



**ABERDEEN DOLPHIN SC
NOVICE GALA
SUNDAY 24th MAY 2015**

Licence Number: ND/L2/155/MAY15

Aberdeen Dolphin SC cordially invites you to our annual Novice Gala at Northfield Swimming Pool 5 Kettlehills Crescent, Aberdeen, AB16 5TL.

Pool 25m, six lanes, anti-turbulence lane rope, deck level pool. Please note that due to limited spectator seating priority must be given to swimmers.

Sessions Session 1: Warm up: 08.00am Start: 09.00am
Session 2: Warm up: 01.00pm Start: 02.00pm

Age Groups 8, 9, 10, 11 years
Age as on the day – Sunday 24th May 2015

Events 8 years – 25m all strokes
9 years – 25m Butterfly, 50m Freestyle, Breaststroke, Backstroke
10 years- 50m all strokes
11 years- 50m all strokes
8/9 years - mixed 4 x 25m medley and freestyle relays
10/11 years -mixed 4 x 50m medley and freestyle relays

Each relay team must contain 2 boys and 2 girls and must have at least one swimmer from each age group. Swimmers must only swim in their own age group and must be entered in an individual event in order to be part of the relay team.

Heats will be combined to promote competitive swimming but medals will be awarded in age groups.

Awards Medals will be awarded in each age group for 1st, 2nd, 3rd, 4th, 5th and 6th place in each event. There will be awards for the best boy and girl in each age group, the best performance by a Dolphin Swimmer and the Best Club based on accumulated points. Points will be awarded as follows- 1st - 6 points, 2nd – 5 points, 3rd – 4 points, 4th – 3 points, 5th – 2 points and 6th – 1 point. Relay teams will score double points.

Entries All entries to be made on Hy-Tek Team Manager events files. The events file may be downloaded from the Aberdeen Dolphin website (www.aberdeendolphin.co.uk), North District website or by email from galaconvener@aberdeendolphin.co.uk. Entries from composite teams will not be accepted.

Please email entry files to galaconvener@aberdeendolphin.co.uk.

The **CLOSING DATE FOR ENTRIES IS FRIDAY 24th APRIL 2015**. Entries submitted after this time will not be accepted.

Entry Fees £4 per individual event and £7 per relay team.

Cheques should be made payable to Aberdeen Dolphin SC.
All paperwork and cheques should be submitted as soon as possible after the closing date to –

Graeme Clubb
19 Craigiebuckler Terrace
Aberdeen, AB15 8SX
07583 210649

Technical Officials We will not be able to run this meet without a sufficient number of officials. Therefore we would be grateful for a list of officials willing to help on the day. Refreshments and lunch will be provided for technical officials.

The STO form below should be returned by email by the closing date to -
Stephanie Walker
sjwalker222@gmail.com
07812 016113

Withdrawals Withdrawals can be made by email before 5pm on Friday 22nd May 2015 to galaconvener@aberdeendolphin.co.uk.

After this withdrawals should be submitted to the recorders table at least 1 hour prior to the start of the appropriate session. Telephone withdrawals will not be accepted under any circumstances. No refunds for withdrawals received after the closing date.

Meet rules Accreditation will be applied for. All swimmers must be registered with SASA and have paid their membership fee for the current year. Registration numbers must be shown on entry files – swimmers without registration numbers will be automatically rejected.

Entry times Swimmers with times equal to or slower than the times shown in the table below as at **12th March 2015** are eligible to enter this meet.

	Backstroke	Breaststroke	Butterfly	Freestyle
8 years girls	No Time	No Time	No Time	No Time
9 years girls	00:47.00	00:52.00	00:20.00	00:40.00
10 years girls	00:44.00	00:50.00	00:42.00	00:37.00
11 years girls	00:42.00	00:48.00	00:41.00	00:36.00
8 years boys	No Time	No Time	No Time	No Time
9 years boys	00:42.00	00:51.00	00:18.00	00:36.00
10 years boys	00:40.00	00:49.00	00:42.00	00:34.00
11 years boys	00:35.00	00:43.00	00:37.00	00:32.00

General We reserve the right to amend the programme and this information if necessary and swim a slower heat and/or to fill empty lanes with our swimmers. It may be necessary to restrict heats to keep the Gala within time limits set per District regulations. Session times are subject to change.

Photography and video recording are not permitted unless authorised by Aberdeen Dolphin. Application forms will be available on the day. Parents of swimmers will be deemed to have given consent for their swimmer to be photographed unless prior written notification otherwise is given to Aberdeen Dolphin. Pool tops must be worn for presentations.

ABERDEEN DOLPHIN SC
Novice Gala – Sunday 24th May 2013

Programme of Events

Session 1: Warm-up 8:00am Start 9:00am

Event

101	Girls	8yrs	25m Freestyle
102	Boys	8yrs	25m Freestyle
103	Girls	9-11yrs	50m Freestyle
104	Boys	9-11yrs	50m Freestyle
105	Girls	8yrs	25m Breaststroke
106	Boys	8yrs	25m Breaststroke
107	Girls	9-11yrs	50m Breaststroke
108	Boys	9-11yrs	50m Breaststroke
109	Mixed	8/9yrs	4 x 25m Medley Relay
110	Mixed	10/11yrs	4 x 50m Medley Relay

Presentation of Medals (Events 101 – 110)

Session 2: Warm-up 1:00pm Start 2:00pm

201	Boys	8-9 yrs	25m Butterfly
202	Girls	8-9 yrs	25m Butterfly
203	Boys	10-11yrs	50m Butterfly
204	Girls	10-11yrs	50m Butterfly
205	Boys	8yrs	25m Backstroke
206	Girls	8yrs	25m Backstroke
207	Boys	9-11yrs	50m Backstroke
208	Girls	9-11yrs	50m Backstroke
209	Mixed	8/9yrs	4 x 25m Freestyle Relay
210	Mixed	10/11yrs	4 x 50m Freestyle Relay

Presentation of Medals (Events 201 – 210)

Presentation of Best Boy and Girl for each Age Group

Presentation of Best Dolphin Swimmer

Presentation of Best Club



**NOVICE GALA
SUNDAY 24th MAY 2015**

SUMMARY SHEET

CLUB NAME

MEET SECRETARY

ADDRESS

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.....

EMAIL ADDRESS

TELEPHONE No

CLOSING DATE FOR ENTRIES IS FRIDAY 24th APRIL 2015
CHEQUES PAYABLE TO ABERDEEN DOLPHIN SC

..... Boys Entries at £4.00 each £

..... Girls Entries at £4.00 each £

..... Relay Entries at £7.00 each £

Total **£**

Declaration – I confirm that all the swimmers entered in this competition are currently registered with SASA.

Signed _____ Date _____

This declaration must be signed by all participating clubs and returned with your entries.



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SUNDAY 24th MAY 2015**

CLUB NAME: _____ **STO CONVENOR:** _____

EMAIL: _____

NAME	DUTY - T / J1 / J2 / J2S	SIGNATURE REQUIRED?	SESSION 1	SESSION 2

Trainee Judges 1, 2 or 2S please enter names below if requesting mentoring sessions. These will be at the discretion of the referee depending on the availability of suitable mentors.

	DUTY - J1, J2, J2S	TYPE OF MENTORING DUTY	SESSION 1	SESSION 2

Return by email to:- Stephanie Walker, sjwalker222@gmail.com, 07812 016113