## S.A.S.A North District

## AGE GROUP SWIMMING CHAMPIONSHIPS 2015 (UNDER FINA AND SASA RULES) <br> 7 \& 8 MARCH <br> ABERDEEN SPORTS VILLAGE AQUATICS CENTRE Regents Walk, Aberdeen, AB24 1SX

## MEET INFORMATION

Pool 50 metres, 10 lanes, deck level, full electronic timing Separate 25 metres swim down facility

| Sessions | Session One | Warm Up 08.00 | - Start 09.00 | - Finish | 12.00 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  | Session Two | Warm Up 12.20 | - Start 13.20 | - Finish | 16.20 |
|  | Session Three | Warm Up 16.45 | - Start 17.30 | - Finish | 19.30 |
|  | Session Four | Warm Up 08.00 | - Start 09.00 | - Finish | 12.00 |
|  | Session Five | Warm Up 12.20 | - Start 13.20 | - Finish | 16.20 |
|  | Session Six | Warm Up 16.45 | - Start 17.30 | - Finish 19.30 |  |
|  | (SUBJECT TO CHANGE IF NECESSARY) |  |  |  |  |


| Events | 50m Backstroke, Butterfly, Breaststroke and Freestyle - Heats and Finals 100m Backstroke, Butterfly, Breaststroke and Freestyle - Heats and Finals 200m Backstroke, Butterfly, Breaststroke, Freestyle and Ind. Medley - HDW 400m Freestyle and Individual Medley - HDW 800m Freestyle for Girls and 1500 m Freestyle for Boys - HDW $4 \times 100 \mathrm{~m}$ Freestyle and $4 \times 100 \mathrm{~m}$ Medley Relays - HDW |
| :---: | :---: |
| Age at | In accordance with British Swimming requirement age is at 31 December 2015 Competitors may swim only in their own age groups - see below |
| Ages and Times | There are separate consideration times for girls and boys ages 11/12 years, 13 years, 14 years, 15 years and 16 years and over to maximise opportunity. <br> Please note that - |

- events will be swum combined for all ages in heats and in timed finals
- finals will be swum combined according to age groupings 11-13 years, 14/15 years, 16 years and over

Consideration times for individual events are attached. Entries may have to be limited dependent upon numbers received in which case entries will be accepted across age groups (entry age) as evenly as is practical.
Team events will be open to teams comprising swimmers aged 11-14 and swimmers aged 15 and over. Each event will be run separately OR combined and seeded by time at the discretion of the referee.
There are no consideration times for relay events and entries may have to be

Ages and Times
(cont)
(cont)

Multi-
Classification Events

| Multi- | Swimmers who hold a current national or international classification for |
| :---: | :---: |
| Classification | functional, visually impaired or intellectual disability and are registered |
| Events | members of a club affiliated to the SASA North District are eligible to compete in Multi-classification (MC) events. The MC events will be heat declared winner open age group events and will be integrated into the heats seeded by time. Please refer to the Supplementary Disability Swimming Conditions for more information. |
| Entries | Entries for this Championships will only be accepted from clubs affiliated to S.A.S.A. North District. All entries must be on Hy-tek Team Manager entry file (District Rule SW 4.1.). |
|  | Entry files may be obtained by downloading from the North District website (www.sasanorth.org.uk) or contact the entries secretary - Anne Hendry. |

Please email entry files to - bhendry@btinternet.com
Summary sheet and entry fees should be sent to -
Anne Hendry, 21 Bernham Avenue, Stonehaven, Kincardineshire AB39 2WD. (summary sheet may be emailed with entry files)
CLOSING DATE FOR ELECTRONIC ENTRIES IS FRIDAY 6 FEBRUARY 2015
Please note summary sheet and payment must be received within 3 days of this date.
Early $\quad$ Withdrawals prior to the event may be e-mailed to bhendry@btinternet.com
to arrive by 5pm at the latest on Friday 6 March 2015.
NB: All details must be included on e-mail withdrawals ie Name, Event No, Stroke, Comp No etc. Telephone withdrawals will not be accepted.
Withdrawals
Withdrawals from heats at the meet should be notified on the withdrawal at the Meet

Qualifying for Finals

## Withdrawals from Finals

limited dependent upon numbers received in which case times for seeding will be requested and entries accepted according to seed time and across age groups as evenly as is practical.
The fee for entries received which are outwith the consideration times for any of the District competitions shall not be refunded under any circumstances. Please note that accredited times are required for Age Group Championships entries. form issued. The sheets should be handed in to the recorders table at least 1 hour prior to the start of the appropriate session. See SW5.1(b).

Events of 200 m and longer will be swum as timed finals.
There will be heats and finals for all 50 m and 100 m events with the finals age grouped as 11-13 years, 14/15 years and 16 years and over.

Swimmers who wish to withdraw from a final must inform the recorder and complete the withdrawal form no later than 30 minutes after finalists lists have been published or announced. This will ensure that a reserve can be given the opportunity to compete and the final seeded accordingly. Rule SW 5.1 refers. Withdrawals from finals or in the case of illness should be completed on the old style withdrawal forms available from the recorders.
Any competitor withdrawing from a final in such a manner as to prevent a reserve taking part (except in the case of proven illness or emergency) shall

Withdrawals from Finals (cont)

Marshalling

Awards

## Technical

 Officialsbe suspended immediately from all further events at the Meet. Where a reserve is brought in at short notice, the reserve shall occupy the vacant lane; there will be no re-seeding.
Reserves must marshal for finals unless they have also withdrawn as above.
There will be marshalling for heats and for finals. All swimmers must attend marshalling before their events and are advised to attend in good time. The start of a race will not be delayed for absent competitors and swimmers who have not presented themselves to the marshals prior to their heat leaving at the first marshalling area will not be permitted to swim and will be treated as a late withdrawal and fined accordingly.

Full details will be issued in the Coaches Information.
Medals will be awarded for $1^{\text {st }}, 2^{\text {nd }}$ and $3^{\text {rd }}$ places according to age groupings 11-13 years, 14/15 years, 16 years and over.
Grampian Rosebowl, Sam Muir Quaich, Jean Muir Memorial Trophies and Welsh Trophies will be awarded according to North District rule SW12.3. using FINA points as the scoring method.

Lists of Technical Officials for all sessions must be emailed on the form for this purpose to the Meet Officials Convenor - Durno Jessiman - at carnethy6@hotmail.com no later than 14 days before the first day of the meet (20 February 2015) - North District rules SW 6.2. and SW4.1 refer.
The form attached to this meet information is acceptable, the excel spreadsheet that will be available in the meet information pack is preferred.

Please note that probationary Judges and Timekeepers wishing specific signatures, i.e. Chief timekeeper or stroke, should make this request to the Meet Officials Convenor when names are submitted. For Trainee Judge 1, Judge 2 or Judge 2S, please see the Officials Sheet.
Any queries or changes to Technical Officials after the closing date should be directed to the Meet Officials Convenor, Durno Jessiman, or emailed to carnethy6@hotmail.com

1. All swimmers entered must have paid their SASA membership fee for the current year. Registration numbers must be shown on entry files. A Licence has been granted for this competition and accreditation will be applied for to the SASA.
All participants should adhere to the Scottish Swimming Code of Ethics, and relevant codes of conduct.
2. There will be a separate swim down facility in use during this meet. This will be withdrawn if it is misused.
3. The use of mobile phones is not permitted at any time in the changing village and they must be switched to silent in the pool hall.
4. Poolside/changing room access will be limited to team coaches and chaperones up to a maximum of one coach/chaperone per 10 swimmers, with a maximum of 3 coaches/chaperones at any one time.
Access will be granted with a pass. Seating areas may be allocated
to each team. Teams are responsible for clearing their seating area of belongings, litter, etc. before leaving at the end of the competition day. Bin liners for plastic bottles/recyclable items and for general waste will be distributed around the pool - please use them. Glass bottles or containers are not permitted in the pool hall - this includes the spectator areas.
5. Warm-up Supervisors are appointed at this meet in the competition pool to ensure safe conduct during the warm-up and that swimmers enter and exit the warm up at the allotted times. Swimmers must not enter the pool until their warm-up start is announced and must follow any instruction of the Warm-up Supervisors. Swimmers must leave the pool when the end of their warm up is announced. No diving into the pool during warm-up except in the designated lanes during the one-way sprints.
Full warm up details will be issued prior to the competition. The warm up may be segregated.
6. Vuvuzelas and air horns are not permitted at this meet.
7. Participating clubs will receive one copy of start sheets for each session.
8. Different persons have authority and overall responsibility for the running of the meet at different stages.
A list will be issued prior to the competition detailing whom you should approach with any queries, concerns or complaints during the various stages of the meet.

| Photos/ | Please note that anyone wishing to use photographic equipment, including <br> video cameras must register with the Meet Convenor (application should be <br> made on the appropriate SASA Health and Safety form and signed by the <br> relevant club official). |
| :--- | :--- |
| Meet Helen Smith - ndswimcon@gmail.com - 07544535165 <br> Convenor  |  |

# SASA NORTH DISTRICT <br> AGE GROUP SWIMMING CHAMPIONSHIPS 2015 <br> 7 \& 8 MARCH - ABERDEEN SPORTS VILLAGE AQUATICS CENTRE 

## Programme of Events

## Session One

Event 101
Boys $11+$
Event 102
Event 103
Event 104
Event 105
Event 106
Event 107
Event 108

Girls 11+
Boys 11+
Girls 11+
Boys 11+
Girls 11+
Boys 11+
Girls 11+

200m Individual Medley
200m Backstroke
200m Freestyle
50m Breaststroke
50m Butterfly 100m Butterfly 100m Backstroke
800m Freestyle

## Session Two

Event 201
Event 202
Event 203
Event 204
Event 205
Event 206
Event 207
Event 208

Girls 11+
Boys 11+ Girls 11+
Boys 11+ Girls 11+ Boys 11+ Girls 11+
Boys 11+

200m Breaststroke
200m Butterfly 50m Backstroke 50m Freestyle 100m Freestyle 100m Breaststroke 400m Individual Medley 400m Freestyle

## Session Three - Finals

Event 104
Event 104
Event 104
Event 105
Event 105
Event 105
Event 106
Event 106
Event 106
Event 107
Event 107
Event 107
Event 203
Event 203
Event 203
Event 204
Event 204
Event 204
Event 205
Event 205
Event 205
Event 206
Event 206
Event 206
Event 301A
Event 301B
Event 302A
Event 302B

Girls 11-13
Girls 14/15
Girls 16+
Boys 11-13
Boys 14/15
Boys 16+
Girls 11-13
Girls 14/15
Girls 16+
Boys 11-13
Boys 14/15
Boys 16+
Girls 11-13
Girls 14/15
Girls 16+
Boys 11-13
Boys 14/15
Boys 16+
Girls 11-13
Girls 14/15
Girls 16+
Boys 11-13
Boys 14/15
Boys 16+
Girls 11-14
Girls 15+
Boys 11-14
Boys 15+

50m Breaststroke
50m Breaststroke
50m Breaststroke
50 m Butterfly
50m Butterfly
50m Butterfly
100m Butterfly
100m Butterfly
100m Butterfly
100m Backstroke
100m Backstroke 100m Backstroke
50m Backstroke
50m Backstroke
50m Backstroke
50m Freestyle
50m Freestyle 50m Freestyle 100m Freestyle 100m Freestyle 100m Freestyle 100m Breaststroke 100m Breaststroke 100m Breaststroke $4 \times 100 \mathrm{~m}$ Medley Relay $4 \times 100 \mathrm{~m}$ Medley Relay $4 \times 100 \mathrm{~m}$ Free. Relay $4 \times 100 \mathrm{~m}$ Free. Relay

## Session Four

Event $401 \quad$ Girls $11+$ Event 402 Boys 11+ Event 403 Girls 11+
Event 404 Boys 11+
Event 405
Event 406
Event 407
Event 408

## Session Five

Event $501 \quad$ Boys 11+
Event 502 Girls 11+
Event 503 Boys 11+
Event 504 Girls 11+
Event 505 Boys 11+
Event 506 Girls 11+
Event 507 Boys 11+
Event 508 Girls 11+
200m Breaststroke 200m Butterfly 50m Backstroke 50m Freestyle 100m Freestyle 100m Breaststroke 400m Ind. Medley 400m Freestyle

## Session Six - Finals

Event 404
Event 404
Event 404
Event 405
Event 405
Event 405
Event 406
Event 406
Event 406
Event 407
Event 407
Event 407
Event 503
Event 503
Event 503
Event 504
Event 504
Event 504
Event 505
Event 505
Event 505
Event 506
Event 506
Event 506
Event 601A
Event 601B
Event 602A
Event 602B

Boys 11-13
Boys 14/15
Boys 16+
Girls 11-13
Girls 14/15
Girls 16+
Boys 11-13
Boys 14/15
Boys 16+
Girls 11-13
Girls 14/15
Girls 16+
Boys 11-13
Boys 14/15
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Girls 14/15
Girls 16+
Boys 11-14
Boys 15+
Girls 11-14
Girls 15+

50m
Breaststroke
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100 m Breaststroke
100 m Breaststroke
100 m Breaststroke
$4 \times 100 \mathrm{~m}$ Med. Relay
$4 \times 100 \mathrm{~m}$ Med. Relay
$4 \times 100 \mathrm{~m}$ Free. Relay
$4 \times 100 \mathrm{~m}$ Free. Relay

# SASA NORTH DISTRICT AGE GROUP SWIMMING CHAMPIONSHIPS 2015 <br> 7 \& 8 MARCH - ABERDEEN SPORTS VILLAGE AQUATICS CENTRE 

## Consideration Times:

Please note Accredited Times are required for Age Group Championships events. These times must have been achieved since 6 February 2014.
There will be spot checks on entry times and Clubs may be asked to verify them. Should you receive such a request you will also be advised of the deadline for verification. Any times which cannot be verified or which are not verified by the deadline will be automatically withdrawn as per Swimming Regulation 2.2. To avoid spot checks, please send a proof of entry report with your entries

Times below are long course times. Times converted from short course accredited competitions will also be accepted. Times must be equal to or faster than -

| GIRLS |  |  |  |  | YOB | BOYS |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| <1999 | 2000 | 2001 | 2002 | 2003-4 |  | 2003-4 | 2002 | 2001 | 2000 | <1999 |
| 16+ | 15 | 14 | 13 | 11/12 | Event | 11/12 | 13 | 14 | 15 | 16+ |
| 0:31.50 | 0:32.70 | 0:34.40 | 0:35.70 | 0:37.10 | 50m Freestyle | 0:38.70 | 0:35.80 | 0:33.80 | 0:31.40 | 0:29.50 |
| 1:07.50 | 1:09.80 | 1:12.70 | 1:17.00 | 1:22.10 | 100m Freestyle | 1:24.90 | 1:17.40 | 1:12.20 | 1:07.30 | 1:03.20 |
| 2:26.60 | 2:30.60 | 2:36.20 | 2:45.10 | 2:56.00 | 200m Freestyle | 2:59.90 | 2:45.70 | 2:36.10 | 2:26.30 | 2:18.80 |
| 5:05.10 | 5:10.80 | 5:23.10 | 5:40.60 | 6:00.80 | 400m Freestyle | 6:12.20 | 5:42.50 | 5:20.20 | 5:04.20 | 4:50.50 |
| 10:21.80 | 10:33.60 | 10:58.00 | 11:27.10 | 12:13.30 | 800m/1500m Freestyle | 23:27.60 | 21:52.80 | 20:32.60 | 19:36.10 | 18:53.00 |
| 0:35.70 | 0:37.00 | 0:38.70 | 0:40.90 | 0:43.20 | 50m Backstroke | 0:44.00 | 0:41.00 | 0:38.30 | 0:35.40 | 0:33.60 |
| 1:15.70 | 1:18.00 | 1:21.80 | 1:26.90 | 1:32.50 | 100m Backstroke | 1:36.50 | 1:28.00 | 1:21.50 | 1:16.00 | 1:11.60 |
| 2:40.90 | 2:44.70 | 2:52.10 | 3:02.50 | 3:14.40 | 200m Backstroke | 3:18.20 | 3:04.20 | 2:52.10 | 2:41.40 | 2:35.50 |
| 0:40.90 | 0:42.30 | 0:44.30 | 0:47.10 | 0:49.30 | 50m Breaststroke | 0:51.30 | 0:47.60 | 0:44.20 | 0:40.90 | 0:38.00 |
| 1:29.90 | 1:32.50 | 1:35.60 | 1:41.00 | 1:47.40 | 100m Breaststroke | 1:52.90 | 1:42.50 | 1:35.80 | 1:28.90 | 1:23.80 |
| 3:08.20 | 3:12.60 | 3:19.00 | 3:26.90 | 3:44.50 | 200m Breaststroke | 3:54.50 | 3:29.30 | 3:17.70 | 3:05.70 | 2:59.40 |
| 0:34.30 | 0:35.70 | 0:37.50 | 0:39.10 | 0:41.30 | 50m Butterfly | 0:43.60 | 0:40.00 | 0:37.00 | 0:34.20 | 0:31.80 |
| 1:15.40 | 1:18.20 | 1:22.70 | 1:29.20 | 1:37.00 | 100m Butterfly | 1:42.50 | 1:29.60 | 1:21.30 | 1:15.10 | 1:10.00 |
| 2:47.10 | 2:51.90 | 3:01.20 | 3:13.30 | 3:36.00 | 200m Butterfly | 3:40.50 | 3:13.20 | 2:57.30 | 2:47.60 | 2:38.10 |
| 2:45.60 | 2:50.30 | 2:57.60 | 3:06.80 | 3:19.30 | 200m I.M. | 3:23.90 | 3:07.30 | 2:57.10 | 2:47.30 | 2:37.50 |
| 5:53.10 | 6:00.50 | 6:11.20 | 6:27.60 | 6:56.70 | 400m I.M. | 7:06.30 | 6:27.50 | 6:02.90 | 5:43.10 | 5:29.50 |

L1/463/ND/MAR15

## SASA NORTH DISTRICT AGE GROUP SWIMMING CHAMPIONSHIPS 2015

## 7 \& 8 MARCH - ABERDEEN SPORTS VILLAGE AQUATICS CENTRE

## Supplementary Disability Swimming Conditions and Entry Standards <br> These are to be adhered to in conjunction with the general conditions for the Age Group Championships.

The following events will be integrated into the heats according to eligibility criteria:

| Event | Male and Female |
| :--- | :--- |
| 50 m Freestyle | S1 - S14 |
| 100 m Freestyle | S1 - S14 |
| 200 m Freestyle | S1 - S5 and S14 |
| 400 m Freestyle | S6 - S14 |
| 50 m Backstroke | S1 - S5 |
| 100 m Backstroke | S6 - S14 |
| 50 m Breaststroke | SB1 - SB3 |
| 100 m Breaststroke | SB4 - SB9, SB11 - SB14 |
| 50 m Butterfly | S1 - S7 |
| 100 m Butterfly | S8 - S14 |
| 200 m IM | SM7 - SM14 |

## Eligibility

All Competitors must be registered as members of a swimming club affiliated to the SASA North District at the time of entry. Entry standards are as attached and these are open age group.

Functional (S1-S10, SB1-SB9, SM1-SM10)

- All competitors must have an authorised British Swimming or IPC Swimming classification, which is held on the British Swimming or IPC Swimming classification database at the time of entry.


## Visual (S11-S13, SB11-SB13, SM11-SM13)

- All competitors must have an authorised British Blind Sport or IBSA Swimming classification, which is held on the British Swimming or IPC Swimming classification database at the time of entry.


## Learning (S14, SB14, SM14)

- All competitors must have an authorised INAS-FID or UKSAPLD classification which is held on the database at the time of entry.


## General

- All eligible swimmers will be integrated into the event seeded by absolute time.
- Where relevant, the competition shall take place under the relevant IPC Swimming, Swimming Rules.


## Accreditation

- Coaches and personal care attendants must have accreditation. Personal care attendants will only be permitted for swimmers in the following classes: $\mathrm{S} 1, \mathrm{~S} 2, \mathrm{~S} 3, \mathrm{~S} 4$ and S 11 . Such attendants will be excluded from any restrictions and will be given the same accreditation as the swimmer for whom they have personal care responsibilities. A swimmer in any of the classes as specified above may have both a coach and a personal care attendant present.


## Medals

- Medals shall be awarded to the top three British Disability Point scorers in each event on a heat declared winner basis. All MC events are open age group events but swimmers will be integrated into the heats for each event.
- If there are less than four competitors in any one event then a minus one ruling shall apply with no award for events with one swimmer. Medals shall be awarded during the session of the swim according to the presentation schedule. All swimmers shall be required to present themselves to the marshal when notified.


## Standards

| EVENT | CLASS. | MALE | FEMALE | EVENT | CLASS. | MALE | FEMALE |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 50m FREESTYLE | S1 | 02:13.89 | 02:22.99 | 100m BACKSTROKE | S6 | 02:07.02 | 02:26.59 |
|  | S2 | 01:43.78 | 01:58.71 |  | S7 | 02:01.23 | 02:24.43 |
|  | S3 | 01:16.28 | 01:21.57 |  | S8 | 01:50.33 | 02:13.74 |
|  | S4 | 01:06.40 | 01:16.19 |  | S9 | 01:48.34 | 02:00.67 |
|  | S5 | 00:56.85 | 01:02.05 |  | S10 | 01:43.24 | 01:57.33 |
|  | S6 | 00:51.10 | 00:59.82 |  | S11 | 01:55.97 | 02:15.39 |
|  | S7 | 00:47.75 | 00:56.61 |  | S12 | 01:43.33 | 01:57.78 |
|  | S8 | 00:44.73 | 00:52.92 |  | S13 | 01:41.03 | 02:05.90 |
|  | S9 | 00:43.47 | 00:49.66 |  | S14 | 01:47.12 | 01:53.42 |
|  | S10 | 00:40.09 | 00:48.18 | 50m BREASTSTROKE | SB1 | 03:39.21 | NT |
|  | S11 | 00:44.74 | 00:52.72 |  | SB2 | 01:39.47 | 02:09.74 |
|  | S12 | 00:40.83 | 00:46.77 |  | SB3 | 01:25.31 | 01:52.27 |
|  | S13 | 00:40.80 | 00:47.21 | 100m BREASTSTROKE | SB4 | 02:45.29 | 03:17.49 |
|  | S14 | 00:43.01 | 00:48.52 |  | SB5 | 02:42.64 | 03:05.79 |
| 100m FREESTYLE | S1 | 04:35.33 | 07:04.37 |  | SB6 | 02:21.05 | 02:50.51 |
|  | S2 | 03:34.34 | 03:58.32 |  | SB7 | 02:19.47 | 02:38.44 |
|  | S3 | 02:48.23 | 02:59.20 |  | SB8 | 02:00.73 | 02:20.16 |
|  | S4 | 02:24.45 | 02:44.44 |  | SB9 | 01:54.58 | 02:12.28 |
|  | S5 | 02:08.15 | 02:18.87 |  | SB11 | 02:02.88 | 02:32.98 |
|  | S6 | 01:55.62 | 02:06.63 |  | SB12 | 01:53.85 | 02:15.57 |
|  | S7 | 01:44.55 | 02:02.50 |  | SB13 | 01:54.00 | 02:15.24 |
|  | S8 | 01:38.29 | 01:51.74 |  | SB14 | 01:55.52 | 02:11.70 |
|  | S9 | 01:35.98 | 01:47.93 | 50m BUTTERFLY | S1 | NT | NT |
|  | S10 | 01:29.71 | 01:43.84 |  | S2 | 04:05.11 | 03:15.38 |
|  | S11 | 01:41.32 | 01:57.95 |  | S3 | 01:47.87 | 01:57.32 |
|  | S12 | 01:29.86 | 01:42.00 |  | S4 | 01:21.01 | 02:52.11 |
|  | S13 | 01:28.93 | 01:43.89 |  | S5 | 01:03.24 | 01:14.82 |
|  | S14 | 01:33.33 | 01:44.75 |  | S6 | 00:53.43 | 01:04.45 |
| 200m FREESTYLE | S1 | 09:31.00 | 11:15.63 |  | S7 | 00:52.28 | 01:00.69 |
|  | S2 | 07:49.51 | 09:47.64 | 100m BUTTERFLY | S8 | 01:44.01 | 01:58.32 |
|  | S3 | 06:10.24 | 06:57.01 |  | S9 | 01:41.85 | 01:59.12 |
|  | S4 | 05:08.75 | 05:46.24 |  | S10 | 01:36.73 | 01:57.18 |
|  | S5 | 04:37.34 | 04:53.88 |  | S11 | 01:48.14 | 02:24.06 |
|  | S14 | 03:23.69 | 03:44.11 |  | S12 | 01:38.89 | 01:56.57 |
| 400m FREESTYLE | S6 | 08:49.70 | 09:27.34 |  | S13 | 01:35.81 | 01:54.89 |
|  | S7 | 08:00.32 | 09:02.18 |  | S14 | 01:40.96 | 01:59.97 |
|  | S8 | 07:39.88 | 08:37.74 | 200m IM | SM5 | 05:38.78 | 05:54.59 |
|  | S9 | 07:12.58 | 07:56.02 |  | SM6 | 04:39.45 | 05:30.28 |
|  | S10 | 06:59.19 | 07:51.29 |  | SM7 | 04:27.21 | 05:11.17 |
|  | S11 | 07:58.94 | 08:57.78 |  | SM8 | 04:09.25 | 04:35.04 |
|  | S12 | 07:13.11 | 07:55.57 |  | SM9 | 03:54.29 | 04:25.56 |
|  | S13 | 06:57.95 | 08:06.40 |  | SM10 | 03:45.01 | 04:17.26 |
|  | S14 | 07:19.57 | 08:05.27 |  | SM11 | 04:08.96 | 05:02.33 |
| 50m BACKSTROKE | S1 | 02:17.29 | 03:51.05 |  | SM12 | 03:46.10 | 04:12.84 |
|  | S2 | 01:43.53 | 01:50.77 |  | SM13 | 03:41.27 | 04:15.61 |
|  | S3 | 01:19.02 | 01:52.32 |  | SM14 | 03:55.11 | 04:15.73 |
|  | S4 | 01:17.93 | 01:31.48 |  |  |  |  |
|  | S5 | 01:03.85 | 01:14.58 |  |  |  |  |

# SASA NORTH DISTRICT AGE GROUP SWIMMING CHAMPIONSHIPS 2015 <br> 7 \& 8 MARCH - ABERDEEN SPORTS VILLAGE AQUATICS CENTRE 

SUMMARY SHEET
Club Name/Abbr

Match Secretary
Address
Tel. No
E-mail address

## CLOSING DATE - 6 FEBRUARY 2015

Paperwork to be received within 3 days of closing date.

## CHEQUES SHOULD BE MADE PAYABLE TO:

 SASA NORTH DISTRICTHave you enclosed or sent: Cheque
Hy-tek Team Manager Entry File Declaration and Summary Sheet Summary Sheet

## Declaration <br> I confirm that all swimmers entered in this competition have paid their current SASA membership fee. I confirm that all coaches passes will only be issued to individuals from our club that are known to have current enhanced disclosures and/or PVG

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## SASA NORTH DISTRICT AGE GROUP SWIMMING CHAMPIONSHIPS 2015

## 7 \& 8 MARCH - ABERDEEN SPORTS VILLAGE AQUATICS CENTRE

OFFICIALS SHEET - SEND THIS SHEET BY EMAIL ON OR BEFORE 20 FEBRUARY 2015 OR COMPLETE AND SEND EXCEL SPREADSHEET AVAILABLE FROM MEET PACK (PREFERRED)

```
Club
STO Contact Name
```

$\qquad$

Meet Officials Convenor: Durno Jessiman

Tel: 01975563619
E-mail: carnethy6@hotmail.com

No of swimmers entered $\qquad$
PART 1 - OFFICIALS (see note 2)

| NAME | DUTY | SIGNATURE <br> REQUIRED? | SESSION <br> $\mathbf{1}$ | SESSION <br> $\mathbf{2}$ | SESSION <br> $\mathbf{3}$ | SESSION <br> $\mathbf{4}$ | SESSION <br> $\mathbf{5}$ | SESSION <br> $\mathbf{6}$ | Mentor <br> Sessions |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
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MENTORING DETAILS (see note 5)
Trainee Judges, 1, 2 or 2S, please complete details below (also completing Part 1 above) for requested mentoring sessions. Please indicate duty in each session

| NAME | TRAINEE | SESSION 1 | SESSION 2 | SESSION 3 | SESSION 4 | SESSION 5 | SESSION 6 |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Example Name | J1 | CIT | Relay |  |  |  |  |
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## COMPLETION NOTES

1 The attached Officials Sheet should be completed and emailed to the Meet Officials Convenor, Durno Jessiman, to carnethy6@hotmail.com no later than 14 days before the first day of the meet. The sheet should comply with North District Swimming Regulation 6.2 as follows:-

| 4 swimmers or less | No |
| :---: | :---: |
| 5-8 swimmers | 1 Technical Official for every session of the Meet |
| 9-12 swimmers | 2 Technical Officials for every session, at least one of which must be a Judge 1 or above |
| 13-16 swimmers | 3 Technical Officials for every session, at least one of which must be a Judge 2 or above |
| 17-20 swimmers | 4 Technical Officials for every session, at least one of which must be a Judge 1 or above and one must be a Judge 2 or above |
| 21-24 swimmers | 5 Technical Officials for every session, at least one of which must be a Judge 1 or above and one must be a Judge 2 or above |
| 25+ swimmers | 6 Technical Officials for every session, at least two of which must be a Judge 1 or above and one must be a Judge 2 or above |

For the purpose of determining how many swimmers a Club has entered into a North District Meet or Championships, only swimmers entered into individual events shall be counted in accordance with SW 6.3

Please note these are the minimum requirements, extra officials are always welcome.
2 All officials should be entered in Part 1, the 'Officials Session' - this includes mentoring requests
3 The 'Duty' column should indicate the duty i.e. TK, J1, J2, J2S, REC
4 Any probationary Timekeepers or Judges requiring specific signatures following the old process e.g. Chief Timekeeper, Stroke Judge, can include requests for those in the 'Signature Required' column
5 The 'Mentor Session' column should be completed to indicate which of the specified sessions are requests for mentoring
6 Details of all requests for mentoring should be completed in Part 2.
7 The 'Trainee' column should indicate J1, J2 or J2S as appropriate.
8 The Session column should indicated the requested mentor duty.
Notes: Mentoring will be at the discretion of the referee depending on the availability of suitable mentors.
For the purposes of Rule SW6.2 Trainee Judge 1 will count as Timekeeper, and Trainee Judge 2 \& 2 S count as Judge, however Trainees being mentored on the day will not count towards their club's provision of officials for the purposes of Rule SW6.4

