



# *S.A.S.A North District*

---

## **Participant Information – North District Time Trials**

### **Coaches' Packs:**

Coaches packs will be available from the recorders desk for each club on arrival, situated outside the AOE room at the start end of the pool.

### **Changing Village**

Swimmers clothing, kit bags, etc. must be placed in the lockers provided (£1 coin needed). No belongings can be left in the changing cubicles. Bags must not be taken on to poolside due to restricted competitor seating. Consumption of food is not allowed in the changing village.

**Photography of any description is prohibited in the changing village, showers and toilets.**

### **Swimmers/Teams**

Teams will be able to choose their own seating in the available areas. Team seating will be available on the far side, turn end and near side of the pool up to the marked division.

As seating is restricted, coaches/team staff on poolside will be limited to one per ten swimmers up to a maximum of three for any team.

### **Spectators**

All seating in the main pool hall spectator area is available except for any designated VIP seating, and other marked areas. These will be clearly signed. Spectator admission will be free of charge.

### **Warm Up/Swim Down**

Access to the pool deck is from 15 minutes before the start of the first warm up of each day. Guidelines for the effective running of warm-ups will be enclosed in your information pack. Warm up for each session a single 40 minute session without segregation. Please comply with allotted warm up times and announcements and co-operate with the warm up Supervisors.

The diving hall pool (25m) is not available for this meet as it is being used for other public activities. Please be aware of and be respectful towards other users. The main pool MAY be available for swim down at the end of each session in which case swimmers must not enter the pool unless an announcement is made. Coaches/ Team Managers must supervise their swimmers during warm up/swim down

### **Marshalling**

Competitors, including reserves, are required to report to Call Room 1 (signed) in good time. Start sheets with expected event start times will be issued and at least 10 minutes prior to the start of the event is suggested for marshalling. Any swimmer who fails to report by the time their heat leaves Call Room 1 will be deemed to have withdrawn from the event and may be fined accordingly. If a swimmer is in two events in quick succession they may report for both.

### **Withdrawals**

Withdrawals should be made using the sheet(s) provided and by the deadline announced. Failure to notify a withdrawal prior to the start of the competition may result in a fine. Please check that any prior email withdrawals have been removed from or noted on the sheet.

### **Presentations**

There are no medals or presentations at this meet.

### **Photography /Videos**

Photographic and video equipment, (including mobile phone cameras and iPad/tablet cameras) to be used in the pool halls must be registered on the appropriate form. One form will be included the information pack for the convenience of coaches/team managers. Additional forms or a book with a declaration will be available from the information desk. Due to space restriction, photography/video on the pool deck except by officially appointed photographers, is not permitted.

**The use of mobile phones as phones in the pool hall is prohibited during the competition and call functions should be disabled.** If you are using your mobile phone for other purposes (eg meet mobile) please ensure it is switched to silent.

### **General**

All participants should adhere to the Scottish Swimming Code of Ethics, and relevant codes of conduct - see attached. Please ensure that your team is aware of this.

Vuvuzelas are not permitted at this meet. Air horns are not permitted. Please ensure quiet for the starts.

### **Swim Shop**

There is no swim shop at this meet.

Different people have authority and overall responsibility for the running of the meet at different stages. The list below shows whom you should approach with any queries, concerns or complaints during the various stages of the meet.

<b>Arrival – Start of Competition</b>	<b>Meet Convenor</b>	Mark Perry
<b>During Competition Session</b>	<b>Session Referees Day 1</b>	Durno Jessiman Matt Huntington
	<b>Session Referees Day 2</b>	Diane Smith Alison Bain
<b>Between Competition Sessions</b>	<b>Meet Convenor</b>	Mark Perry
<b>End of Competition – Departure</b>	<b>Meet Convenor</b>	Mark Perry

## CODE OF ETHICS

Sporting integrity is based on the acceptance of rules, fairness, equality, respect for others, moral conduct and a sense of what is right.

Violence, breaking the rules, abuse of drugs, lack of fair play and other unethical behaviours are unacceptable to the Scottish Amateur Swimming Association Limited.

Scottish Swimming Staff, Board of Directors, Council, Districts, Committees, Members, Clubs and their members agree to:

- ☑ Abide by the principles above.
- ☑ Sign and agree to relevant Codes of Conduct.
- ☑ Set a good example at all times.
- ☑ Follow the spirit of policies as required, e.g. Equity.
- ☑ Abide by and agree to international/national policies and guidelines, e.g. anti-doping, Child Protection Procedures.

**Scottish Swimming**

**National Swimming Academy**

**University of Stirling**

**Stirling**

**FK9 4LA**

**Tel: 01786 466520**

**Fax: 01786 466521**

**Email: [info@scottishswimming.com](mailto:info@scottishswimming.com)**

**Website: [www.scottishswimming.com](http://www.scottishswimming.com)**