera phones.
13. Please use the lockers provided, do not leave items in the cubicles and ensure that any valuables are locked away.
14. To comply with our child protection policy, please ensure that swimmers wear t-shirts and shorts or track suits and pool shoes when leaving poolside.
15. Please note that there is limited spectator seating at Northfield Pool: priority must be given to swimmers and coaches, spectators may be required to remain in the foyer area.



## NOVICE GALA SUNDAY 14th May 2017

**SUMMARY SHEET**

|  |  |  |  |
| --- | --- | --- | --- |
| **CLUB NAME** | ………………………………………………… |  | |
| **MEET SECRETARY** | .................................................................. | **EMAIL ADDRESS** | ………………………………………………… |
| **ADDRESS** | .................................................................. | **TELEPHONE No** | ………………………………………………... |
|  | ……………………………………………….. |  |  |
|  | ..................................................................... |  |  |

**CLOSING DATE FOR ENTRIES: SUNDAY 9TH APRIL 2017**

**CHEQUES PAYABLE TO ABERDEEN DOLPHIN SC**

……. Boys Entries at £4.50 each £ ……..

……. Girls Entries at £4 50 each £ ……..

……. Relay Entries at £6.00 each £ ……..

**Total £ ……..**

Declaration – I confirm that all the swimmers entered in this competition are currently registered with SASA.

Signed

Date

This declaration must be signed by all participating clubs and returned with your entries.



# NOVICE GALA - SUNDAY 14TH MAY 2017

## CLUB NAME:

**STO CONVENOR:**

**EMAIL:**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **NAME** | **DUTY - TK / J1 / J2 / J2S** | **SIGNATURE REQUIRED?** | **SESSION 1** | **SESSION 2** |
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**Trainee Judges 1, 2 or 2S please enter names below if requesting mentoring sessions. These will be at the discretion of the Referee depending on the availability of suitable mentors.**

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| --- | --- | --- | --- | --- |
| **NAME** | **DUTY - J1, J2, J2S** | **TYPE OF MENTORING DUTY** | **SESSION 1** | **SESSION 2** |
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**Return to:- Amanda Powe : stoconvenor.adsc@gmail.com**