



S.A.S.A North District

NORTH DISTRICT DEVELOPMENT MEET 2023 (UNDER WORLD AQUATICS AND SCOTTISH SWIMMING RULES)

24 & 25 JUNE 2023

INVERNESS LEISURE, BUGHT LANE, INVERNESS, IV3 5SS

MEET INFORMATION

Pool	25 Metres, 8 Lanes, Anti-turbulence ropes, Electronic Timing & Level Deck Pool, Omega Starting blocks with backplates & Backstroke ledges		
Sessions	Session One	Warm Up 09.30 - Start 10.35	
	Session Two	Warm Up 14.00 - Start 15.05	
	Session Three	Warm Up 08.30 - Start 09.35	
	Session Four	Warm Up 13.00 - Start 14.05	
	(SUBJECT TO CHANGE IF NECESSARY)		

This meet is a development opportunity for North District Swimmers. It is also an opportunity to achieve times for entry into the Scottish Swimming Junior & Youth Academy. In recognition of the impact on opportunity caused by relative age effect, age is at 30 June 2023.

Events 200m Freestyle, 200m Backstroke, 200m Breaststroke, 200m Butterfly, 200m Individual Medley, 400m Freestyle, 400m Individual Medley

Age As at 30 June 2023 Ages: 11/12 years, 13 years, 14 years and 15+ years

Eligibility to Enter This meet is open to swimmers who are members of clubs affiliated to the SASA North District

Entries Events files may be obtained by downloading from the North District website (www.sasanorth.org.uk) or contact Lesley Gatton at entries@sasanorth.org.uk

All entries must be on Hy-tek Team Manager entry file (District Rule SW 4.1.). Please return entry files to District Entries Secretary – entries@sasanorth.org.uk

Summary sheet and entry fees should be sent to:
Lesley Gatton, 152 Shillinghill, Alness, Ross-shire, IV17 0TD

Entries may have to be limited dependent upon numbers received. In the event that there is an oversubscription, entries will be accepted as evenly across the programme as is practical.

CLOSING DATE FOR ELECTRONIC ENTRIES IS FRIDAY 26 MAY 2023

Please note summary sheet and payment must be received within 3 postal days of this date and that due to previous late payments and the need to get the programme out timeously there will be zero tolerance of late payment and any entry that is not accompanied by payment in the specified timeframe will be rejected without delay.



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- Entry Fees** £6.00 per individual swim
Cheques should be made payable to SASA North District.
- Payment can alternatively be made by BACS. Reference should be DEV23 followed by your club code eg DEV23NANX. Bank details for BACS payments are on the summary sheet.
- Consideration Times** Consideration times are with the attached Programme of Events. The fee for entries received which are outwith the consideration times for any of the District Competitions shall not be refunded under any circumstances
- Early Withdrawals** Withdrawals prior to the event may be sent by email to: Lesley Gatton at entries@sasanorth.org.uk to arrive no later than 5pm on Thursday 22 June 2023.
- NB: All details must be included on e-mail withdrawals ie Name, Event No, Stroke, Comp No etc. Telephone withdrawals will not be accepted.
- Medical Withdrawals** In terms of SW4.7 entry fees will be refunded in the event of a swimmer being unable to take part due to illness or injury only in the following circumstances: The swimmer has been withdrawn in time according to the Meet Information. The swimmer can provide medical evidence confirming that they are unfit to swim to the District Entries Secretary at entries@sasanorth.org.uk within 14 days following the Meet. The letter should be dated not more than 4 weeks before the Meet and not more than 10 days following the last day of the meet.
- Withdrawals in relation to covid-19 will no longer receive an automatic refund and will be subject to the terms of SW4.7 as detailed above.
- Withdrawals at the Meet** Withdrawals from heats at the meet should be notified on the withdrawal form issued. The sheets should be handed in to the recorders table at least 1 hour prior to the start of the appropriate session. See SW5.1(b).
- Marshalling** There will be marshalling. All swimmers must attend marshalling before their events and are advised to attend in good time. The start of a race will not be delayed for absent competitors and swimmers who have not presented themselves to the marshals prior to their heat leaving the first marshalling area will not be permitted to swim and will be treated as a late withdrawal and fined accordingly.
- Reserves** Reserves for heats must marshal unless they have also withdrawn as above.
- Awards** Medals will be awarded for 1st, 2nd and 3rd places.
- Technical Officials** Lists of Technical Officials for all sessions must be emailed to the Meet Officials Convenor, Colin Oswald at theoswalds2@icloud.com no later than 14 days before the first day of the meet (9th June 2023).
- Technical Officials should be submitted on the North District pro-forma for this purpose and must be emailed (not posted) by the specified date.



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Technical Officials (cont)

The pro-forma is [North District Meet Officials Pro-Forma \(excel\)](https://www.sasanorth.org.uk/2023meets.html) on page <https://www.sasanorth.org.uk/2023meets.html>

Submission on the North District pro-forma is preferred but submissions can be sent using the form below. Please complete one section or sheet for each session of the meet.

Failing to submit the form in accordance with these conditions will be considered a failure to submit the form. North District rules SW 6.2 and SW4.1 refer. Please note that probationary Judges and Timekeepers wishing specific signatures, eg., Chief Timekeeper, Chief Inspector of Turns, Relays or Finish Order should make the request to the Meet Officials Convenor when names are submitted. Mentoring will be at the discretion of the referee depending on the availability of suitable mentors.

Queries or changes to Technical Officials after the closing date should be directed to Colin Oswald at theoswalds2@icloud.com

Notes

All swimmers entered must have paid their SASA membership fee for the current year and be members of a club affiliated to the SASA North District. Registration numbers must be shown on entry files. A Licence has been granted for this competition and accreditation will be applied for to the SASA.

All participants should adhere to the Scottish Swimming Code of Ethics, and relevant codes of conduct.

Different persons have authority and overall responsibility for the running of the meet at different stages.

A list will be issued prior to the competition detailing whom you should approach with any queries, concerns or complaints during the various stages of the meet.

Photos/Videos

The use of mobile phones or other devices capable of photography are not permitted at any time in the changing village, toilets or shower areas and they must be switched to silent in the pool hall.

Any devices that are to be used for video/photography in the poolhall must be registered using the QR code available at the venue and in the event participant information.



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Media & Photography Information

Throughout this event SASA North District may have authorised media partners taking static photographs and video footage. These images are intended solely for the purposes of promotion and celebration of the activities and may include live streaming on the internet. Images will be uploaded to our website and our social network sites.

Should any competitor wish not to be photographed please complete the Media/Photography Refusal of Consent Form which is available on our website.

If at any time a competitor wishes a static image to be removed from our website, 7 days' notice must be given to SASA North District after which the data will be removed.

Data Protection Statement

In order to operate this meet, we have a legitimate interest to collect and process some basic personal data from all competitors, specifically name, gender, date of birth.

This data will be held securely and only used for the purposes of managing the meet and reporting results. Dates of birth will only be shared with -

Scottish Swimming for the purpose of maintaining the National Database which is used for Squad Selection and
Swim England for inclusion on Rankings

Names, gender and age (but not date of birth) will be retained and will be shared with attending clubs and may be published for the purpose of reporting and keeping records.

Technical Swimsuits

As of 1st September 2022, new regulations came into force regarding technical swimsuits. From this date all swimmers 13 years and younger cannot compete wearing technical suits in Scottish Swimming licensed or registered events.

For further information and FAQ's please see link below.

[Swimsuits | Scottish Swimming](#)

Disclaimer No guarantee can be given by SASA North District that the meet will take place at a particular time, on any particular date or at any particular venue. SASA North District reserves the right to cancel the meet without notice and without liability for doing so if required. The meet will not be rescheduled if it is unable to take place on the scheduled dates.

In the event of cancellation or abandonment of the event, refunds if any, will be made at the absolute discretion of SASA North District. SASA North District will have no legal liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel, catering and accommodation.

**Meet
Convenor**

Jayne Prosser

Email: jayneprosser@hotmail.com

NORTH DISTRICT DEVELOPMENT MEET - 24 & 25 JUNE 2023 - INVERNESS LEISURE

PROGRAMME OF EVENTS

(ALL EVENTS ARE HEAT DECLARED WINNER)

Session 1	Warm-up 09.30am	Start 10.35am	Session 2	Warm-up 2.00pm	Start 3.05pm
Event 101	Girls 11/12, 13 years	200m Individual Medley	Event 201	Boys 14, 15+ years	200m Individual Medley
Event 102	Boys 11/12, 13 years	400m Freestyle	Event 202	Girls 14, 15+ years	400m Freestyle
Event 103	Girls 14, 15+ years	200m Backstroke	Event 203	Boys 11/12, 13 years	200m Backstroke
Event 104	Boys 14, 15+ years	400m Individual Medley	Event 204	Girls 11/12, 13 years	400m Individual Medley
Event 105	Girls 11/12, 13 years	200m Freestyle	Event 205	Boys 14, 15+ years	200m Freestyle
Event 106	Boys 11/12, 13 years	200m Breaststroke	Event 206	Girls 14, 15+ years	200m Breaststroke
Event 107	Girls 14, 15+ years	200m Butterfly	Event 207	Boys 11/12, 13 years	200m Butterfly
Session 3	Warm-up 08.30am	Start 9.35am	Session 4	Warm-up 1.00pm	Start 2.05pm
Event 301	Boys 11/12, 13 years	200m Individual Medley	Event 401	Girls 14, 15+ years	200m Individual Medley
Event 302	Girls 11/12, 13 years	400m Freestyle	Event 402	Boys 14, 15+ years	400m Freestyle
Event 303	Boys 14, 15+ years	200m Backstroke	Event 403	Girls 11/12, 13 years	200m Backstroke
Event 304	Girls 14, 15+ years	400m Individual Medley	Event 404	Boys 11/12, 13 years	400m Individual Medley
Event 305	Boys 11/12, 13 years	200m Freestyle	Event 405	Girls 14, 15+ years	200m Freestyle
Event 306	Girls 11/12, 13 years	200m Breaststroke	Event 406	Boys 14, 15+ years	200m Breaststroke
Event 307	Boys 14, 15+ years	200m Butterfly	Event 407	Girls 11/12, 13 years	200m Butterfly

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Consideration Times - Age at 30 June 2023

Times to be equal to or slower than Scottish National Junior Academy times as shown in the table below.

Boys				Event	Girls			
11/12	13	14	15+		15+	14	13	11/12
02:30.09	02:20.99	02:10.97	02:03.54	200 Freestyle	02:10.15	02:16.71	02:25.04	02:34.72
05:21.05	05:01.59	04:40.15	04:24.27	400 Freestyle	04:34.72	04:48.54	05:06.12	05:26.56
02:44.00	02:34.06	02:23.11	02:14.99	200 Backstroke	02:23.57	02:30.42	02:39.58	02:50.24
03:02.25	02:51.20	02:39.03	02:30.01	200 Breaststroke	02:40.19	02:49.62	02:59.97	03:11.98
02:43.76	02:33.83	02:22.90	02:14.79	200 Butterfly	02:23.78	02:29.07	02:38.14	02:48.70
02:46.50	02:36.41	02:25.29	02:17.05	200 IM	02:26.41	02:33.81	02:43.18	02:54.06
05:57.55	05:35.87	05:12.00	04:54.31	400 IM	05:10.07	05:23.65	05:43.37	06:06.29

Please note, all events will be swum with age groups combined but medals will be awarded to each age group.

Times do not require to be accredited but should be **real** times achieved at accredited meets, non-accredited meets or club time trials.

Swimmers exceeding the consideration times after the entry date must be withdrawn and a refund will be given. See SW.14.1.2.



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SUMMARY SHEET

Club Name/Abbr _____

Meet Secretary _____
 Address _____

 Tel. No _____
 E-mail address _____

..... Individual Male Entries	@ £6.00	£
..... Individual Female Entries	@ £6.00	£
..... Coaches Meal Pass	@ £12.00	£
TOTAL		£

CLOSING DATE FOR ENTRIES IS 26 May 2023
Paperwork to be received within 3 postal days of closing date.

Cheques should be made payable to:
SASA NORTH DISTRICT
BACS Payment Reference DEV23 followed by Club Code
eg DEV23NANX
Have you enclosed or sent: Cheque (or paid by BACS)
Hy-tek Team Manager entry file
Summary Sheet

Declaration

I confirm that all swimmers entered in this competition have paid their current SASA membership fee.
 I confirm that any coaches passes will only be issued to individuals from our club that are known to have current enhanced disclosures and/or PVG.

Signed

Position in Club

Date



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(This declaration **must** be completed by all competing clubs)

NORTH DISTRICT DEVELOPMENT MEET - 24 & 25 JUNE 2023 - INVERNESS LEISURE **OFFICIALS SHEET - Please Note: This sheet to be emailed to the Meet Officials Convenor NOT the Entries Secretary**

Club _____
STO Contact Name: _____
Tel No: _____

Meet Officials Convenor: Colin Oswald
E-mail: theoswalds2@icloud.com

No of swimmers entered.....

Session 1										
	Judges	Judge Level	Club Code		Timekeepers	Club Code	SASA Number		Judge Mentoring	Training Level
	Name				Name				Name	
1				1				1		
2				2				2		
3				3				3		
4				4				4		
5				5				5		
6				6				6		
7				7				7		
8				8				8		
9				9				9		
10				10				10		
11				11				11		
12				12				12		



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COMPLETION AND OTHER NOTES

1. An Officials Sheet must be completed and emailed to the Meet Officials Convenor Colin Oswald at theoswalds2@icloud.com **no later than 14 days before the first day of the meet.**
2. Each Club's submission for ALL sessions should comply with North District **Swimming Regulation 6.3.1** as follows:-

Total number of club swimmers at Meet	Number of officials per Session
1 – 5	None
6 – 10	One official
11 – 15	Two officials at least one of which must be Judge 1 or Recorder
16 – 20	Two officials at least one of which must be Judge 1 or Recorder and another must be Judge 2 or above, or an AOE Operator
21 – 30	Three officials at least one of which must be Judge 1 or Recorder and another must be Judge 2 or above, or an AOE Operator
31 – 40	Four officials at least one of which must be Judge 1 or Recorder and one more must be Judge 2 or above, or an AOE Operator
41+	Five officials at least one of which must be Judge 1 or Recorder and another must be Judge 2 or above, or an AOE Operator

Please note that the number of swimmers is the number entered into the meet not the number in a session and that these are the minimum requirements.

3. For the purposes of Rule SW6.2 Trainee Judge 1 will count as Timekeeper, and Trainee Judge 2 & 2S count as Judge, however Trainees being mentored on the day will not count towards their club's provision of officials for the purposes of Rule SW6.5
SW6.6 Where the Referees in charge agree that there were sufficient Swimming Technical Officials present to ensure adequate cover in any session, an official might be mentored at the next level for which they were training without incurring a penalty for that session, even although this may technically leave their Club short of the numbers required to meet SW6.3. Officials carrying out scheduled Final Assessments will count at their existing level.
4. For the purpose of determining how many swimmers a Club has entered into a North District Meet or Championships, only swimmers entered into individual events shall be counted in accordance with SW 6.4

1	Only enter information in the green highlighted sections (the others are locked). Capital first letter then lower case.		
2	Please complete ALL the programmed sessions for the meet		
Judges			
3	Please complete each Column with the available judges for each session		
	Name	Club	Level
	Full name of Judge	Your club Initials	Current qualification
Time Keepers			
4	Please complete each Column with available Time Keepers for each session		
	Name	Club	
	Full name of time keeper	Your club Initials	
5	Mentoring - It is not always possible to facilitate mentoring due to lack of officials. Please enter those who require mentoring under their current qualification AND in the mentoring section. e.g. - If a time keeper is requesting a J1 mentoring session then please include the name in the Time keepers Column and in mentoring Column.		
Mentoring Requests			
	Name	Club	Level
	Full name of Trainee	Your club Initials	Level at which mentoring is required.