

# ABERDEEN ASC MINI-MEET



Aberdeen ASC invites you to their 9th Mini-Meet on

**SUNDAY 3<sup>rd</sup> March 2024 at THE INTERNATIONAL SCHOOL, ABERDEEN**

**Licence number: L3/ND/011/MAR24**

## **Under World Aquatics & SASA Rules**

**Pool:** 25m, 6 lanes, anti-turbulence ropes, deck-level. Please note there are no turning boards.

Backstroke ledges will not be used.

**Age Groups:** 8/under, 9 yrs, 10 yrs, 11 yrs, 12 yrs. Age on the day.

**Events:** 8/under: 25m Butterfly, Backstroke, Breaststroke and Freestyle

9, 10, 11 & 12 years: 50m Butterfly, Backstroke, Breaststroke and Freestyle

4x50 Freestyle Relay: Boys & Open, Female      4x50 Medley Relay: Boys & Open, Female

Events will be swum combined age groups, but awards will be for each age group.

Girls' events will be in Session 1 and Boys & Open events in Session 2.

**Relay Teams:** For all relays, the team should comprise 1 swimmer from age 12 yrs, 11 yrs, 10 yrs & 8/under. Swimmers cannot swim down an age group but can swim up an age group. Clubs can enter up to 2 relays per relay event. Entry times are not required for relay teams. Team lines must be submitted **at least 45 minutes** before the start of the session.

**Awards:** There will be awards for the top 3 swimmers/teams in each event. There will be an award for the top female and male teams plus top overall team, based on points. Relay teams will score double points. Points will be awarded from 12 for a 1<sup>st</sup> place down to 1 for a 12<sup>th</sup> place.

**Entries:** Entry files are available from: [aasc.meetentries@outlook.com](mailto:aasc.meetentries@outlook.com)

The closing date for entries is **Friday 2nd February 2024**. Late entries will only be considered if the meet is not full and priority will be given to entries submitted before the closing date. Late entries will be added into the programme in the order they are submitted. The Hy-Tek file and all other paperwork should be emailed to the Entries Secretary. Payment should also be made by this date, by BACS to the following account: Sort Code: 80-06-19 Account: 00996374 Name: Aberdeen ASC Reference: 2024 Mini Meet (club name). Entries will not be accepted from composite teams.

**Entry Fees:** £5.50 per individual and £8.00 per relay event.

**Technical Officials:** Technical officials are required to allow the meet to be accredited, so all participating clubs are asked to supply technical officials. The TO form below should be emailed to:

[aasc.technicalofficialstraining@gmail.com](mailto:aasc.technicalofficialstraining@gmail.com) by **Friday 2nd February 2024**.

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**Withdrawals:** Withdrawals can be made by email before **5pm Saturday 2<sup>nd</sup> March 2024** to: [aasc.meetentries@outlook.com](mailto:aasc.meetentries@outlook.com) Thereafter, they should be submitted to the recorders **at least 45 minutes** before the start of the session.

**Meet Convenor:** Alison Low  
Email : [alisonjlow@icloud.com](mailto:alisonjlow@icloud.com)

**Entries Secretary:** Chris Komar  
Email: [aasc.meetentries@outlook.com](mailto:aasc.meetentries@outlook.com)

## Programme of Events:

Session 1			Session 2		
Warm-up	8.00-8.45am		Warm-up	12.30pm-1.15pm	
Start	9.00am		Start	1.30pm	
Finish	12.00 noon		Finish	4.30pm	
Event 101	Girls	4x50 Freestyle Relay	Event 201	Boys&Open	4x50 Freestyle Relay
Event 102	Girls 9-12 yr	50m Freestyle	Event 202	Boys&Open 9-12 yr	50m Freestyle
Event 103	Girls 8 /under	25m Freestyle	Event 203	Boys&Open 8/under	25m Freestyle
Event 104	Girls 9-12 yr	50m Backstroke	Event 204	Boys&Open 9-12 yr	50m Backstroke
Event 105	Girls 8/under	25m Backstroke	Event 205	Boys&Open 8/under	25m Backstroke
Event 106	Girls 9-12 yr	50m Butterfly	Event 206	Boys&Open 9-12 yr	50m Butterfly
Event 107	Girls 8 yr	25m Butterfly	Event 207	Boys&Open 8 yr	25m Butterfly
Event 108	Girls 9-12 yr	50m Breaststroke	Event 208	Boys&Open 9-12yr	50m Breaststroke
Event 109	Girls 8/under	25m Breaststroke	Event 209	Boys&Open 8/under	25m Breaststroke
Event 110	Girls	4x50 Medley Relay	Event 210	Boys&Open	4x50 Medley Relay
Presentation for Best Female Club			Presentation for Best Boys&Open Club		
			Presentation for Best Club overall		

## General Information

1. Competitors must be SASA registered and numbers must be displayed on the entry files.
2. All entries must have an entry time, either an accredited time or training time. Any "no time" (NT) entries will be rejected and no refund will be made, apart for relay events which can be entered with NT.
3. All events are Heat Declared Winner.
4. The Gala Convenor retains the right to change warm-up times if necessary.
5. Manual timekeeping will be used.
6. Swimmers must report to marshalling 4 heats before their heat.
7. There will be no presentations for individual/relay events and swimmers should collect their awards from the medals table. The top club awards will be presented at the end of the session.
8. Any person wishing to take videos or photographs must sign a form at the recorder's table.
9. Phones must be switched off in the changing rooms and turned to silent in the pool hall.
10. 1 coach per 10 swimmers will be allowed on poolside.
11. Swimmers should wear club kit and pool shoes on the poolside.

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12. Swimmers 13 years and younger cannot compete wearing technical suits in Scottish Swimming licensed or registered events. Further information is available at:  
<https://www.scottishswimming.com/our-sports/swimming/swimsuits>
13. As of the 1st January 2024 the Scottish Swimming Transgender & Non-Binary Competition Policy was implemented nationally across all aquatics sports. Information can be found at:  
<https://www.scottishswimming.com/about-us/equality>. Any policy related matters that arise during the event should be reported to and will be recorded by the Meet Convenor/Lead Referee and these matters will be communicated to and managed post event by the relevant Scottish Swimming Staff. At no point will members be challenged on the day of a competition with any matters being resolved post event.  
As a result of this policy being implemented, any competitor intending to compete within the Female category at this event will be required to provide confirmation that their birth sex is female when signing up to the meet conditions through entry. By entering the Female category, athletes are therefore confirming their birth sex is female and are eligible to compete in the Female category.
14. There will be no spectating.

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## Entries Summary:

<b>Name of Club:</b>	
Contact email address:	
Contact telephone number:	
Contact address:	
Female Individual Entries @ £5.50 =	£
Boys&Open Individual Entries @ £5.50 =	£
Relay Team Entries @ £8.00 =	£
<b>TOTAL ENTRIES</b>	£

Please email a completed copy of this form and the Hy-Tek Team Manager entry file to:

[aasc.meetentries@outlook.com](mailto:aasc.meetentries@outlook.com)

By Friday 2<sup>nd</sup> February 2024

