

## BRIDGE OF DON ASC 18<sup>TH</sup> SEPTEMBER SPLASH Bridge of Don Swimming Pool, Aberdeen Saturday the 3rd of September 2016



Date Saturday the 3rd of September 2016

Venue Bridge of Don Swimming pool, Braehead Way, AB22 8RR, 5 lane 25 metre pool,

anti-turbulence ropes.

There will be no splashboards at the turn end.

This is a Level 2 meet, therefore swimmers must start with a dive.

Accreditation Application for accreditation has been applied for under the SASA rules and

FINA rules. All swimmers must have paid their annual registration fee to SASA.

License No ND/L2/269/SEP16

Sessions Session One Warm Up 8.15am Start 9.20am

Session Two Warm Up 1.15pm Start 2.20pm

(Subject to change if necessary)

Please note that there will be no entry to the pool before 8.00am

Events Boys / Girls 8 – 10 Years 100m all stokes

11 – 12 years 100m all strokes 13 – 14 years 100m all stokes Open\* 100m IM

(Age on day i.e. 3rd of September 2016)

Please see attached sheet for qualifying times (slower than).

The meet will operate using the one-start rule and we reserve the right to use over the top starts as necessary. The organising committee also reserve the right to restrict the number of entries to keep the meet to a manageable size.

\* Swimmers must have qualified and swam in 1 or more individual events to qualify for the 100 Individual Medley.

Fees £5.50 per individual event

Awards

Medals for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> and "too fast" certificates for those who exceed the

medal cut off time, which is 5% less than the consideration time.

**Entries** 

All entries are to be submitted electronically using Hy-Tek Team Manager format. To obtain the meet entry file either download from the SASA North District website or by emailing meetsecretary@bodasc.co.uk.

Please email entry files to <a href="mailto:meetsecretary@bodasc.co.uk">meetsecretary@bodasc.co.uk</a>

CLOSING DATE FOR ENTRIES IS SATURDAY THE 6th OF AUGUST 2016

Please send consolidation sheet, entry fees and officials sheet to:

Mark Perry, 22 Seaview Avenue, Bridge of Don, Aberdeen, AB23 8RJ

Email: meetsecretary@bodasc.co.uk

Clubs will be notified of any rejected swims prior to the meet along with a draft programme.

Meet Convenor

Nickie Scorgie

president@bodasc.co.uk

Withdrawals

<u>Medical Withdrawals</u> Please note that anyone withdrawing on medical grounds, refunds will only be granted on production of a letter from a suitably qualified professional confirming withdrawal is recommended. The letter must be received within 7 days following the meet and should be dated not earlier than the closing date or later than 3 days from the date of the competition.

<u>Withdrawals prior to the event</u> should be e-mailed to <u>meetsecretary@bodasc.co.uk</u> to arrive by 5.00 pm at the latest on Friday the 2<sup>nd</sup> of September 2016. No telephone withdrawals will be accepted. NB: All details must be included on e-mail withdrawals i.e. Name, Event No, Stroke, Comp No etc. Withdrawals received prior to the closing date will be refunded in full.

<u>Withdrawals at the Meet</u> should be notified on the relevant withdrawal form. The sheets should be handed in to the recorders 1 hour prior to the start of the first session and updated accordingly one hour before session two. Reserves for heats must marshal unless they have also withdrawn as above.

### Officials

Lists of Technical Officials for all sessions can be submitted on the official's sheet below and any queries or changes after the closing date can be directed to the STO Convenor, Richard Hall, <a href="mailto:stoconvenor@bodasc.co.uk">stoconvenor@bodasc.co.uk</a>.

All clubs are respectfully requested to provide a minimum of 1 official per session when 6 or more swimmers are accepted. Clubs that have 10 swimmers or more accepted should provide a minimum of 2 technical officials per session, at least one of which should hold a minimum qualification of Judge 1.

Mentoring requests will be considered by the Referees.

Please note that probationary Judges and Timekeepers wishing specific signatures, i.e. Chief timekeeper or stroke, should make this request to the STO Convenor when names are submitted.

Technical officials will be offered lunch.

### Meet Notes

Bridge of Don ASC reserves the right to accommodate empty lanes with their own club swimmers after all reserve swimmers have been accommodated.

Entries must be submitted using the most up to date personal best times for all swimmers at the time of entry, using times from competition results or a club time trial. Swimmers entered with no time (NT) will be rejected.

Swimmers must be registered members of Scottish Swimming. Registration numbers must be shown on the entry files.

Lockers provided in the changing rooms should be used for clothes and other belongings at all times, to keep cubicles free for other swimmers.

The meet organisers and the facility management cannot be held responsible for items lost during the course of the meet.

No glassware should be taken onto poolside or into the changing area.

Coaches can request lunch at a cost of £5 and requests should be submitted with the summary sheet and payment must be made along with the entry fees.

Footwear must be used outside the pool area.

The use of mobile phones is not permitted in the pool hall or the changing rooms.

Seating areas may be allocated to each team. Teams are responsible for clearing their seating area of belongings, litter, etc. before leaving at the end of the competition day. Glass bottles or containers are not permitted in the pool hall – this includes the spectator areas.

Participating clubs will receive one copy of start sheets for each session.

There is no café at Bridge of Don Swimming Pool. There will be a tuck shop but it will only offer snacks and juice.

<u>Photography</u> Use of mobile phones will not be permitted on poolside or in the changing room in order to prevent any misuse of mobiles with integrated video/camera equipment. We would greatly appreciate if you could ensure that all your members are aware of this requirement.

# Bridge of Don ASC September Splash

Session One	Warm Up 8.15am	Start 9.20am	Entry Times Slower Than
Events			
Event 101	Girls	100 IM	Open
Event 102	Boys 8 – 10	100 Freestyle	1.28.00
Event 103	Girls 8 – 10	100 Freestyle	1.30.00
Event 104	Boys 11 – 12	100 Breaststroke	1.43.00
Event 105	Girls 11 – 12	100 Breaststroke	1.45.00
Event 106	Boys 13 – 14	100 Backstroke	1.22.00
Event 107	Girls 13 – 14	100 Backstroke	1.24.00
Event 108	Boys 8 – 10	100 Butterfly	1.43.00
Event 109	Girls 8 – 10	100 Butterfly	1.45.00
Event 110	Boys 11 – 12	100 Freestyle	1.18.00
Event 111	Girls 11 – 12	100 Freestyle	1.20.00
Event 112	Boys 13 – 14	100 Breaststroke	1.29.00
Event 113	Girls 13 – 14	100 Breaststroke	1.31.00
Session Two	Warm Up 1.15pm	Start 2.20pm	Entry Times Slower Than
Session Two Events	Warm Up 1.15pm	Start 2.20pm	Entry Times Slower Than
	Warm Up 1.15pm  Boys	Start 2.20pm	Entry Times Slower Than  Open
Events		·	
Events Event 201	Boys	100 IM	Open
Events Event 201 Event 202	Boys Girls 8 – 10	100 IM 100 Backstroke	Open 1.45.00
Events Event 201 Event 202 Event 203 Event 204 Event 205	Boys Girls 8 – 10 Boys 8 – 10 Girls 11 – 12 Boys 11 – 12	100 IM 100 Backstroke 100 Backstroke 100 Butterfly 100 Butterfly	Open 1.45.00 1.43.00 1.35.00 1.33.00
Events Event 201 Event 202 Event 203 Event 204	Boys Girls 8 – 10 Boys 8 – 10 Girls 11 – 12	100 IM 100 Backstroke 100 Backstroke 100 Butterfly	Open 1.45.00 1.43.00 1.35.00 1.33.00 1.10.00
Events Event 201 Event 202 Event 203 Event 204 Event 205 Event 206 Event 207	Boys Girls 8 – 10 Boys 8 – 10 Girls 11 – 12 Boys 11 – 12 Girls 13 – 14 Boys 13 – 14	100 IM 100 Backstroke 100 Backstroke 100 Butterfly 100 Butterfly 100 Freestyle 100 Freestyle	Open 1.45.00 1.43.00 1.35.00 1.33.00 1.10.00 1.08.00
Events Event 201 Event 202 Event 203 Event 204 Event 205 Event 206 Event 207 Event 208	Boys Girls 8 – 10 Boys 8 – 10 Girls 11 – 12 Boys 11 – 12 Girls 13 – 14 Boys 13 – 14 Girls 8 – 10	100 IM 100 Backstroke 100 Backstroke 100 Butterfly 100 Butterfly 100 Freestyle	Open 1.45.00 1.43.00 1.35.00 1.33.00 1.10.00 1.08.00 1.50.00
Events Event 201 Event 202 Event 203 Event 204 Event 205 Event 206 Event 207 Event 208 Event 209	Boys Girls 8 – 10 Boys 8 – 10 Girls 11 – 12 Boys 11 – 12 Girls 13 – 14 Boys 13 – 14 Girls 8 – 10 Boys 8 – 10	100 IM 100 Backstroke 100 Backstroke 100 Butterfly 100 Butterfly 100 Freestyle 100 Freestyle 100 Breaststroke 100 Breaststroke	Open 1.45.00 1.43.00 1.35.00 1.33.00 1.10.00 1.08.00 1.50.00 1.48.00
Events Event 201 Event 202 Event 203 Event 204 Event 205 Event 206 Event 207 Event 208 Event 209 Event 210	Boys Girls 8 – 10 Boys 8 – 10 Girls 11 – 12 Boys 11 – 12 Girls 13 – 14 Boys 13 – 14 Girls 8 – 10 Boys 8 – 10 Girls 11 – 12	100 IM 100 Backstroke 100 Backstroke 100 Butterfly 100 Butterfly 100 Freestyle 100 Freestyle 100 Breaststroke 100 Breaststroke	Open 1.45.00 1.43.00 1.35.00 1.33.00 1.10.00 1.08.00 1.50.00 1.48.00 1.36.00
Events Event 201 Event 202 Event 203 Event 204 Event 205 Event 206 Event 207 Event 208 Event 209 Event 210 Event 211	Boys Girls 8 – 10 Boys 8 – 10 Girls 11 – 12 Boys 11 – 12 Girls 13 – 14 Boys 13 – 14 Girls 8 – 10 Boys 8 – 10 Girls 11 – 12 Boys 11 – 12	100 IM 100 Backstroke 100 Backstroke 100 Butterfly 100 Butterfly 100 Freestyle 100 Freestyle 100 Breaststroke 100 Breaststroke 100 Backstroke 100 Backstroke	Open 1.45.00 1.43.00 1.35.00 1.33.00 1.10.00 1.08.00 1.50.00 1.48.00 1.36.00 1.34.00
Events Event 201 Event 202 Event 203 Event 204 Event 205 Event 206 Event 207 Event 208 Event 209 Event 210	Boys Girls 8 – 10 Boys 8 – 10 Girls 11 – 12 Boys 11 – 12 Girls 13 – 14 Boys 13 – 14 Girls 8 – 10 Boys 8 – 10 Girls 11 – 12	100 IM 100 Backstroke 100 Backstroke 100 Butterfly 100 Butterfly 100 Freestyle 100 Freestyle 100 Breaststroke 100 Breaststroke	Open 1.45.00 1.43.00 1.35.00 1.33.00 1.10.00 1.08.00 1.50.00 1.48.00 1.36.00

## BRIDGE OF DON ASC

CLUB	STO Contact
Telephone No	Email Address

### OFFICIALS SHEET

Name	Judge	Timekeeper	Mentor	Session 1	Session 2	Signature Required

PLEASE RETURN WITH ENTRIES BY SATURDAY THE 6<sup>th</sup> OF AUGUST 2016 <u>Mentors please also state which signatures still required</u>

BRIDGE OF DON ASC		Match Secretary			
SEPTEMBER SPLASH 2016		Address			
Club Namo / Abbr		Tel No Email			
Club Name / Abbr		Email			
ENTRIES SUMMARY					
Female Individual Entries	<del></del>	CLOSING DATE SATURDAY THE 6 <sup>th</sup> OF AUGUST 2016			
Male Individual Entries	@ £5.50 £				
Coaches Pass	@ £5.00 £				
Total Amount	£				
PLEASE MAKE CHEQUES PAYABLE	TO: BRIDGE OF DON ASC				
Declaration I confirm that all swi	mmers entered in this competition h	ave paid their current SASA membership fee			
Signed	Position in Club	Date			
(This declaration must be complete	d by all competing clubs)				