

NORTH DISTRICT AGE GROUP MEET 2023 (UNDER WORLD AQUATICS AND SCOTTISH SWIMMING RULES)

25 & 26 NOVEMBER 2023
INVERNESS LEISURE, BUGHT LANE, INVERNESS, IV3 5SS

MEET INFORMATION

Pool 25 Metres, 8 Lanes, Anti-turbulence ropes, Electronic Timing & Level Deck Pool

Sessions

Session One	Warm Up 09.30 - Start 10.35
Session Two	Warm Up 14.00 - Start 15.05
Session Three	Warm Up 08.30 - Start 09.35
Session Four	Warm Up 13.00 - Start 14.05

(SUBJECT TO CHANGE IF NECESSARY)

Events 50m Freestyle, Backstroke, Breaststroke, Butterfly
100m Freestyle, Backstroke, Breaststroke, Butterfly
200m Freestyle, Backstroke, Breaststroke, Butterfly, Individual Medley
400m Freestyle, Individual Medley
All events will be swum with age groups combined. All events will be heat declared winner.

Age As at 26 November 2023 - 10 - 12 years, 13/14 years

Eligibility to Enter This meet is open to swimmers who are members of clubs affiliated to the SASA North District

Entries All entries must be on Hy-tek Team Manager entry file (District Rule SW 4.1.). Entry files may be obtained by downloading from the North District website (www.sasanorth.org.uk) or contacting entries@sasanorth.org.uk

Please email completed entry files to the District Entries Secretary Lesley Gatton at entries@sasanorth.org.uk

Entries may have to be limited dependent upon numbers received. In the event that there is an oversubscription, entries will be accepted as evenly across the programme as is practical.

Entry Fees £7.00 per individual swim

Payment should be made by direct bank transfer. Reference should be AGE23 followed by your club code eg AGE23NAOX. Bank details for direct bank transfer payments are on the summary sheet.

CLOSING DATE FOR ENTRIES IS FRIDAY 27 OCTOBER 2023

Please note summary sheet and payment must be received within 3 postal days of this date and that due to previous late payments and the need to get the programme out timeously there will be zero tolerance of late payment and any entry that is not accompanied by payment in the specified timeframe will be rejected without delay.

Consideration Times

Consideration times are with the attached Programme of Events. The fee for entries received which are outwith the consideration times for any of the District Competitions shall not be refunded under any circumstances.

Para Swimming Events

North District swimmers between the ages of 10 and 14 with a disability who have a recognised classification (WPS, BS, BBS, UKSA or INAS-FID) and are registered members of Scottish Swimming will be eligible to compete in the multi-classification (MC) events. The MC events will be integrated into the heats of each age group seeded by absolute time. Please refer to the Supplementary Para Swimming Conditions for more information. **Please ensure that any MC swimmers are identified as such with their classification at the point of entry.**

Early Withdrawals

Withdrawals prior to the event may be sent by email to: Lesley Gatton at entries@sasanorth.org.uk to arrive no later than 5pm on Thursday 23 November.

NB: All details must be included on e-mail withdrawals ie Name, Event No, Stroke, Comp No etc. Telephone withdrawals will not be accepted.

Medical Withdrawals

In terms of SW4.7 entry fees will be refunded in the event of a swimmer being unable to take part due to illness or injury only in the following circumstances: The swimmer has been withdrawn in time according to the Meet Information. The swimmer can provide medical evidence confirming that they are unfit to swim to the District Entries Secretary at entries@sasanorth.org.uk within 14 days following the Meet. The letter should be dated not more than 4 weeks before the Meet and not more than 10 days following the last day of the meet.

Withdrawals at the Meet

Withdrawals from heats at the meet should be notified on the withdrawal form issued. The sheets should be handed in to the recorders table at least 1 hour prior to the start of the appropriate session. See SW5.1(b).

Marshalling

There will be marshalling. All swimmers must attend marshalling before their events and are advised to attend in good time. The start of a race will not be delayed for absent competitors. Swimmers may report to marshalling for more than one event where it is deemed that there will be insufficient time between races to marshal in good time for their next event. It is for the swimmer to inform the marshal if they are reporting for more than one event.

Swimmers who have not presented themselves to the marshals prior to their heat entering the final marshalling area will not be permitted to swim, will be treated as a late withdrawal, and may be fined accordingly.

Reserves

Reserves must marshal unless they have been withdrawn.

Awards

Medals will be awarded for 1st, 2nd and 3rd places by Age Group.

Technical Officials

Lists of Technical Officials for all sessions must be emailed to the Meet Officials Convenor, Colin Oswald at theoswalds2@icloud.com no later than 14 days before the first day of the meet (10th November 2023).

Technical Officials should be submitted on the North District pro-forma for this purpose and must be emailed (not posted) by the specified date. The pro-forma can be found here <https://www.sasanorth.org.uk/2023meets.html>

Failing to submit the form in accordance with these conditions will be considered a failure to submit the form. North District rules SW 6.2 and SW4.1 refer.

Technical Officials (cont)

Please note that probationary Judges and Timekeepers wishing specific signatures, eg., Chief Timekeeper, Chief Inspector of Turns, Relays or Finish Order should make the request to the Meet Officials Convenor when names are submitted.

Mentoring will be at the discretion of the referee depending on the availability of suitable mentors.

Queries or changes to Technical Officials after the closing date should be directed to Colin Oswald at theoswalds2@icloud.com

Notes

- All swimmers entered must have paid their SASA membership fee for the current year and be members of a club affiliated to the SASA North District. Registration numbers must be shown on entry files.
- A Licence has been granted for this competition and accreditation will be applied for to the SASA.
- All participants should adhere to the Scottish Swimming Code of Ethics, and relevant codes of conduct.
- Different persons have authority and overall responsibility for the running of the meet at different stages.
- A list will be issued prior to the competition detailing whom you should approach with any queries, concerns or complaints during the various stages of the meet.

Photography

Photos/Videos

The use of mobile phones or other devices capable of photography are not permitted at any time in the changing village, toilets or shower areas and they must be switched to silent in the pool hall.

Any devices that are to be used for video/photography in the poolhall must be registered using the QR code available at the venue and in the event participant information.

Media & Photography Information

Throughout this event SASA North District may have authorised media partners taking static photographs and video footage. These images are intended solely for the purposes of promotion and celebration of the activities and may include live streaming on the internet. Images will be uploaded to our website and our social network sites.

Should any competitor wish not to be photographed please complete the Media/Photography Refusal of Consent Form which is available on our website. If at any time a competitor wishes a static image to be removed from our website, 7 days' notice must be given to SASA North District after which the data will be removed.

Technical Swimsuits

As of 1st September 2022, regulations came into force regarding technical swimsuits. From this date all swimmers 13 years and younger cannot compete wearing technical suits in Scottish Swimming licensed or registered events. For further information and FAQ's please see link below.

[Swimsuits | Scottish Swimming](#)

Data Protection Statement

In order to operate this meet, we have a legitimate interest to collect and process some basic personal data from all competitors, specifically name, gender, date of birth.

This data will be held securely and only used for the purposes of managing the meet and reporting results. Dates of birth will only be shared with -

- Scottish Swimming for the purpose of maintaining the National Database which is used for Squad Selection and
- Swim England for inclusion on Rankings

Names, gender and age (but not date of birth) will be retained and will be shared with attending clubs and may be published for the purpose of reporting and keeping records.

Disclaimer No guarantee can be given by SASA North District that the meet will take place at a particular time, on any particular date or at any particular venue. SASA North District reserves the right to cancel the meet without notice and without liability for doing so if required. The meet will not be rescheduled if it is unable to take place on the scheduled dates.

In the event of cancellation or abandonment of the event, refunds if any, will be made at the absolute discretion of SASA North District. SASA North District will have no legal liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel, catering and accommodation.

Meet Convenor

Trish Sheldon trishsheldon9@gmail.com

AGE GROUP MEET 2023

25 & 26 NOVEMBER 2023 - INVERNESS LEISURE

Programme of Events

Saturday Session One

Event 101	Girls 10 – 14	200m Backstroke
Event 102	Boys 10 – 14	200m Freestyle
Event 103	Girls 10 – 14	50m Breaststroke
Event 104	Boys 10 – 14	50m Butterfly
Event 105	Girls 10 – 14	100m Butterfly
Event 106	Boys 10 – 14	100m Backstroke
Event 107	Girls 10 – 14	400m IM

Sunday Session Three

Event 301	Boys 10 – 14	200m Backstroke
Event 302	Girls 10 – 14	200m Freestyle
Event 303	Boys 10 – 14	50m Breaststroke
Event 304	Girls 10 – 14	50m Butterfly
Event 305	Boys 10 – 14	100m Butterfly
Event 306	Girls 10 – 14	100m Backstroke
Event 307	Boys 10 – 14	400m IM

Session Two

Event 201	Boys 10 – 14	50m Freestyle
Event 202	Girls 10 – 14	50m Backstroke
Event 203	Boys 10 – 14	400m Freestyle
Event 204	Girls 10 – 14	200m IM
Event 205	Boys 10 – 14	100m Breaststroke
Event 206	Girls 10 – 14	200m Breaststroke
Event 207	Boys 10 – 14	200m Butterfly
Event 208	Girls 10 – 14	100m Freestyle

Session Four

Event 401	Girls 10 – 14	50m Freestyle
Event 402	Boys 10 – 14	50m Backstroke
Event 403	Girls 10 – 14	400m Freestyle
Event 404	Boys 10 – 14	200m IM
Event 405	Girls 10 – 14	100m Breaststroke
Event 406	Boys 10 – 14	200m Breaststroke
Event 407	Girls 10 – 14	200m Butterfly
Event 408	Boys 10 – 14	100m Freestyle

AGE GROUP MEET 2023

25 & 26 NOVEMBER 2023 - INVERNESS LEISURE

Events & Consideration Times

Times must be equal to or faster than:

BOYS			EVENTS	GIRLS		
10-12 Years	13 Years	14 Years		14 Years	13 Years	10-12 Years
00:36.00	00:34.00	00:33.00	50 Freestyle	00:32.50	00:33.50	00:35.00
01:17.00	01:12.50	01:10.00	100 Freestyle	01:09.50	01:11.50	01:16.50
02:48.00	02:38.00	02:33.00	200 Freestyle	02:33.00	02:38.00	02:48.00
05:45.00	05:28.50	05:20.00	400 Freestyle	05:20.00	05:28.50	05:45.00
00:41.00	00:39.00	00:38.00	50 Backstroke	00:37.50	00:38.50	00:40.50
01:29.00	01:23.00	01:20.00	100 Backstroke	01:20.00	01:23.00	01:29.00
03:08.00	03:00.50	02:57.00	200 Backstroke	02:57.00	03:00.50	03:08.00
00:47.00	00:44.50	00:43.00	50 Breaststroke	00:42.50	00:43.50	00:46.50
01:42.00	01:34.50	01:31.00	100 Breaststroke	01:31.00	01:34.50	01:42.00
03:37.00	03:28.50	03:24.00	200 Breaststroke	03:21.00	03:25.50	03:34.00
00:40.00	00:37.50	00:36.00	50 Butterfly	00:36.00	00:37.30	00:40.00
01:40.00	01:30.00	01:25.00	100 Butterfly	01:24.00	01:28.50	01:38.00
03:50.00	03:30.00	03:20.00	200 Butterfly	03:20.00	03:30.00	03:50.00
03:10.00	02:59.50	02:54.00	200 Individual Medley	02:52.00	02:57.50	03:08.00
07:05.00	06:31.50	06:15.00	400 Individual Medley	06:15.00	06:31.50	07:05.00

Notes: Times do not require to be accredited but should be **real** times achieved at non-accredited meets or Club Time Trials

Supplementary Para Swimming Conditions and Entry Standards

These are to be adhered to in conjunction with the general conditions for the Age Group Meet.

The following events will be integrated into the heats according to eligibility criteria:

Event	Male	Female
50m Freestyle	S1 – S14	S1 – S14
100m Freestyle	S1 – S14	S1 – S14
200m Freestyle	S1 – S5 & S14	S1 – S5 & S14
400m Freestyle	S6 – S13	S6 – S13
50m Backstroke	S1 – S14	S1 – S14
100m Backstroke	S6 – S14	S6 – S14
50m Breaststroke	SB1 – SB9, SB11 - SB14	SB1 – SB9, SB11 - SB14
100m Breaststroke	SB4 – SB9, SB11 – SB14	SB4 – SB9, SB11 – SB14
50m Butterfly	S1 – S14	S1 – S14
100m Butterfly	S8 – S14	S8 – S14
200m IM	SM3 – SM14	SM3 – SM14

Eligibility

All Competitors must be registered as members of a swimming club affiliated to the SASA North District at the time of entry. **There are no entry standards.**

Competitors in WPS Classification S1 - S13 must have an authorised British Swimming or WPS classification, which is held on the Scottish Swimming Membership database at the time of entry.

Competitors in Classification S14 must have an authorised WPS, INAS-FID or UKSAPLD classification, which is held on the Scottish Swimming Membership database at the time of entry.

MC swimmers must be identified as such with their classification at the point of entry.

Meet entry secretaries MUST notify the North District that a swimmer is an MC swimmer and what classification they are at the point of entry.

General

- A copy of information held on the Scottish Swimming Membership database must be submitted to the Recording desk prior to the start of the session with the athlete's first event. No further submission is required following this. Any concerns about this, please speak to the Meet Convenor.
- All eligible swimmers will be integrated into the event seeded by absolute time.
- Where relevant, the competition shall take place under the relevant WP Swimming, Swimming Rules.
- Personal care attendants will only be permitted for swimmers in the following classes: S1, S2, S3, S4 and S11. A swimmer in any of the classes as specified above may have both a coach and a personal care attendant present. If 2 attendants are required by a swimmer in S11 class, this too will be permitted.



S.A.S.A North District

**NORTH DISTRICT AGE GROUP MEET 2023
26 & 27 NOVEMBER 2023- INVERNESS LEISURE**

SUMMARY SHEET

Club Name/Abbr _____

Match Secretary _____
Address _____

Tel. No _____
E-mail address _____

..... Individual Age Group Male Entries	@ £ 7.00	£
..... Individual Age Group Female Entries	@ £ 7.00	£
..... Coaches' Meal Pass	@ £24.00	£
		£

CLOSING DATE FOR ELECTRONIC ENTRIES – 27 OCTOBER 2023

Paperwork and payment to be received by the District Entries Secretary within 3 postal days of closing date.

CHEQUES SHOULD BE MADE PAYABLE TO:

**SASA NORTH DISTRICT or BACS Payment Reference
AGE23 followed by Club Code eg AGE23NANX
Sort Code 80-05-16 A/C No 00882011**

**Have you enclosed or sent: Cheque or BACS payment
Hy-tek Team Manager Entry File
Summary Sheet and Declaration**

Late payment will result in electronic entries being rejected

Declaration *I confirm that all swimmers entered in this competition have paid their current SASA membership fee. I confirm that all coaches and/or team staff from our club who will be on poolside are members of Scottish Swimming and have current PVG disclosure.*

Signed

Position in Club

Date

(This declaration **must** be completed by all competing clubs)



NORTH DISTRICT AGE GROUP MEET 2023 - 25 & 26 NOVEMBER 2023 - INVERNESS LEISURE

OFFICIALS SHEET - Please Note: This sheet to be emailed to the Meet Officials Convenor NOT the Entries Secretary

Club _____
 STO Contact Name: _____
 Tel No: _____
E-mail address _____

Meet Officials Convenor: Colin Oswald

E-mail: theoswalds2@icloud.com

No of swimmers entered.....

Session 1										
	Judges	Judge Level	Club Code		Timekeepers	Club Code	SASA Number		Judge Mentoring	Training Level
	Name				Name				Name	
1				1				1		
2				2				2		
3				3				3		
4				4				4		
5				5				5		
6				6				6		
7				7				7		
8				8				8		
9				9				9		
10				10				10		
11				11				11		
12				12				12		

COMPLETION AND OTHER NOTES

1. An Officials Sheet must be completed and emailed to the Meet Officials Convenor Colin Oswald at theoswalds2@icloud.com **no later than 14 days before the first day of the meet.**
2. Each Club's submission for ALL sessions should comply with North District **Swimming Regulation 6.3.1** as follows:-

Total number of club swimmers at Meet	Number of officials per Session
1 – 5	None
6 – 10	One official
11 – 15	Two officials at least one of which must be Judge 1 or Recorder
16 – 20	Two officials at least one of which must be Judge 1 or Recorder and another must be Judge 2 or above, or an AOE Operator
21 – 30	Three officials at least one of which must be Judge 1 or Recorder and another must be Judge 2 or above, or an AOE Operator
31 – 40	Four officials at least one of which must be Judge 1 or Recorder and one more must be Judge 2 or above, or an AOE Operator
41+	Five officials at least one of which must be Judge 1 or Recorder and another must be Judge 2 or above, or an AOE Operator

Please note that the number of swimmers is the number entered into the meet not the number in a session and that these are the minimum requirements.

3. For the purposes of Rule SW6.2 Trainee Judge 1 will count as Timekeeper, and Trainee Judge 2 & 2S count as Judge, however Trainees being mentored on the day will not count towards their club's provision of officials for the purposes of Rule SW6.5
SW6.6 Where the Referees in charge agree that there were sufficient Swimming Technical Officials present to ensure adequate cover in any session, an official might be mentored at the next level for which they were training without incurring a penalty for that session, even although this may technically leave their Club short of the numbers required to meet SW6.3. Officials carrying out scheduled Final Assessments will count at their existing level.
4. For the purpose of determining how many swimmers a Club has entered into a North District Meet or Championships, only swimmers entered into individual events shall be counted in accordance with SW 6.4

1	Only enter information in the green highlighted sections (the others are locked). Capital first letter then lower case.		
2	Please complete ALL the programmed sessions for the meet		
Judges			
3	Please complete each Column with the available judges for each session		
	Name	Club	Level
	Full name of Judge	Your club Initials	Current qualification
Time Keepers			
4	Please complete each Column with available Time Keepers for each session		
	Name	Club	
	Full name of time keeper	Your club Initials	
5	Mentoring - It is not always possible to facilitate mentoring due to lack of officials. Please enter those who require mentoring under their current qualification AND in the mentoring section. e.g. - If a time keeper is requesting a J1 mentoring session then please include the name in the Time keepers Column and in mentoring Column.		
Mentoring Requests			
	Name	Club	Level
	Full name of Trainee	Your club Initials	Level at which mentoring is required.