#### Senior Men's 5 km

Place	Name	Club	Time
1	Mark Deans	City of Glasgow Swim Team	58:13.00
2	Scott Deans	City of Glasgow Swim Team	59:46.00
3	Stewart Leanord	City of Glasgow Swim Team	1:03:59.00
4	Jake Love	Grangemouth ASC	1:07:47.00
5	Nathan Kennedy	Livingston & District Dolphins	1:07:53.00
6	Brian Bain	Silver City Blues ASC	1:08:18.00
	James Leitch	City Of Glasgow Swim Team	DNS

#### Masters Men's 5 km

Place	Name	Club	Actual Time	Adjusted Time
1	Brian Bain	Silver City Blues ASC	1:08:18.00	0:59:51.59
	James Leitch	City Of Glasgow Swim Team	DNS	DNS

#### Senior Men's 5 km & Masters Men 5 km - North District

Place	Name	Club	Time
1	Brian Bain	Silver City Blues ASC	1:08:18.00

## Senior Women's 5 km

Place	Name	Club	Time
1	Mhairi High	Ren 96	1:02:51.00
2	Lucy Illingworth	South Ayrshire	1:02:57.00
3	Ella Shilliday	Stirling Swimming	1:05:38.00
4	Jessica Philip	Deveron ASC	1:24:39.00
5	Emma Campbell	Broch ASC	1:30:55.00
	Alyshia McCracken	Warrender Baths Club	DNS
	Kirstin Clark	City of Glasgow Swim Team	DNS

## Senior Women's 5 km - North District

Place	Name	Club	Time
1	Jessica Philip	Deveron ASC	1:24:39.00
2	Emma Campbell	Broch ASC	1:30:55.00

## Junior (14&U) Men's 3 km

Place	Name	Club	Time
1	Ryan Downie	Broch ASC	41:11.00
2	Yusef Butt	Aberdeen ASC	45:30.00
3	Jeremy Graham	Aberdeen ASC	45:42.00
	Mika Mitchell	Menziehill Whitehall SWP Club	DNS

## Junior (15&16) Men's 3 km

Place	Name	Club	Time
1	Marshall Illingworth	South Ayrshire	36:02.00

## Junior (14&U) Men's 3 km - North District

Place	Name	Club	Time
1	Ryan Downie	Broch ASC	41:11.00
2	Yusef Butt	Aberdeen ASC	45:30.00
3	Jeremy Graham	Aberdeen ASC	45:42.00

## Junior (14&U) Women's 3 km

Place	Name	Club	Time
1	Keanna MacInnes	Heart Of Midlothian ASC	40:43.00
2	Jessica Morrison	Kelso ASC	48:50.00
	Hannah Sim	Broch ASC	DNF

# Junior (15&16) Women's 3 km

Place	Name	Club	Time
1	Heather Mulvany	Cults Otters	38:08.00
2	Daisy Hill	Kingston Upon Hull Swimming Club	38:09.00
3	Sophia Green	Elgin ASC	38:19.00
4	Emma Thoirs	Broch	41:10.00
5	Cara Mullan	Grangemouth ASC	42:26.00
6	Rachel Calvert	Grangemouth ASC	44:09.00
7	Libby McMeekin	Grangemouth ASC	47:02.00
8	Helen Taylor	Portobello	47:22.00
	Jenna Wallach	Broch ASC	DNF
	Rebecca Sim	Broch ASC	DNS

# Junior (15-16) Women's 3 km - North District

Place	Name	Club	Time
1	Heather Mulvany	Cults Otters	38:08.00
2	Sophia Green	Elgin ASC	38:19.00
3	Emma Thoirs	Broch	41:10.00

## Senior Men's 1500 metres

Place	Name	Club	Time
1	Scott Deans	City of Glasgow Swim Team	18:32.00
2	Stewart Leanord	City of Glasgow Swim Team	19:16.00
3	Nathan Kennedy	Livingston & District Dolphins	21:24.00
4	Brian Bain	Silver City Blues ASC	21:57.00
	Mark Deans	City of Glasgow Swim Team	DNS
	Jake Love	Grangemouth ASC	DNS

#### Masters Men's 1500 metres

I	Place Name		Club	Actual Time	Adjusted Time	
I	1	Brian Bain	Silver City Blues ASC	21:57.00	19:14.25	

#### Senior Men's and Masters Mens 1500 metres - North District

Place	Name	Club	Time
1	Brian Bain	Silver City Blues ASC	21:57.00

#### Senior Women's 1500 metres

Place	Name	Club	Time
1	Lucy Illingworth	South Ayrshire	18:47.00
2	Mhairi High	Ren 96	19:04.00
3	Jessica Philip	Deveron ASC	26:11.00
4	Emma Campbell	Broch ASC	27:29.00
5	Nicola Moir	Broch ASC	36:09.00
	Kirstin Clark	City of Glasgow Swim Team	DNS

#### Masters Women's 1500 metres & North District Masters Women's 1500m

ı	Place	Name	Club	Actual Time	Adjusted Time
I	1	Nicola Moir	Broch ASC	36:09.00	35:32.74

#### Senior Women's 1500 metres - North District

Place	Name	Club	Time
1	Jessica Philip	Deveron ASC	26:11.00
2	Emma Campbell	Broch ASC	27:29.00
3	Nicola Moir	Broch ASC	36:09.00

## Junior (14&U) Men's 800 metres

Place	Name	Club	Time
1	lain Lovie	Broch ASC	12:32.00
2	Euan McMeekin	Grangemouth ASC	14:55.00
3	Hugh Taylor	Haddington	15:23.00
	Ryan Downie	Broch ASC	DNS

## Junior (15&16) Men's 800 metres

Place	Name	Club	Time
1	Marshall Illingworth	South Ayrshire	10:09.00

# Junior (14&U) Men's 800 metres - North District

Place	Name	Club	Time
1	lain Lovie	Broch ASC	12:32.00
	Ryan Downie	Broch ASC	DNS

# Junior (14&U) Women's 800 metres

Place	Name Club		Time
1	Keanna MacInnes	Heart Of Midlothian ASC	11:16.00
2	Amber Moir	Broch ASC	12:21.00
3	Elise Green	Elgin ASC	12:43.00
4	Jessica Morrison	Kelso ASC	13:36.00
	Hannah Sim	Broch ASC	DNS

# Junior (15&16) Women's 800 metres

Place	Name	Club	Time
1	Cara Mullan	Grangemouth ASC	11:26.00
2	Rachel Calvert	Grangemouth ASC	11:30.00
	Hannah Campbell	Broch ASC	DNF
	Jenna Wallach	Broch ASC	DNS
	Rebecca Sim	Broch ASC	DNS
	Emma Thoirs	Broch	DNS
	Libby McMeekin	Grangemouth ASC	DNS

# Junior (14&U) Women's 800 metres - North District

Place	Name	Club	Time
1	Amber Moir	Broch ASC	12:21.00
2	Elise Green	Elgin ASC	12:43.00

# 5 KM SPLITS

Mark Deans	City of Glasgow Swim Team	58:13.00	00:11:32	00:23:27	0.246343	00:46:40
Scott Deans	City of Glasgow Swim Team	59:46.00	00:11:28	00:23:23	00:35:41	00:47:25
Mhairi High	Ren 96	1:02:51.00	00:11:58	00:24:34	00:37:16	00:50:14
Lucy Illingworth	South Ayrshire	1:02:57.00	00:12:04	00:24:37	00:37:17	00:50:16
Stewart Leanord	City of Glasgow Swim Team	1:03:59.00	00:11:46	00:24:30	00:37:15	00:50:19
Ella Shilliday	Stirling Swimming	1:05:38.00	00:12:12	00:25:04	00:38:09	00:51:36
Jake Love	Grangemouth ASC	1:07:47.00	00:13:14	00:27:10	00:40:43	00:54:26
Nathan Kennedy	Livingston & District Dolphins	1:07:53.00	00:12:58	00:26:26	00:40:07	00:54:05
Brian Bain	Silver City Blues ASC	1:08:18.00	00:13:16	00:27:12	00:40:45	00:54:27
Jessica Philip	Deveron ASC	1:24:39.00	00:16:00	00:32:52	00:49:48	01:06:58
Emma Campbell	Broch ASC	1:30:55.00	00:16:50	00:34:43	00:53:00	01:11:28

# **Mixed Relay**

Place	Name	Time			
1	Grangemouth ASC	35:54.00	08:50.00	00:17:27	00:28:00
	Broch	DNS			