



S.A.S.A North District

AGE GROUP MEET 2016 (UNDER FINA AND SASA RULES)

**23 & 24 JANUARY 2016
INVERNESS LEISURE**

MEET INFORMATION

- Pool** 25 Metres, 8 Lanes, Anti-turbulence ropes, Electronic Timing & Level Deck Pool
- Sessions**
- | | |
|----------------------|--|
| Session One | Warm Up 09.30 - Start 10.35 - Finish 13.35 |
| Session Two | Warm Up 14.30 - Start 15.35 - Finish 18.35 |
| Session Three | Warm Up 08.00 - Start 09.05 - Finish 12.05 |
| Session Four | Warm Up 13.00 - Start 14.05 - Finish 17.05 |
- (SUBJECT TO CHANGE IF NECESSARY)
- Events** 50m Freestyle, Backstroke, Breaststroke, Butterfly
100m Freestyle, Backstroke, Breaststroke, Butterfly
200m Freestyle, Backstroke, Breaststroke, Butterfly, Individual Medley
400m Freestyle, Individual Medley
- Age** As at 24 January 2016 - 10 - 12 years, 13/14 years
- Consideration Times** Consideration times are with the attached Programme of Events. The fee for entries received which are outwith the consideration times for any of the District Competitions shall not be refunded under any circumstances.
- Entries** All entries must be on Hy-tek Team Manager entry file (District Rule SW 4.1.). Entry files may be obtained by downloading from the North District website (www.sasanorth.org.uk) or contact entries secretary – lynnalderton@hotmail.com
- Entries may have to be limited dependent upon numbers received. In the event that there is an oversubscription, entries will be accepted as evenly across the programme as is practical.
- Please return entry files to – lynnalderton@hotmail.com
- CLOSING DATE FOR ELECTRONIC ENTRIES IS TUESDAY 22 DECEMBER**
- Please note summary sheet and payment must be received within 3 days of this date and that due to previous late payments and the need to get the programme out timeously there will be zero tolerance of late payment and any entry that is not accompanied by payment in the specified timeframe will be rejected without delay.**
- Summary sheet and entry fees should be sent to:-
Lynn Alderton
2 Gordon Place
Alford
AB33 8DF
- Entry Fees** £6.00 per individual swim
Cheques should be made payable to SASA North District.

Disability Events	North District swimmers between the ages of 10 and 14 with a disability who have a recognised classification (IPC, BS, BBS, UKSA or INAS-FID) and are registered members of Scottish Swimming will be eligible to compete in the multi-classification (MC) events. The MC events will be integrated into the heats of each age group seeded by absolute time. Please refer to the Supplementary Disability Swimming Conditions for more information. Please ensure that any MC swimmers are identified as such with their classification at the point of entry.
Early Withdrawals	Withdrawals prior to the event may be sent by email to: lynnalderton@hotmail.com to arrive by 5pm at the latest on Thursday 21 January 2016. NB: All details must be included on e-mail withdrawals ie Name, Event No, Stroke, Comp No etc. Telephone withdrawals will not be accepted.
Withdrawals at the Meet	Withdrawals from heats at the meet should be notified on the withdrawal form issued. The sheets should be handed in to the recorders table at least 1 hour prior to the start of the appropriate session. See SW5.1(b).
Reserves Marshalling	Reserves for heats must marshal unless they have also withdrawn as above. There will be marshalling. All swimmers must attend marshalling before their events and are advised to attend in good time. The start of a race will not be delayed for absent competitors and swimmers who have not presented themselves to the marshals prior to their heat leaving at the <u>first</u> marshalling area will not be permitted to swim and will be treated as a late withdrawal and fined accordingly. Reserves must marshal unless they have withdrawn.
Awards	Medals will be awarded for 1 st , 2 nd and 3 rd places. All events will be swum with age groups combined. All events will be heat declared winner.
MC Awards	Placings in MC events shall be determined on a declared winner basis using British Disability Points, with medals awarded to 1st, 2nd and 3rd place in each event. If there are less than four competitors in any one event then a minus one ruling shall apply with no award for events with one swimmer. Medals shall be awarded during the session of the swim according to the presentation schedule. All swimmers shall be required to present themselves to the marshal when notified.
Technical Officials	Lists of Technical Officials for all sessions must be emailed to the Meet Officials Convenor, Durno Jessiman at carnethy6@hotmail.com no later than 14 days before the first day of the meet (8 January 2016) – North District rules SW 6.2. and SW4.1 refer. Technical Officials must be submitted on the North District form for this purpose and must be emailed (not posted) by the specified date. Excel spreadsheet downloadable from the North District website is preferred. Failing to submit the form in accordance with these conditions will be considered a failure to submit the form. North District rules SW 6.2. and SW4.1 refer. Please note that probationary Judges and Timekeepers wishing specific signatures, i.e. Chief timekeeper or stroke, should make this request to the Meet Officials Convenor when names are submitted. For Trainee Judge 1, Judge 2 or Judge 2S, please see the Officials Sheet. Any queries or changes to Technical Officials after the closing date should be directed to the Meet Officials Convenor, Durno Jessiman by email to carnethy6@hotmail.com

Notes

1. All swimmers entered must have paid their SASA membership fee for the current year. Registration numbers must be shown on entry files. A Licence has been granted for this competition and accreditation will be applied for to the SASA.

All participants should adhere to the Scottish Swimming Code of Ethics, and relevant codes of conduct - see attached.

2. The use of mobile phones is not permitted in the pool hall or the changing village.
3. Due to lack of space poolside access will be limited to one Coach per 10 swimmers, with a maximum of 3 Coaches at any one time. Seating areas will be allocated to each team. **Teams are responsible for clearing their seating area of belongings, litter, etc. before leaving at the end of the competition day.** Bin liners for plastic bottles/recyclable items and for general waste will be distributed around the pool - please use them. **Glass bottles or containers are not permitted in the pool hall – this includes the spectator areas.**
4. Warm-up Supervisors are appointed at this meet to ensure safe conduct during the warm-up and that swimmers enter and exit the warm up at the allotted times. Swimmers must not enter the pool until their warm-up start is announced and must follow any instruction of the Warm-up Supervisors. Swimmers must leave the pool when the end of their warm up is announced. No diving into the pool during warm-up except in the designated lanes during the one-way sprints.
5. As the public will be using the leisure pool during the competition sessions, vuvuzelas are not permitted at this meet. Air horns are not permitted.
6. Participating clubs will receive one copy of start sheets for each session.
7. Different persons have authority and overall responsibility for the running of the meet at different stages.

A list will be issued prior to the competition detailing whom you should approach with any queries, concerns or complaints during the various stages of the meet.

Photography

Please note that anyone wishing to use photographic equipment, including video cameras must register with the Meet Director (application should be made on the appropriate SASA Health and Safety form and signed by the relevant club official).

Meet Convenor

Heather Magill Email: heather@magill1.orangehome.co.uk



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Events & Consideration Times:

Times must be equal to or faster than

BOYS		EVENTS	GIRLS	
10-12 Years	13-14 Years		13-14 Years	10-12 Years
00:36.00	00:33.00	50 Freestyle	00:33.00	00:36.00
01:17.00	01:10.00	100 Freestyle	01:10.00	01:17.00
02:48.00	02:33.00	200 Freestyle	02:33.00	02:48.00
05:45.00	05:20.00	400 Freestyle	05:20.00	05:45.00
00:41.00	00:38.00	50 Backstroke	00:38.00	00:41.00
01:29.00	01:20.00	100 Backstroke	01:20.00	01:29.00
03:08.00	02:57.00	200 Backstroke	02:57.00	03:08.00
00:47.00	00:43.00	50 Breaststroke	00:43.00	00:47.00
01:42.00	01:31.00	100 Breaststroke	01:31.00	01:42.00
03:37.00	03:24.00	200 Breaststroke	03:24.00	03:37.00
00:40.00	00:36.00	50 Butterfly	00:36.00	00:40.00
01:40.00	01:25.00	100 Butterfly	01:25.00	01:40.00
03:50.00	03:20.00	200 Butterfly	03:20.00	03:50.00
03:10.00	02:54.00	200 Individual Medley	02:54.00	03:10.00
07:05.00	06:15.00	400 Individual Medley	06:15.00	07:05.00

Notes: All events will be heat declared winner.

Times do not require to be accredited but should be **real** times achieved at non-accredited meets or Club Time Trials.



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Programme of Events

Saturday Session One

Event 101	Girls 10 – 14	200m Backstroke
Event 102	Boys 10 – 14	200m Freestyle
Event 103	Girls 10 – 14	50m Breaststroke
Event 104	Boys 10 – 14	50m Butterfly
Event 105	Girls 10 – 14	100m Butterfly
Event 106	Boys 10 – 14	100m Backstroke
Event 107	Girls 10 – 14	400m IM

Sunday Session Three

Event 301	Boys 10 – 14	200m Backstroke
Event 302	Girls 10 – 14	200m Freestyle
Event 303	Boys 10 – 14	50m Breaststroke
Event 304	Girls 10 – 14	50m Butterfly
Event 305	Boys 10 – 14	100m Butterfly
Event 306	Girls 10 – 14	100m Backstroke
Event 307	Boys 10 – 14	400m IM

Session Two

Event 201	Boys 10 – 14	50m Freestyle
Event 202	Girls 10 – 14	50m Backstroke
Event 203	Boys 10 – 14	400m Freestyle
Event 204	Girls 10 – 14	200m IM
Event 205	Boys 10 – 14	100m Breaststroke
Event 206	Girls 10 – 14	200m Breaststroke
Event 207	Boys 10 – 14	200m Butterfly
Event 208	Girls 10 – 14	100m Freestyle

Session Four

Event 401	Girls 10 – 14	50m Freestyle
Event 402	Boys 10 – 14	50m Backstroke
Event 403	Girls 10 – 14	400m Freestyle
Event 404	Boys 10 – 14	200m IM
Event 405	Girls 10 – 14	100m Breaststroke
Event 406	Boys 10 – 14	200m Breaststroke
Event 407	Girls 10 – 14	200m Butterfly
Event 408	Boys 10 – 14	100m Freestyle

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Supplementary Disability Swimming Conditions and Entry Standards

These are to be adhered to in conjunction with the general conditions for the Age Group Meet.

The following events will be integrated into the heats according to eligibility criteria:

Event	Male	Female
50m Freestyle	S1 – S14	S1 – S14
100m Freestyle	S1 – S14	S1 – S14
200m Freestyle	S1 – S5	S1 – S5
400m Freestyle	S6 – S14	S6 – S14
50m Backstroke	S1 – S14	S1 – S14
100m Backstroke	S6 – S14	S6 – S14
50m Breaststroke	SB1 – SB9, SB11 - SB14	SB1 – SB9, SB11 - SB14
100m Breaststroke	SB4 – SB9, SB11 – SB14	SB4 – SB9, SB11 – SB14
50m Butterfly	S1 – S14	S1 – S14
100m Butterfly	S8 – S14	S8 – S14
200m IM	SM7 – SM14	SM7 – SM14

Eligibility

All Competitors must be registered as members of a swimming club affiliated to the SASA North District at the time of entry. **There are no entry standards.**

Functional (S1-S10, SB1-SB9, SM1-SM10)

- All competitors must have an authorised British Swimming or IPC Swimming classification, which is held on the British Swimming or IPC Swimming classification database at the time of entry.

Visual (S11-S13, SB11-SB13, SM11-SM13)

- All competitors must have an authorised British Blind Sport or IBSA Swimming classification, which is held on the British Swimming or IPC Swimming classification database at the time of entry.

Learning (S14, SB14, SM14)

- All competitors must have an authorised INAS-FID or UKSAPLD classification which is held on the database at the time of entry.

General

- All S1-S13, SB1-SB9 and SB11-SB13 competitors must hold a current Functional Ability Card (FAC) at the time of entry.
- Functional Ability Cards (FAC's) must be submitted to the Recording Desk prior to the start of the session with the athletes' first event. No further submission is required following this.
- All eligible swimmers will be integrated into the event seeded by absolute time.
- Where relevant, the competition shall take place under the relevant IPC Swimming, Swimming Rules.

Accreditation

- Coaches and personal care attendants must have accreditation. Personal care attendants will only be permitted for swimmers in the following classes: S1, S2, S3, S4 and S11. Such attendants will be excluded from any restrictions and will be given the same accreditation as the swimmer for whom they have personal care responsibilities. A swimmer in any of the classes as specified above may have both a coach and a personal care attendant present.



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SUMMARY SHEET

Club Name/Abbr _____

Match Secretary _____
Address _____

Tel. No _____
E-mail address _____

..... Individual Age Group Male Entries	@ £ 6.00	£
..... Individual Age Group Female Entries	@ £ 6.00	£
..... Coaches' Meal Pass	@ £12.00	£
TOTAL		£

CLOSING DATE FOR ENTRIES – 22 DECEMBER 2015

PAPERWORK AND PAYMENT MUST BE RECEIVED WITHIN 3 DAYS

**CHEQUES SHOULD BE MADE PAYABLE TO:
SASA NORTH DISTRICT**

Have you enclosed or sent: Cheque
Hy-tek Team Manager Entry File
Summary Sheet

Declaration

I confirm that all swimmers entered in this competition have paid their current SASA membership fee.

Signed

Position in Club

Date

(This declaration **must** be completed by all competing clubs)



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NORTH DISTRICT AGE GROUP MEET 2016 - 23 & 24 JANUARY 2016 - INVERNESS LEISURE

OFFICIALS SHEET - Please Note: This sheet to be emailed to the Meet Officials Convenor NOT the Entries Secretary

Club _____
 STO Contact Name: _____
 Tel No: _____
 E-mail address _____
E-mail address _____

Meet Officials Convenor: Durno Jessiman
 Tel: 07808 897168
 E-mail: carnethy6@hotmail.com

No of swimmers entered.....

Session 1				Judges	Judges			TK	Time Keepers	
	Name	Club		Judges	Name	Club	Level	TK	Name	Club
Meet Referee				1				1		
				2				2		
Referees				3				3		
				4				4		
				5				5		
Starter				6				6		
Trainee Starter				7				7		
				8				8		
Chief Recorder				9				9		
Recorder				10				10		
				11				11		
AOE Operator				12				12		
				13				13		
Chief TK				14				14		
				15				15		
Announcer				16				16		
	Mentoring Req			17				17		
	Name	Club	Level	18				18		
Mentoring Req				19				19		
				20				20		
				21				21		
				22				22		
				23				23		
				24				24		
				25				25		
				26				26		
				27				27		
				28				28		

COMPLETION AND OTHER NOTES

1. An Officials Sheet must be completed and emailed to the Meet Officials Convenor, Durno Jessiman at carnethy6@hotmail.com **no later than 14 days before the first day of the meet.**
2. Each session's submission should comply with North District **Swimming Regulation 6.2** as follows:-

4 swimmers or fewer	No Technical Officials required, but please return the form duly marked
5 – 8 swimmers	1 Technical Official for every session of the Meet
9 – 12 swimmers	2 Technical Officials for every session, at least one of which must be a Judge 1 or above
13 – 16 swimmers	3 Technical Officials for every session, at least one of which must be a Judge 2 or above
17 – 20 swimmers	4 Technical Officials for every session, at least one of which must be a Judge 1 or above and one must be a Judge 2 or above
21 – 24 swimmers	5 Technical Officials for every session, at least one of which must be a Judge 1 or above and one must be a Judge 2 or above
25+ swimmers	6 Technical Officials for every session, at least two of which must be a Judge 1 or above and one must be a Judge 2 or above

Please note these are the minimum requirements, extra officials are always welcome.
3. For the purposes of Rule SW6.2 Trainee Judge 1 will count as Timekeeper, and Trainee Judge 2 & 2S count as Judge, however Trainees being mentored on the day will not count towards their club's provision of officials for the purposes of Rule SW6.4
SW6.5 Where the Referees in charge agree that there were sufficient Swimming Technical Officials present to ensure adequate cover in any session, an official might be mentored at the next level for which they were training without incurring a penalty for that session, even although this may technically leave their Club short of the numbers required to meet SW6.2. Officials carrying out scheduled Final Assessments will count at their existing level.
4. For the purpose of determining how many swimmers a Club has entered into a North District Meet or Championships, only swimmers entered into individual events shall be counted in accordance with SW 6.3

1	Only enter information in the yellow highlighted sections (the others are locked). Capital first letter then lower case.		
2	Please complete ALL the programmed sessions for the meet		
	Judges		
3	Please complete each Colum with the available judges for each session		
	Name	Club	Level
	Full name of Judge	Your club Initials	Current qualification
	Time Keepers		
4	Please complete each Colum with available Time Keepers for each session		
	Name	Club	
	Full name of time keeper	Your club Initials	
5	Mentoring - It is not always possible to facilitate mentoring due to lack of officials. Please enter those who require mentoring under their current qualification AND in the mentoring section. e.g. - If a time keeper is requesting a J1 mentoring session then please include the name in the Time keepers Column and in mentoring Colum.		
	Judges		
	Name	Club	Level
	Full name of Trainee	Your club Initials	Level at which mentoring is required.