

**ELGIN ASC 'MINI GRAD'**  
**Saturday 16th May 2020**  
**Buckie Leisure Centre, South Pringle Street, Buckie, AB56 1PX**  
**CLOSING DATE FOR ENTRIES, SUMMARY SHEET & FEES:**  
**MIDNIGHT – FRIDAY 24th Apr 2020**

**Meet Information**

<b>Pool:</b>	5 lanes x 25m      Anti-turbulence ropes. NO electronic timing.
<b>Sessions:</b>	<b>Session One:      Warm Up      08:00      Start 09:05</b> <b>Session Two:      Warm Up      12:45      Start 13:50</b> <b>(Subject to change if necessary)</b>
<b>Events:</b>	<p>25m Backstroke, Breaststroke, Butterfly, Freestyle;  50m Backstroke, Breaststroke, Butterfly, Freestyle;  100m Backstroke, Breaststroke, Butterfly, Freestyle;  400m Freestyle (<b>11 Years – 15 Years</b>)</p> <p>All individual events will be swum with age groups combined. All events will be heat declared winners.</p> <p><b>Maximum of 2 Teams only per Age Group:</b>  8/9 Years 25m Mixed (2 girls, 2 boys) Freestyle Relay;  10/11 Years 50m Mixed (2 girls, 2 boys) Freestyle Relay;  12/13 Years 50m Mixed (2 girls, 2 boys) Freestyle Relay;  14/15 Years 50m Mixed (2 girls, 2 boys) Freestyle Relay;  <b>Swimmers are <u>not</u> allowed to swim up an Age Group.</b></p> <p><b>Maximum of 2 Teams only per Age Group:</b>  8/9 Years 25m Mixed (2 girls, 2 boys) Medley Relay;  10/11 Years 50m Mixed (2 girls, 2 boys) Medley Relay;  12/13 Years 50m Mixed (2 girls, 2 boys) Medley Relay;  14/15 Years 50m Mixed (2 girls, 2 boys) Medley Relay;  <b>Swimmers are <u>not</u> allowed to swim up an Age Group.</b></p> <p>Programme of Events &amp; Consideration Times on separate sheet.</p> <p>No Swimmer under the age of 8 is permitted to swim. Entries will <b>not be accepted from composite teams.</b></p>
<b>Age:</b>	As at 16 May 2020 <b>8 years, 9/10 years, 11/12 years, 13/14 years &amp; 15 years.</b>
<b>Eligibility to Enter:</b>	All swimmers entered must have paid their SASA membership fee for the current year. Registration numbers must be shown on entry files.
<b>Consideration Times</b>	Yes - consideration times have been set for this meet. Elgin ASC reserves the right to restrict the number of heats in any event(s), to swim a slower heat for their Swimmers and to fill any empty lanes with Elgin ASC Swimmers. Heats will be swum slowest to fastest. Entries to the events will be restricted and will be accepted based on entry times. No NT entries will be accepted. Any entry not accepted will be refunded.
<b>Entry Fees:</b>	<p>£5.00 for 25m, 50m &amp; 100m events. £6.00 for 400m Freestyle. £7.00 for all relay events. Cheques should be made payable to Elgin ASC.</p> <p>Payment can alternatively be made by BACS. Account No: TSB Elgin A/C 00030028 Sort Code: 30-25-89. Reference should be <b>ELMGR</b> followed by your club code eg ELMGRNENX. Please contact Elgin ASC Treasurer for details if required <a href="mailto:t_abbott@hotmail.co.uk">t_abbott@hotmail.co.uk</a></p>

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<b>Entries:</b>	<p>All entries must be on Hy-tek Team Manager entry file (District Rule SW 4.1.). Entry files may be obtained by downloading from the North District website (<a href="http://www.sasanorth.org.uk">www.sasanorth.org.uk</a>) or contact Denise Brown at <a href="mailto:elginascmm@gmail.com">elginascmm@gmail.com</a></p> <p>Entries may have to be limited dependent upon numbers received. In the event that there is an oversubscription, entries will be accepted as evenly across the programme as is practical.</p> <p>Draft Programme will be emailed to all participating clubs, with notice of entries/scratches. After this time no withdrawals for refund will be accepted unless notice of Doctors Note is given within 7 days of last day of meet.</p> <p><b>Please note Summary Sheet and Payment must be received within 3 postal days of closing date of (MIDNIGHT 24<sup>th</sup> APR) There will be zero tolerance of late payment and any entry that is not accompanied by payment in the specified timeframe will be rejected without delay.</b></p> <p>Please return entry files to – <a href="mailto:elginascmm@gmail.com">elginascmm@gmail.com</a> Summary sheet can be emailed and entry fees should be sent to:-  <b>Denise Brown, 7 Duffus Heights, ELGIN, IV30 5PA</b></p>
<b>Early Withdrawals:</b>	<p>Withdrawals prior to the event may be sent by email to: <a href="mailto:elginascmm@gmail.com">elginascmm@gmail.com</a> to arrive by <b>5pm at the latest on Thursday 14th May 2020.</b></p> <p>NB: All details must be included on e-mail withdrawals ie Name, Event No, Stroke, Comp No etc. Telephone withdrawals will not be accepted.</p>
<b>Withdrawals on the Day:</b>	<p>Withdrawals from heats should be notified on the withdrawal form. These will be at the recorders desk. These sheets should be handed back in at least 1 hour prior to the start of the appropriate session.</p>
<b>Marshalling</b>	<p>There will be marshalling. All swimmers must attend marshalling before their events and are advised to attend in good time. The start of a race will not be delayed for absent Swimmers who have not presented themselves to the marshals prior to their heat leaving. They will not be permitted to swim.</p>
<b>Awards:</b>	<p>Medals will be awarded to 1<sup>st</sup>, 2<sup>nd</sup> &amp; 3<sup>rd</sup> places in each Age Group for 25m, 50m &amp; 100m events. Trophy for 400m Freestyle winners only. Also award will be presented to best boy and girl in each Age Group.</p>
<b>Technical Officials:</b>	<p>Lists of Technical Officials for all sessions can be entered on the attached sheet and must be emailed to Anne Heald at <a href="mailto:anne_heald@hotmail.com">anne_heald@hotmail.com</a> <b>no later than (Friday 24<sup>th</sup> April 2020).</b></p> <p>Please note that probationary Judges and Timekeepers wishing specific signatures, i.e. Chief timekeeper or stroke, should make this request to the Meet Officials Convenor. For Trainee Judge 1, Judge 2 or Judge 2S, please see the Officials Sheet.</p> <p>Lunch will be provided for Officials. We are adopting a plastic free policy to help the environment. Could all Officials bring their own water bottle? Water and juice will be available throughout the weekend for top ups. Any queries or changes to Technical Officials after the closing date should be directed to Anne Heald at <a href="mailto:anne_heald@hotmail.com">anne_heald@hotmail.com</a></p>

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<b>Photography:</b>	<p>No photographic or video equipment will be allowed in any area without the prior approval of the Gala Convenor. Forms can be requested at the Elgin ASC desk in reception at Buckie Leisure Centre. Completed forms signed by a Club representative must be handed back to the Elgin ASC desk and a band/sticker will be issued.</p> <p>Use of mobile phones is <b>not permitted at any time in the changing area, showers or toilets</b>. They <b>must</b> be switched to silent on the pool deck.</p>
<b>Meet Convenor:</b>	Sharon Wood Email: <a href="mailto:elginascgc18@gmail.com">elginascgc18@gmail.com</a>
<b>Notes:</b>	<ol style="list-style-type: none"> <li>1. All participants are required to adhere to the Scottish Swimming Code of Ethics, and relevant codes of conduct.</li> <li>2. A Licence has been granted for this competition and accreditation will be applied for through SASA North District.</li> <li>3. Poolside/changing room access will be limited to team coaches and chaperones up to a maximum of one coach/chaperone per 10 swimmers, with a maximum of 3 coaches/chaperones at any one time.</li> <li>4. <b>Clubs are responsible for clearing their seating area of belongings, litter, etc. before leaving at the end of the competition day.</b> Bin liners for plastic bottles/recyclable items and for general waste will be distributed around the pool - please use them. <b>Glass bottles or containers and hot drinks are not permitted in the pool area</b> – this does <u>not</u> include the spectator areas.</li> <li>5. Coaches should ensure that their swimmers enter and exit the warm ups at the allotted times. Swimmers must not enter the pool until their warm-up start is announced and must follow all instructions. Full warm up details will be issued prior to the meet.</li> <li>6. Over the top starts will be issued at the discretion of the Meet Referee.</li> <li>7. Participating clubs will receive one copy of start sheets for each session.</li> <li>8. Please note there will be no access to poolside for spectators, spectators may only use the viewing gallery, although this may be used for swimmers depending on numbers.</li> </ol>
<b>Refreshments:</b>	Teas, Coffees and Snacks will be available to purchase on both days.

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**Programme of Events**

**Saturday**

**Session One**

<b>Event 101</b>	Boys	11 – 15 Years	400m Freestyle
<b>Event 102</b>	Girls	8 Years	25m Backstroke
<b>Event 103</b>	Boys	8 Years	25m Backstroke
<b>Event 104</b>	Girls	9–15 Years	50m Butterfly
<b>Event 105</b>	Boys	9–15 Years	50m Butterfly
<b>Event 106</b>	Girls	9–15 Years	100m Backstroke
<b>Event 107</b>	Boys	9–15 Years	100m Backstroke
<b>Event 108</b>	Girls	8 Years	25m Breaststroke
<b>Event 109</b>	Boys	8 Years	25m Breaststroke
<b>Event 110</b>	Girls	9–15 Years	50m Freestyle
<b>Event 111</b>	Boys	9–15 Years	50m Freestyle
<b>Event 112</b>	Girls	9–15 Years	100m Breaststroke
<b>Event 113</b>	Boys	9–15 Years	100m Breaststroke
<b>Event 114</b>	Mixed	8/9 Years (2 girls, 2 boys)	4 x 25m Freestyle Relay (Max 2 Teams)
<b>Event 115</b>	Mixed	10/11 Years (2 girls, 2 boys)	4 x 50m Freestyle Relay (Max 2 Teams)
<b>Event 116</b>	Mixed	12/13 Years (2 girls, 2 boys)	4 x 50m Freestyle Relay (Max 2 Teams)
<b>Event 117</b>	Mixed	14/15 Years (2 girls, 2 boys)	4 x 50m Freestyle Relay (Max 2 Teams)

**Session Two**

<b>Event 201</b>	Girls	11 – 15 Years	400m Freestyle
<b>Event 202</b>	Boys	8 Years	25m Butterfly
<b>Event 203</b>	Girls	8 Years	25m Butterfly
<b>Event 204</b>	Boys	9–15 Years	50m Backstroke
<b>Event 205</b>	Girls	9–15 Years	50m Backstroke
<b>Event 206</b>	Boys	9–15 Years	100m Butterfly
<b>Event 207</b>	Girls	9–15 Years	100m Butterfly
<b>Event 208</b>	Boys	8 Years	25m Freestyle
<b>Event 209</b>	Girls	8 Years	25m Freestyle
<b>Event 210</b>	Boys	9–15 Years	50m Breaststroke
<b>Event 211</b>	Girls	9–15 Years	50m Breaststroke
<b>Event 212</b>	Boys	9–15 Years	100m Freestyle
<b>Event 213</b>	Girls	9–15 Years	100m Freestyle
<b>Event 214</b>	Mixed	8/9 Years (2 girls, 2 boys)	4 x 25m Medley Relay (Max 2 Teams)
<b>Event 215</b>	Mixed	10/11 Years (2 girls, 2 boys)	4 x 50m Medley Relay (Max 2 Teams)
<b>Event 216</b>	Mixed	12/13 Years (2 girls, 2 boys)	4 x 50m Medley Relay (Max 2 Teams)
<b>Event 217</b>	Mixed	14/15 Years (2 girls, 2 boys)	4 x 50m Medley Relay (Max 2 Teams)

<b>CONSIDERATION TIMES</b>								
<b>Not Faster Than Times Below:</b>								
<b>Girls</b>				<b>Events</b>	<b>Boys</b>			
<b>9/10</b>	<b>11/12</b>	<b>13/14</b>	<b>15</b>		<b>9/10</b>	<b>11/12</b>	<b>13/14</b>	<b>15</b>
40.00	37.00	35.00	33.00	<b>50 Back</b>	40.00	37.00	34.00	31.00
45.00	40.00	39.00	38.50	<b>50 Breast</b>	45.00	40.00	38.00	35.00
40.00	35.00	33.00	32.00	<b>50 Fly</b>	40.00	35.00	32.00	29.00
35.00	32.00	30.00	29.50	<b>50 Free</b>	35.00	32.00	29.00	27.50
1:27.50	1:20.00	1:14.00	1:13.00	<b>100 Back</b>	1:27.50	1:20.00	1:12.00	1:06.00
1:35.00	1:26.00	1:23.00	1:21.50	<b>100 Breast</b>	1:35.00	1:26.00	1:21.00	1:17.00
1:27.50	1:15.00	1:12.00	1:11.50	<b>100 Fly</b>	1:27.50	1:15.00	1:10.00	1:06.00
1:13.00	1:08.00	1:04.00	1:03.50	<b>100 Free</b>	1:13.00	1:08.00	1:01.00	58.00
/	6:00.00	5:50.00	5:30.00	<b>400 Free</b>	/	6:00.00	5:50.00	5:30.00

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**Summary Sheet**

<b>Club Name/Abbr:</b>	<b>Meet Secretary:</b>
	<b>Address:</b>
	<b>Tel No:</b>
	<b>Email:</b>

<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 40%;">_____ Ind 25m Male/Female Entries</td> <td style="width: 10%;">@ £5.00</td> <td style="width: 10%;">£ .....</td> <td style="width: 40%;"></td> </tr> <tr> <td>_____ Ind 50m Male/Female Entries</td> <td>@ £5.00</td> <td>£ .....</td> <td></td> </tr> <tr> <td>_____ Ind 100m Male/Female Entries</td> <td>@ £5.00</td> <td>£ .....</td> <td></td> </tr> <tr> <td>_____ Ind 400m Male/Female Entries</td> <td>@ £6.00</td> <td>£ .....</td> <td></td> </tr> <tr> <td>_____ 4 x 25m Relay Mixed Entries</td> <td>@ £7.00</td> <td>£ .....</td> <td></td> </tr> <tr> <td>_____ 4 x 50m Relay Mixed Entries</td> <td>@ £7.00</td> <td>£ .....</td> <td></td> </tr> <tr> <td>_____ Coaches' Meal Pass <b>(each day)</b></td> <td>@ £5.00</td> <td>£ .....</td> <td></td> </tr> <tr> <td></td> <td style="text-align: right;"><b>Total:</b></td> <td>£ .....</td> <td></td> </tr> </table>	_____ Ind 25m Male/Female Entries	@ £5.00	£ .....		_____ Ind 50m Male/Female Entries	@ £5.00	£ .....		_____ Ind 100m Male/Female Entries	@ £5.00	£ .....		_____ Ind 400m Male/Female Entries	@ £6.00	£ .....		_____ 4 x 25m Relay Mixed Entries	@ £7.00	£ .....		_____ 4 x 50m Relay Mixed Entries	@ £7.00	£ .....		_____ Coaches' Meal Pass <b>(each day)</b>	@ £5.00	£ .....			<b>Total:</b>	£ .....		<p><b>Paperwork and Payment must be received within 3 postal days of closing date.</b></p> <p><b>Have you enclosed or sent:</b></p> <p><b>Cheque or BACS</b></p> <p><b>Hy-tek TM Entry Zip File</b></p> <p><b>Summary Sheet</b></p>
_____ Ind 25m Male/Female Entries	@ £5.00	£ .....																															
_____ Ind 50m Male/Female Entries	@ £5.00	£ .....																															
_____ Ind 100m Male/Female Entries	@ £5.00	£ .....																															
_____ Ind 400m Male/Female Entries	@ £6.00	£ .....																															
_____ 4 x 25m Relay Mixed Entries	@ £7.00	£ .....																															
_____ 4 x 50m Relay Mixed Entries	@ £7.00	£ .....																															
_____ Coaches' Meal Pass <b>(each day)</b>	@ £5.00	£ .....																															
	<b>Total:</b>	£ .....																															

**CHEQUES SHOULD BE MADE PAYABLE TO:**  
**Elgin ASC or BACS Account No: TSB Elgin A/C 00030028 Sort Code: 30-25-89.**  
**Payment Reference ELMGR followed by Club Code eg ELMGRNENX.**

**FOR REFUNDS AFTER MEET**

**Sort Code:** \_\_\_\_\_ **Bank/Account Number:** \_\_\_\_\_

**Declaration:** I confirm that all swimmers entered in this competition have paid their current SASA membership fee.

I confirm that all coaches and/or team staff from our club who will be on poolside are members of Scottish Swimming and have current PVG disclosure.

**Signed:** .....

**Position in Club:** ..... **Date:** .....

**(This declaration must be completed by all competing clubs)**

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**Officials Sheet - Please Note: This sheet to be emailed to Anne Heald**

**Club:** \_\_\_\_\_

**Meet STO:** Anne Heald

**STO Contact Name:** \_\_\_\_\_

**Tel No:** \_\_\_\_\_

**E-mail:** [anne\\_heald@hotmail.com](mailto:anne_heald@hotmail.com)

**E-mail address:** \_\_\_\_\_

SESSION 1						
	Club Code	Name	TK/Judge	Level J1/J2/J2S		Mentoring Request
						J1/J2/J2S
<b>1</b>	NENX	EXAMPLE NAME	JUDGE	J1		J2
<b>2</b>						
<b>3</b>						
<b>4</b>						
<b>5</b>						
<b>6</b>						
<b>7</b>						
<b>8</b>						
<b>9</b>						
<b>10</b>						

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SESSION 2						
	Club Code	Name	TK/Judge	Level J1/J2/J2S		Mentoring Request
						J1/J2/J2S
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						