

NAIRN DISTRICT ASC



IM CHALLENGE MEET

**Inverness Leisure, Bught Lane
Inverness IV3 5SS**

On

Sunday 28th May 2023

Licence No: L2/ND/036/MAY23

MEET INFORMATION

(UNDER FINA RULES AND SASA SWIMMING REGULATIONS)

Date: Sunday 28th May 2023

Pool: 8 lane, 25m pool, anti-turbulence lane ropes, electronic timing and deck level pool. Spectating area

Events: For all age groups there are 5 events - 50m Backstroke, Breaststroke, Butterfly, Freestyle and 100 IM.

Swimmers will be seeded in each event on entry times submitted.

At the end of an event, points will be awarded to each swimmer dependant on overall finishing position. The fastest swimmer will receive maximum points of 20 with next fastest 19, 18 etc this will continue for all five events at which point the points will be added up. At the end of the five events, the top eight swimmers from each age group will take part in a grand final.

Finals will be seeded on points with the grand final for age 9/10 swum over 100m Individual Medley and the grand final for all other age groups swum over 200m Individual Medley.

DO NOT ENTER FINALS – Entry processed on the day depending on points

Age groups: 9/10, 11/12, 13/14, 15+ **Age as at 28th May 2023.** Events will be swum as mixed age groups, with results sorted as age groups

Sessions: Session One - Warm-up 08.00 Start 09.15

Session Two Warm up 13.00 Start 14.15

Entry Fees: £30.00 irrespective of the number of events entered.

Payment can be made by **BACS** transfer to:

Account no: 00756319

Sort code: 80-09-17

Reference: *your club name*

Alternately cheques should be made payable to **Nairn District ASC.**

Meet Entries: **All entries must be on Hy-Tek Team Manager entry file.**

Entry files may be obtained by downloading from North District website (www.sasanorth.org.uk)

Entries may have to be limited dependent upon numbers received. Priority will be given to swimmers entering all events in their age group, then those entering 4,3 etc. In the event of entries still being excessive in any age group, the swimmers with the fastest 100IM time will be selected. Nairn District ASC reserves the right to swim a slower heat for their swimmers.

Entry to Events 205-212 will be processed on the day

Please return entry files to nairnmeetsecs@gmail.com.

Summary sheets can be emailed to the same address.

If sending by post, please send the summary sheet and cheque for entry fees to: -

Leona Ross
10 Battle Hill
Auldearn
IV12 5TP

Closing date for entries is Midnight 29th April 2023

Entry fees and summary sheets must be received within 3 days of closing date.

Awards: Prizes will be awarded to first, second and third in EACH grand final.
First- £20, Second - £10, Third - £5
Medals will also be awarded to 1st, 2nd and 3rd place in each event.

Withdrawals: Withdrawals prior to the competition should be emailed to Leona Ross at nairnmeetsecs@gmail.com to arrive no later than 5pm Friday 26th May. All details must be included on email withdrawals i.e. Name, Event No., Stroke, SASA No etc. Telephone withdrawals will not be accepted under any circumstances. Withdrawals on the day should be submitted on the withdrawals form made available and should be presented on the recorders table at least 1 hour prior to the start of each session. Please note that for anyone withdrawing on medical grounds, refunds will only be granted on production of a letter from a suitably qualified professional confirming withdrawal is recommended. The letter must be received within 7 days following the meet and should be dated no earlier than the closing date or later than 3 days from the date of the competition.

Officials: All clubs are respectfully requested to provide at least 3 officials per session to help on the day. Where possible 1 of which should be a judge. Without sufficient officials the meet will not be able to gain accreditation. A completed technical officials sheet should be sent in with summary sheet and entry fees or emailed to Leona Ross at nairnmeetsecs@gmail.com by Saturday 6th May 2023. Judges and Timekeepers in training, who are requiring specific signatures, should make this clear in their request. Requests will be accommodated only if the referee considers it practical.

Photos & mobiles:

Please note that anyone wishing to use photographic equipment for non-commercial purposes, including video cameras must register with the Meet Convener (application should be made on the appropriate SASA Health and Safety form and signed by the relevant club official).

No person may for commercial purposes take photographs or use any video recording equipment inside the event without the express written permission of Nairn District ASC.

No flash photography is permitted at any time within the competition pool area.

Mobile phones may not be used in the pool hall or in the changing village. Use of mobile phones within the building is limited to designated areas.

Meet regulations:

- No guarantee can be given by Nairn District ASC that the event will take place at a particular time or any particular date and Nairn District ASC reserves the right to reschedule the event without notice and without liability for so doing. It is expected that this would only happen as a result of unforeseen circumstances, e.g. venue/facility failure etc.
- In the event of postponement, cancellation or abandonment of the event, refunds if any, will be made at the absolute discretion of Nairn District ASC. Nairn District ASC will have no legal liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel and accommodation costs.

Notes:

- All swimmers entered must have paid their SASA membership fee for the current year. Registration numbers **must** be shown on entry files. A licence has been granted for this competition and accreditation will be applied for to the SASA North District.
- Technical Swimsuits - As of 1st September 2022, new regulations came into force regarding technical swimsuits. From this date all swimmers 13 years and younger cannot compete wearing technical suits in Scottish Swimming licensed or registered events.
- Morning technical officials will be offered lunch. Coaches lunches can be booked at £9.50 per person.
- Poolside access will be limited to one Coach per 10 swimmers, with a maximum of 3 Coaches at any one time.

- Participating clubs will receive one copy of start sheets. Results will be posted at the pool during the events and after the event on the North District website.
- Nairn District ASC Reserves the right to amend the programme at any time.
- Lockers provided in the changing rooms should be used to store all belongings. The meet organisers and the facility management cannot be held responsible for items lost during the course of the event.
- Teams are responsible for clearing their seating area before leaving at the end of the competition day.

PROGRAMME OF EVENTS

Session 1: Warm up 08.00

Start time 0915

101	Girls	100m Individual Medley
102	Boys	100m Individual Medley
103	Girls	50m Backstroke
104	Boys	50m Backstroke
105	Girls	50m Breaststroke
106	Boys	50m Breaststroke

Session 2: Warm up 1300

Start time 1415

201	Girls	50m Butterfly
202	Boys	50m Butterfly
203	Girls	50m Freestyle
204	Boys	50m Freestyle

FINALS

205	Girls 9/10	100m Individual Medley
206	Boys 9/10	100m Individual Medley
207	Girls 11/12	200m Individual Medley
208	Boys 11/12	200m Individual Medley
209	Girls 13/14	200m Individual Medley
210	Boys 13/14	200m Individual Medley
211	Girls 15 +	200m Individual Medley
212	Boys 15+	200m Individual Medley

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Sunday 28th May 2023 – Inverness Leisure

SUMMARY SHEET

Contact Details

Club Name/Abbr _____

Meet Secretary _____

Address _____

Post Code _____ Tel. No. _____

Email Address _____

Total Male Entries	@ £30.00	= £.....
Total Female Entries	@ £30.00	= £.....
Coach Meal Pass	@ £9.50	= £.....
		TOTAL	= £.....

CLOSING DATE FOR ENTRIES IS SATURDAY 29th April 2023 by MIDNIGHT

Payment can be made by **BACS** transfer to:

Account no: 00756319

Sort code: 80-09-17

Reference: your club name

Alternately cheques should be made payable to **Nairn District ASC.**

Declaration (This declaration **must** be completed by all competing clubs)

I confirm that all swimmers entered in this competition have paid their current SASA membership fee.

Signed _____

Club _____

Date _____

