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**PETERHEAD AMATEUR SWIMMING CLUB**

**GRADED AGE GROUP MEET**

**LICENCE NO: ND/L2/223/FEB16**

**Date:** Saturday 6th February 2016

**Venue:**  Peterhead Swimming Pool – 6 lanes, anti-turbulence ropes and electronic timing

**Sessions:**  Session One Warm Up: 08.30 Start: 09.35

Session Two Warm Up: 13.30 Start: 14.35

**Accreditation:** Application for Accreditation is being made to the North District under SASA rules; therefore all competitors must be members of SASA.

**Events:** See attached schedule for events and consideration times

Over the top starts will be used where necessary. All events are declared winners.

It may be necessary to restrict heats to keep the Meet within the time limits set per District regulations and the organising club may have a slower heat for their own swimmers.

**Age Groups:** 10/11 Years, 12/13 Years, 14/Over and Open - Age as at 6th February 2016

**Entries:** £4.50 per individual event.

**Closing Date for entries is 15th January 2016. No late entries will be accepted. Please return entries together with cheque, made payable to PASC, and officials form duly completed to the address below. Withdrawals prior to the competition should be posted or e-mailed to the address below no later than 5pm on Friday 5th February 2016 – please email any known withdrawals asap so that any reserves can be informed.**

To request the Hytek events file please contact –

Linda Herbert

21 Kinmundy Gardens

Peterhead

AB42 2HW

Tele No: 01779 476965

E-Mail [lindaherbert4@tiscali.co.uk](mailto:lindaherbert4@tiscali.co.uk)

**Medals:** Medals will be presented to 1st, 2nd and 3rd places in each event. A certificate will be awarded to swimmers who exceed 5% of the cut off time.

**PROGRAMME OF EVENTS – 6TH FEBRUARY 2016**

**SESSION ONE WARM UP 0830 HRS START 0935 HRS**

Event 101 GIRLS OPEN 200M BUTTERFLY

102 BOYS OPEN 200M BUTTERFLY

103 GIRLS 10/11 YEARS 100M BREAST

104 BOYS 10/11 YEARS 100M BREAST

105 GIRLS 12/13 YEARS 100M BREAST

106 BOYS 12/13 YEARS 100M BREAST

107 GIRLS 14/OVER 100M BREAST

108 BOYS 14/OVER 100M BREAST

109 GIRLS 10/11 YEARS 100M FREE

110 BOYS 10/11 YEARS 100M FREE

111 GIRLS 12/13 YEARS 100M FREE

112 BOYS 12/13 YEARS 100M FREE

113 GIRLS 14/OVER 100M FREE

114 BOYS 14/OVER 100M FREE

115 GIRLS OPEN 200M BACK

116 BOYS OPEN 200M BACK

**SESSION TWO WARM UP 1330 HRS START 1435 HRS**

Event 201 GIRLS OPEN 200M BREAST

202 BOYS OPEN 200M BREAST

203 GIRLS 10/11 YEARS 100M BUTTERFLY

204 BOYS 10/11 YEARS 100M BUTTERFLY

205 GIRLS 12/13 YEARS 100M BUTTERFLY

206 BOYS 12/13 YEARS 100M BUTTERFLY

207 GIRLS 14/OVER 100M BUTTERFLY

208 BOYS 14/OVER 100M BUTTERFLY

209 GIRLS 10/11 YEARS 100M BACK

210 BOYS 10/11 YEARS 100M BACK

211 GIRLS 12/13 YEARS 100M BACK

212 BOYS 12/13 YEARS 100M BACK

213 GIRLS 14/OVER 100M BACK

214 BOYS 14/OVER 100M BACK

215 GIRLS OPEN 200M FREE

216 BOYS OPEN 200M FREE

**ALL EVENTS DECLARED WINNERS**

**(Warm Up Times may be subject to change)**

**CONSIDERATION TIMES:**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **GIRLS** | **100 Butterfly** | **100 Back** | **100 Breast** | **100 Free** |
|  |  |  |  |  |
| **10/11 Years** | 1.33.00 – 2.05.00 | 1.32.00 – 1.58.00 | 1.44.00 – 2.07.00 | 1.22.00 – 1.47.00 |
| **12/13 Years** | 1.29.00 – 1.45.00 | 1.24.00 – 1.37.00 | 1.34.00 – 1.50.00 | 1.14.00 – 1.25.00 |
| **14/Over** | 1.20.00 – 1.45.00 | 1.18.00 – 1.35.00 | 1.29.00 – 1.45.00 | 1.08.00 – 1.24.00 |

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| --- | --- | --- | --- | --- |
| **BOYS** | **100 Butterfly** | **100 Back** | **100 Breast** | **100 Free** |
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| **10/11 Years** | 1.31.00 – 1.58.00 | 1.31.00 – 1.55.00 | 1.44.00 – 2.07.00 | 1.21.00 – 1.46.00 |
| **12/13 Years** | 1.22.00 – 1.50.00 | 1.22.00 – 1.40.00 | 1.34.00 – 1.55.00 | 1.12.00 – 1.27.00 |
| **14/Over** | 1.16.00 – 1.45.00 | 1.16.00 – 1.30.00 | 1.25.00 – 1.45.00 | 1.05.00 – 1.19.00 |

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| --- | --- | --- | --- | --- |
| **FASTER THAN** | **200 Fly** | **200 Back** | **200 Breast** | **200 Free** |
| **GIRLS** | **3.45.00** | **2.56.00** | **3.17.00** | **2.46.00** |
| **BOYS** | **3.44.00** | **2.55.00** | **3.16.00** | **2.45.00** |

**GRADED AGE GROUP MEET**

**SATURDAY 6TH FEBRUARY 2016**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Name | MENTOR  SESSION  REQUEST | rEC/TK  J1/J2/J2s  MENTOR REQ | Sign  reqd y/n | Sessions –  1, 2 or both |
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**PLEASE STATE CLEARY MENTORING DUTY, IE J1, J2**

STO Contact Name ……………………………………………………… Tele No …………………………...

I confirm that all swimmers entered from ……………………………………….(club) have paid their current SASA membership fees.

Signed ……………………………………………………… Position in Club .............................................

**SUMMARY OF ENTRY**

……….. Individual girl swims @ £4.50 ………………..

……….. Individual boy swims @ £4.50 ………………..

TOTAL ENCLOSED ………………..

Name and address of club contact: ………………………………………………………………………..

………………………………………………………………………..

………………………………………………………………………..

Tele: …………………………………………………………….

E-mail: …………………………………………………………