



S.A.S.A North District

AGE GROUP SWIMMING CHAMPIONSHIPS 2018

(UNDER FINA AND SASA RULES)

Round 1 – 3/4 FEBRUARY 2018

Round 2 – 17/18 FEBRUARY 2018

ABERDEEN SPORTS VILLAGE AQUATICS CENTRE

Regent Walk, Aberdeen, AB24 1SX

MEET INFORMATION

Pool 50 metres, 10 lanes, deck level, full electronic timing
There is no separate swim down facility

Sessions **Both Rounds**

Session One	Warm Up 08.00	- Start 09.00	- Finish 11.40
Session Two	Warm Up 12.15	- Start 13.15	- Finish 15.45
Session Three	Warm Up 16.15	- Start 17.05	- Finish 18.40
Session Four	Warm Up 08.00	- Start 09.00	- Finish 11.40
Session Five	Warm Up 12.15	- Start 13.15	- Finish 15.45
Session Six	Warm Up 16.15	- Start 17.05	- Finish 18.40

(SUBJECT TO CHANGE IF NECESSARY)

Events 50m Backstroke, Butterfly, Breaststroke and Freestyle – Heats and Finals
100m Backstroke, Butterfly, Breaststroke and Freestyle – Heats and Finals
200m Ind. Medley – Heats and Finals
200m Backstroke, Butterfly, Breaststroke and Freestyle - HDW
400m Freestyle and Individual Medley - HDW
800m and 1500m Freestyle - HDW
4 x 100m Freestyle and 4 x 100m Medley Relays – HDW
4 x 50m Freestyle and 4 x 50m Medley Relays – HDW

Age at In accordance with British Swimming requirement age is at 31 December 2018

Competitors may swim only in their own age groups – see below

Ages and Times There are separate consideration times for girls and boys ages 11/12 years, 13 years, 14 years, 15 years, 16 years and 17 and over to maximise opportunity. Please note that –

- individual events will be swum combined for ages 11 – 15 and 16 and over in heats and in timed finals
- finals, including timed final events will be swum combined according to age groupings 11-13 years, 14/15 years, 16/17 years and 18 years and over

Consideration times for individual events are attached. Entries may have to be limited dependent upon numbers received in which case entries will be accepted across age groups (entry age) as evenly as is practical.

In the 400 IM, 800m and 1500m events the youngest age group will be 12/13 years and entries will not be accepted from swimmers born in 2007.

Ages and Times (cont) Team events will be open to teams comprising swimmers aged 11-14 and swimmers aged 15 and over. Each event will be run separately OR combined and seeded by time at the discretion of the referee.

There are no consideration times for relay events but entry times must be submitted and these should be the sum of the times of four swimmers eligible to swim in that event. Proof of entry times may be requested and entries may have to be limited dependent upon numbers received in which case they will be accepted according to seed time and across age groups as evenly as is practical.

Para Swimming Events Swimmers who hold a current national or international classification for functional, visually impaired or intellectual disability and are registered members of a club affiliated to the SASA North District are eligible to compete in Para Swimming events. The Para Swimming events will be heat declared winner open age group events and will be integrated into the heats seeded by time. Please refer to the Supplementary Para Swimming Conditions for more information.

Entries Entries for this Championships will only be accepted from clubs affiliated to S.A.S.A. North District. All entries must be on Hy-tek Team Manager entry file (District Rule SW 4.1.).

Entry files may be obtained by downloading from the North District website (www.sasanorth.org.uk).

Please email entry files to – entries@sasanorth.org.uk

Summary sheet and entry fees should be sent to –

Sandra Middleton, 19 Slains Terrace, Bridge of Don, Aberdeen, AB22 8TU (summary sheet may be emailed with entry files).

Payment can alternatively be paid by BACS. Reference should be AGECE, followed by the club code e.g. AGECEANX

CLOSING DATE FOR ELECTRONIC ENTRIES
ROUND 1 - FRIDAY 5 JANUARY 2018 for both rounds

The fee for entries received which are outwith the consideration times for any of the District competitions shall not be refunded under any circumstances. Please note that accredited times are required for Age Group Championships entries.

Please note summary sheet and payment must be received within 3 days of this date and that due to previous late payments and the need to get the programme out timeously there will be zero tolerance of late payment and any entry that is not accompanied by payment in the specified timeframe will be rejected without delay.

Early Withdrawals Withdrawals prior to the event may be e-mailed to entries@sasanorth.org.uk to arrive by 5pm at the latest on Friday 2 February 2018 for Round 1 and Friday 16 February 2018 for Round 2.

NB: All details must be included on e-mail withdrawals ie Name, Event No, Stroke, Comp No etc. Telephone withdrawals will not be accepted.

Withdrawals at the Meet Withdrawals from heats at the meet should be notified on the withdrawal form issued. The sheets should be handed in to the recorders table at least 1 hour prior to the start of the appropriate session. See SW5.1(b).

Qualifying for Finals

There will be heats and finals for all 50m, 100m events and for 200m Individual Medley with the finals age-grouped as 11-13 years, 14/15 years and 16/17 years and 18 years and over.

Withdrawals from Finals

Swimmers who wish to withdraw from a final must inform the recorder and complete the withdrawal form no later than 30 minutes after finalists lists have been published or announced. This will ensure that a reserve can be given the opportunity to compete and the final seeded accordingly. Rule SW 5.1 refers. Withdrawals from finals or in the case of illness should be completed on the old style withdrawal forms available from the recorders.

Any competitor withdrawing from a final in such a manner as to prevent a reserve taking part (except in the case of proven illness or emergency) shall be suspended immediately from all further events at the Meet. Where a reserve is brought in at short notice, the reserve shall occupy the vacant lane; there will be no re-seeding.

Marshalling

There will be marshalling for heats and for finals. All swimmers must attend marshalling before their events and are advised to attend in good time. The start of a race will not be delayed for absent competitors and swimmers who have not presented themselves to the marshals prior to their heat leaving at the first marshalling area will not be permitted to swim and will be treated as a late withdrawal and fined accordingly.

Reserves must marshal unless they have also withdrawn as above.

Awards

Full details will be issued in the Coaches Information.

Medals will be awarded for 1st, 2nd and 3rd places according to age groupings 11-13 years, 14/15 years, 16/17 years and 18 years and over.

Grampian Rosebowl, Sam Muir Quaich, Jean Muir Memorial Trophies and Welsh Trophies will be awarded according to North District rule SW12.3. using FINA points as the scoring method. The Roy Wilson Trophy will be awarded to the Best Club, details will be in the Information packs.

Technical Officials

Lists of Technical Officials for all sessions must be emailed on the form for this purpose to the Meet Officials Convenor - Sean Dawson sdawson14@hotmail.com no later than 14 days before the first day of the meet (19 January) – North District rules SW 6.2. and SW4.1 refer.

The form attached to this meet information is acceptable, the excel spreadsheet that is available on the North District website (www.sasanorth.org.uk) is preferred.

Please note that probationary Judges and Timekeepers wishing specific signatures, i.e. Chief timekeeper or stroke, should make this request to the Meet Officials Convenor when names are submitted. For Trainee Judge 1, Judge 2 or Judge 2S, please see the Officials Sheet.

Any queries or changes to Technical Officials after the closing date should be directed to the Meet Officials Convenor, Sean Dawson, or emailed to sdawson14@hotmail.com

Additional Notes

1. All swimmers entered must have paid their SASA membership fee for the current year. Registration numbers must be shown on entry files. A Licence has been granted for this competition and accreditation will be applied for to the SASA.
All participants should adhere to the Scottish Swimming Code of Ethics, and relevant codes of conduct.
2. There will be no separate swim down facility in use during this meet.

3. The use of mobile phones is not permitted at any time in the changing village, toilets or showers and they must be switched to silent in the pool hall.

4. Poolside/changing room access will be limited to team coaches and chaperones up to a maximum of one coach/chaperone per 10 swimmers, with a maximum of 3 coaches/chaperones at any one time.

Access will be granted with a pass. Seating areas may be allocated to each team. Teams are responsible for clearing their seating area of belongings, litter, etc. before leaving at the end of the competition day. Bin liners for plastic bottles/recyclable items and for general waste will be distributed around the pool - please use them. Glass bottles or containers are not permitted in the pool hall – this includes the spectator areas.

5. Warm-up Supervisors are appointed at this meet in the competition pool to ensure safe conduct during the warm-up and that swimmers enter and exit the warm up at the allotted times. Swimmers must not enter the pool until their warm-up start is announced and must follow any instruction of the Warm-up Supervisors. Swimmers must leave the pool when the end of their warm up is announced. No diving into the pool during warm-up except in the designated lanes during the one-way sprints.

Full warm up details will be issued prior to the competition. The warm up may be segregated.

6. Vuvuzelas and air horns are not permitted at this meet.
7. Participating clubs will receive one copy of start sheets for each session.
8. Different persons have authority and overall responsibility for the running of the meet at different stages.

A list will be issued prior to the competition detailing whom you should approach with any queries, concerns or complaints during the various stages of the meet.

**Photos/
Videos**

Please note that anyone wishing to use photographic equipment, including video cameras must register with the Meet Convenor (application should be made on the appropriate SASA Health and Safety form and signed by the relevant club official).

**Meet
Convenor**

Round 1 Michelle McKay dyceascsecretary@hotmail.com

Round 2 Joan Gomes joangomes@btinternet.com

SASA NORTH DISTRICT AGE GROUP SWIMMING CHAMPIONSHIPS 2018 ROUND 1

3 & 4 FEBRUARY - ABERDEEN SPORTS VILLAGE AQUATICS CENTRE

Programme of Events

Session One

Event 101	Boys 16+	400m Individual Medley
Event 102	Girls 16+	200m Freestyle
Event 103	Boys 16+	100m Butterfly
Event 104	Girls 16+	100m Backstroke
Event 105	Boys 11 - 15	50m Breaststroke
Event 106	Girls 11 - 15	50m Butterfly
Event 107	Boys 16+	50m Backstroke
Event 108	Girls 16+	50m Freestyle
Event 109	Boys 12+	800m Freestyle
Event 110	Girls 16+	200m Breaststroke

Session Four

Event 201	Girls 16+	400m Ind. Medley
Event 202	Boys 16+	200m Freestyle
Event 203	Girls 16+	100m Butterfly
Event 204	Boys 16+	100m Backstroke
Event 205	Girls 11 - 15	50m Breaststroke
Event 206	Boys 11 - 15	50m Butterfly
Event 207	Girls 16+	50m Backstroke
Event 208	Boys 16+	50m Freestyle
Event 209	Girls 12+	1500m Freestyle
Event 210	Boys 16+	200m Breaststroke

Session Two

Event 121	Girls 11 - 15	200m Individual Medley
Event 122	Boys 11 - 15	200m Backstroke
Event 123	Girls 11 - 15	400m Freestyle
Event 124	Boys 11 - 15	100m Freestyle
Event 125	Girls 11 - 15	100m Breaststroke
Event 126	Boys 11 - 15	200m Butterfly

Session Five

Event 221	Boys 11 - 15	200m Ind. Medley
Event 222	Girls 11 - 15	200m Backstroke
Event 223	Boys 11 - 15	400m Freestyle
Event 224	Girls 11 - 15	100m Freestyle
Event 225	Boys 11 - 15	100m Breaststroke
Event 226	Girls 11 - 15	200m Butterfly

Session Three - Finals

Event 121A	Girls 11 - 13	200m Individual Medley
Event 121B	Girls 14/15	200m Individual Medley
Event 103A	Boys 16/17	100m Butterfly
Event 103B	Boys 18+	100m Butterfly
Event 104A	Girls 16/17	100m Backstroke
Event 104B	Girls 18+	100m Backstroke
Event 105A	Boys 11 - 13	50m Breaststroke
Event 105B	Boys 14/15	50m Breaststroke
Event 106A	Girls 11 - 13	50m Butterfly
Event 106B	Girls 14/15	50m Butterfly
Event 107A	Boys 16/17	50m Backstroke
Event 107B	Boys 18+	50m Backstroke
Event 108A	Girls 16/17	50m Freestyle
Event 108B	Girls 18+	50m Freestyle
Event 124A	Boys 11 - 13	100m Freestyle
Event 124B	Boys 14/15	100m Freestyle
Event 125A	Girls 11 - 13	100m Breaststroke
Event 125B	Girls 14/15	100m Breaststroke
Event 131A	Boys 11 - 14	4 x 100m Free. Relay
Event 131B	Boys 15+	4 x 100m Free. Relay
Event 132A	Girls 11 - 14	4 x 50m Medley Relay
Event 132B	Girls 15+	4 x 50m Medley Relay

Session Six - Finals

Event 221A	Boys 11 - 13	200m Ind. Medley
Event 221B	Boys 14/15	200m Ind. Medley
Event 203A	Girls 16/17	100m Butterfly
Event 203B	Girls 18+	100m Butterfly
Event 204A	Boys 16/17	100m Backstroke
Event 204B	Boys 18+	100m Backstroke
Event 205A	Girls 11 - 13	50m Breaststroke
Event 205B	Girls 14/15	50m Breaststroke
Event 206A	Boys 11 - 13	50m Butterfly
Event 206B	Boys 14/15	50m Butterfly
Event 207A	Girls 16/17	50m Backstroke
Event 207B	Girls 18+	50m Backstroke
Event 208A	Boys 16/17	50m Freestyle
Event 208B	Boys 18+	50m Freestyle
Event 224A	Girls 11 - 13	100m Freestyle
Event 224B	Girls 14/15	100m Freestyle
Event 225A	Boys 11 - 13	100m Breaststroke
Event 225B	Boys 14/15	100m Breaststroke
Event 231A	Girls 11 - 14	4 x 100m Free. Relay
Event 231B	Girls 15+	4 x 100m Free. Relay
Event 232A	Boys 11 - 14	4 x 50m Med. Relay
Event 232B	Boys 15+	4 x 50m Med. Relay

SASA NORTH DISTRICT AGE GROUP SWIMMING CHAMPIONSHIPS 2018 ROUND 2

17 & 18 FEBRUARY - ABERDEEN SPORTS VILLAGE AQUATICS CENTRE

Programme of Events

Session One

Event 301	Boys 16+	200m Individual Medley
Event 302	Girls 16+	50m Breaststroke
Event 303	Boys 16+	50m Butterfly
Event 304	Girls 11 - 15	50m Backstroke
Event 305	Boys 11 - 15	50m Freestyle
Event 306	Girls 16+	200m Backstroke
Event 307	Boys 16+	400m Freestyle
Event 308	Girls 16+	100m Freestyle
Event 309	Boys 16+	100m Breaststroke
Event 310	Girls 12+	800m Freestyle
Event 311	Boys 16+	200m Butterfly

Session Four

Event 401	Girls 16+	200m Ind. Medley
Event 402	Boys 16+	50m Breaststroke
Event 403	Girls 16+	50m Butterfly
Event 404	Boys 11 - 15	50m Backstroke
Event 405	Girls 11 - 15	50m Freestyle
Event 406	Boys 16+	200m Backstroke
Event 407	Girls 16+	400m Freestyle
Event 408	Boys 16+	100m Freestyle
Event 409	Girls 16+	100m Breaststroke
Event 410	Boys 12+	1500m Freestyle
Event 411	Girls 16+	200m Butterfly

Session Two

Event 321	Boys 11 - 15	200m Breaststroke
Event 322	Girls 11 - 15	100m Butterfly
Event 323	Boys 11 - 15	100m Backstroke
Event 324	Girls 11 - 15	400m Individual Medley
Event 325	Boys 11 - 15	200m Freestyle

Session Five

Event 421	Girls 11 - 15	200m Breaststroke
Event 422	Boys 11 - 15	100m Butterfly
Event 423	Girls 11 - 15	100m Backstroke
Event 424	Boys 11 - 15	400m Ind. Medley
Event 425	Girls 11 - 15	200m Freestyle

Session Three - Finals

Event 301A	Boys 16/17	200m Individual Medley
Event 301B	Boys 18+	200m Individual Medley
Event 322A	Girls 11 - 13	100m Butterfly
Event 322B	Girls 14/15	100m Butterfly
Event 323A	Boys 11 - 13	100m Backstroke
Event 323B	Boys 14/15	100m Backstroke
Event 302A	Girls 16/17	50m Breaststroke
Event 302B	Girls 18+	50m Breaststroke
Event 303A	Boys 16/17	50m Butterfly
Event 303B	Boys 18+	50m Butterfly
Event 304A	Girls 11 - 13	50m Backstroke
Event 304B	Girls 14/15	50m Backstroke
Event 305A	Boys 11 - 13	50m Freestyle
Event 305B	Boys 14/15	50m Freestyle
Event 308A	Girls 16/17	100m Freestyle
Event 308B	Girls 18+	100m Freestyle
Event 309A	Boys 16/17	100m Breaststroke
Event 309B	Boys 18+	100m Breaststroke
Event 331A	Girls 11 - 14	4 x 100m Medley Relay
Event 331B	Girls 15+	4 x 100m Medley Relay
Event 332A	Boys 11 - 14	4 x 50m Freestyle Relay
Event 332B	Boys 15+	4 x 50m Freestyle Relay

Session Six - Finals

Event 401A	Girls 16/17	200m Ind. Medley
Event 401B	Girls 18+	200m Ind. Medley
Event 422A	Boys 11 - 13	100m Butterfly
Event 422B	Boys 14/15	100m Butterfly
Event 423A	Girls 11 - 13	100m Backstroke
Event 423B	Girls 14/15	100m Backstroke
Event 402A	Boys 16/17	50m Breaststroke
Event 402B	Boys 18+	50m Breaststroke
Event 403A	Girls 16/17	50m Butterfly
Event 403B	Girls 18+	50m Butterfly
Event 404A	Boys 11 - 13	50m Backstroke
Event 404B	Boys 14/15	50m Backstroke
Event 405A	Girls 11 - 13	50m Freestyle
Event 405B	Girls 14/15	50m Freestyle
Event 408A	Boys 16/17	100m Freestyle
Event 408B	Boys 18+	100m Freestyle
Event 409A	Girls 16/17	100m Breaststroke
Event 409B	Girls 18+	100m Breaststroke
Event 431A	Boys 11 - 14	4 x 100m Med. Relay
Event 431B	Boys 15+	4 x 100m Med. Relay
Event 432A	Girls 11 - 14	4 x 50m Free. Relay
Event 432B	Girls 15+	4 x 50m Free. Relay

SASA NORTH DISTRICT AGE GROUP SWIMMING CHAMPIONSHIPS 2018

Round 1 – 3/4 FEBRUARY 2018 and Round 2 – 17/18 FEBRUARY 2018

Consideration Times:

Please note Accredited Times are required for Age Group Championships events. These times must have been achieved since 5 January 2017.

There will be spot checks on entry times and Clubs may be asked to verify them. Should you receive such a request you will also be advised of the deadline for verification. Any times which cannot be verified or which are not verified by the deadline will be automatically withdrawn as per Swimming Regulation 2.2. To avoid spot checks, please send a proof of entry report with your entries

Times below are long course times. Times converted from short course accredited competitions will also be accepted. Times must be equal to or faster than -

Women/Girls								Men/Boys						
<2000	<2001	2002	2003	2004	2005	2006/7	Event	2006/7	2005	2004	2003	2002	2001	<2000
00:31.3	00:31.3	00:32.8	00:33.5	00:34.6	00:35.6	00:37.0	50m Freestyle	00:38.5	00:36.0	00:33.2	00:31.5	00:30.7	00:28.4	00:28.4
01:06.9	01:06.9	01:10.7	01:12.0	01:14.7	01:17.7	01:22.0	100m Freestyle	01:24.6	01:17.6	01:12.6	01:07.6	01:05.7	01:00.8	01:00.8
02:25.4	02:25.4	02:32.1	02:36.2	02:41.1	02:47.4	02:57.9	200m Freestyle	03:06.3	02:49.8	02:36.3	02:27.6	02:24.7	02:14.9	02:14.9
05:07.6	05:07.6	05:19.0	05:23.9	05:32.3	05:44.3	06:01.2	400m Freestyle	06:20.7	05:48.1	05:21.4	05:06.9	05:00.9	04:48.8	04:48.8
10:26.5	10:26.5	10:50.0	11:01.0	11:19.0	11:48.3	11:48.3	800m Freestyle	12:02.3	12:02.3	11:03.4	10:41.7	10:19.4	10:01.8	10:01.8
19:56.2	19:56.2	20:40.7	21:01.4	21:35.1	22:30.1	22:30.1	1500m Freestyle	22:56.3	22:56.3	21:05.8	20:25.2	19:43.3	19:09.9	19:09.9
00:35.4	00:35.4	00:37.1	00:37.6	00:39.0	00:41.0	00:42.5	50m Backstroke	00:45.0	00:41.6	00:38.2	00:36.3	00:34.9	00:32.4	00:32.4
01:14.9	01:14.9	01:18.6	01:20.1	01:23.4	01:27.9	01:33.8	100m Backstroke	01:38.5	01:29.1	01:23.0	01:18.4	01:15.0	01:09.4	01:09.4
02:42.2	02:42.2	02:47.6	02:50.9	02:56.7	03:04.8	03:16.1	200m Backstroke	03:21.9	03:06.2	02:54.1	02:43.9	02:40.3	02:33.0	02:33.0
00:41.0	00:41.0	00:42.3	00:43.3	00:44.8	00:47.4	00:49.5	50m Breaststroke	00:52.5	00:47.7	00:43.0	00:40.7	00:38.7	00:36.3	00:36.3
01:29.8	01:29.8	01:32.0	01:34.3	01:37.0	01:42.2	01:49.7	100m Breaststroke	01:59.5	01:45.3	01:34.6	01:29.5	01:25.9	01:21.1	01:21.1
03:10.8	03:10.8	03:16.1	03:17.7	03:21.2	03:34.2	03:48.8	200m Breaststroke	04:05.4	03:39.1	03:18.5	03:07.8	03:02.0	02:52.7	02:52.7
00:34.1	00:34.1	00:35.3	00:36.5	00:37.7	00:40.0	00:42.5	50m Butterfly	00:46.0	00:41.0	00:36.8	00:34.5	00:32.9	00:30.0	00:30.0
01:15.1	01:15.1	01:18.5	01:20.6	01:24.5	01:30.6	01:38.8	100m Butterfly	01:45.1	01:32.4	01:22.8	01:15.9	01:12.7	01:06.3	01:06.3
02:45.8	02:45.8	02:54.7	02:59.2	03:06.2	03:22.0	03:42.4	200m Butterfly	03:47.7	03:21.2	03:01.5	02:50.3	02:43.6	02:32.1	02:32.1
02:45.2	02:45.2	02:52.8	02:55.3	03:01.4	03:09.3	03:19.8	200m I.M.	03:32.5	03:10.9	02:56.2	02:47.8	02:40.8	02:33.1	02:33.1
05:53.7	05:53.7	06:03.6	06:10.0	06:17.4	06:41.1	07:11.1	400m I.M.	07:31.0	06:44.9	06:06.8	05:53.0	05:45.1	05:25.2	05:25.2

SASA NORTH DISTRICT AGE GROUP SWIMMING CHAMPIONSHIPS 2018

**Round 1 – 3/4 FEBRUARY 2018 and Round 2 – 17/18 FEBRUARY 2018
ABERDEEN SPORTS VILLAGE AQUATICS CENTRE**

Supplementary Para Swimming Conditions and Entry Standards

These are to be adhered to in conjunction with the general conditions for the Age Group Championships.

The following events will be integrated into the heats according to eligibility criteria:

Event	Male and Female
50m Freestyle	S1 – S14
100m Freestyle	S1 – S14
200m Freestyle	S1 – S5 and S14
400m Freestyle	S6 – S14
50m Backstroke	S1 – S5
100m Backstroke	S6 – S14
50m Breaststroke	SB1 – SB3
100m Breaststroke	SB4 – SB9, SB11 – SB14
50m Butterfly	S2 – S7
100m Butterfly	S8 – S14
200m IM	SM5 – SM14

Eligibility

All Competitors must be registered as members of a swimming club affiliated to the SASA North District at the time of entry. **Entry standards are as attached and these are open age group standards.**

Functional (S1-S10, SB1-SB9, SM1-SM10)

- All competitors must have an authorised British Swimming or IPC Swimming classification, which is held on the British Swimming or IPC Swimming classification database at the time of entry.

Visual (S11-S13, SB11-SB13, SM11-SM13)

- All competitors must have an authorised British Blind Sport or IBSA Swimming classification, which is held on the British Swimming or IPC Swimming classification database at the time of entry.

Learning (S14, SB14, SM14)

- All competitors must have an authorised INAS-FID or UKSAPLD classification which is held on the database at the time of entry.

General

- All eligible swimmers will be integrated into the event seeded by absolute time.
- Where relevant, the competition shall take place under the relevant IPC Swimming, Swimming Rules.

Accreditation

- Coaches and personal care attendants must have accreditation. Personal care attendants will only be permitted for swimmers in the following classes: S1, S2, S3, S4 and S11. Such attendants will be excluded from any restrictions and will be given the same accreditation as the swimmer for whom they have personal care responsibilities. A swimmer in any of the classes as specified above may have both a coach and a personal care attendant present.

Medals

- There will be no medals for Para swimming events.

Standards

EVENT	CLASS	FEMALE	MALE	EVENT	CLASS	FEMALE	MALE	
50m FREESTYLE	S1	02:22.99	02:28.24	100m BACKSTROKE	S1	07:37.83	05:16.73	
	S2	02:01.41	01:50.55		S2	06:04.80	03:49.60	
	S3	01:21.01	01:23.88		S6	02:41.92	02:18.24	
	S4	01:10.09	01:10.67		S7	02:31.84	02:06.56	
	S5	01:06.28	00:59.86		S8	02:14.72	01:57.10	
	S6	01:01.51	00:54.18		S9	02:00.63	01:52.54	
	S7	00:57.70	00:49.39		S10	02:01.19	01:45.47	
	S8	00:53.09	00:47.53		S11	02:23.75	02:13.35	
	S9	00:50.12	00:44.22		S12	02:07.33	01:46.85	
	S10	00:48.48	00:41.19		S13	01:57.27	01:47.34	
	S11	00:53.16	00:46.38		S14	01:57.38	01:48.39	
	S12	00:49.44	00:42.41		50m BREASTSTROKE	SB1	03:50.89	03:02.63
	S13	00:48.01	00:42.06			SB2	04:44.63	01:45.03
	S14	00:48.52	00:43.18			SB3	01:46.59	01:22.31
			SB4	03:30.95		03:07.02		
100m FREESTYLE	S1	07:04.37	05:39.81	100m BREASTSTROKE	SB5	03:13.49	02:45.51	
	S2	05:48.69	04:26.71		SB6	03:00.35	02:27.25	
	S3	03:19.80	03:23.44		SB7	02:43.59	02:20.59	
	S4	02:30.45	02:32.83		SB8	02:23.26	02:05.95	
	S5	02:52.14	02:15.41		SB9	02:13.62	02:00.70	
	S6	02:11.09	01:58.22		SB11	02:43.78	02:24.52	
	S7	02:07.84	01:50.64		SB12	02:19.32	02:04.03	
	S8	01:54.22	01:44.02		SB13	02:14.42	01:58.54	
	S9	01:48.32	01:37.33		SB14	02:12.09	01:56.11	
	S10	01:44.97	01:29.40		50m BUTTERFLY	S1	05:00.00	05:00.00
	S11	02:01.24	01:44.33			S2	03:57.64	04:05.11
	S12	01:47.24	01:34.49			S3	02:35.87	02:23.11
	S13	01:45.03	01:31.32			S4	01:29.66	01:32.05
	S14	01:45.76	01:32.33			S5	01:24.37	01:06.64
			S6	01:10.24		00:57.51		
200m FREESTYLE	S1	11:15.63	08:43.43	S7	01:03.09	00:53.81		
	S2	11:49.48	08:49.06	S8	02:15.74	01:51.08		
	S3	06:04.55	06:14.09	S9	01:58.32	01:45.91		
	S4	05:51.07	05:29.32	S10	01:58.76	01:40.15		
	S5	06:09.07	04:54.17	S11	02:47.59	01:56.60		
	S14	03:44.88	03:22.72	S12	02:22.85	01:40.66		
400m FREESTYLE	S6	09:46.57	09:18.08	100m BUTTERFLY	S13	01:51.37	01:39.76	
	S7	09:37.88	08:18.95		S14	01:55.70	01:40.27	
	S8	08:27.06	07:55.56		SM5	06:39.21	07:00.27	
	S9	08:14.80	07:26.73		SM6	05:28.22	05:06.36	
	S10	08:00.39	07:09.76	SM7	05:17.83	04:41.50		
	S11	09:42.51	08:30.29	SM8	04:39.02	04:19.56		
	S12	09:03.69	08:11.06	SM9	04:32.46	03:59.70		
	S13	08:05.04	07:17.31	SM10	04:24.18	03:48.80		
50m BACKSTROKE	S14	08:14.22	07:15.95	200m IM	SM11	05:19.04	04:26.44	
	S1	03:51.05	02:30.94		SM12	04:59.64	04:06.75	
	S2	02:33.34	01:45.66		SM13	04:09.25	03:57.66	
	S3	01:37.21	01:26.29		SM14	04:12.57	03:50.23	
	S4	01:43.94	01:20.99					
S5	01:21.28	01:09.26						

SASA NORTH DISTRICT AGE GROUP SWIMMING CHAMPIONSHIPS 2018

Both rounds 1 & 2 - ABERDEEN SPORTS VILLAGE AQUATICS CENTRE

OFFICIALS SHEET - Please Note: This sheet to be emailed to the Meet Officials Convenor NOT the Entries Secretary

Club _____
 STO Contact Name: _____
 Tel No: _____
 E-mail address _____
E-mail address _____

Meet Officials Convenor: Sean Dawson
 Tel: 07961751652
 E-mail: sdawson14@hotmail.com

No of swimmers entered.....

Session 1				Judges				Time Keepers	
	Name	Club		Name	Club	Level	TK	Name	Club
Meet Referee			1				1		
			2				2		
Referees			3				3		
			4				4		
			5				5		
Starter			6				6		
Trainee Starter			7				7		
			8				8		
Chief Recorder			9				9		
Recorder			10				10		
			11				11		
AOE Operator			12				12		
			13				13		
Chief TK			14				14		
			15				15		
Announcer			16				16		
	Mentoring Req						17		
	Name	Club	Level				18		
Mentoring Req							19		
							20		
							21		
							22		
							23		
							24		
							25		
							26		
							27		
							28		

COMPLETION AND OTHER NOTES

- An Officials Sheet must be completed and emailed to the Meet Officials Convenor, Sean Dawson at sdawson14@hotmail.com **no later than 14 days before the first day of the meet.**
- Each session's submission should comply with North District **Swimming Regulation 6.3** as follows:-

4 swimmers or fewer	No Technical Officials required, but please return the form duly marked
5 – 8 swimmers	1 Technical Official for every session of the Meet
9 – 12 swimmers	1 Technical Official for every session, who must be a Judge 1 or above
13 – 16 swimmers	2 Technical Officials for every session, at least one of which must be a Judge 1 or above
17 – 20 swimmers	3 Technical Officials for every session, at least one of which must be a Judge 1 or above and one more must be a Judge 2 or above
21 – 24 swimmers	4 Technical Officials for every session, at least one of which must be a Judge 1 or above and one more must be a Judge 2 or above
25 - 49 swimmers	5 Technical Officials for every session, at least two of which must be Judge 1 or above and one more must be a Judge 2 or above
50+ swimmers	7 Technical Officials for every session, at least two of which must be Judge 1 or above and two more must be Judge 2 or above

Please note these are the minimum requirements, extra officials are always welcome.
- For the purposes of Rule SW6.3 Trainee Judge 1 will count as Timekeeper, and Trainee Judge 2 & 2S count as Judge, however Trainees being mentored on the day will not count towards their club's provision of officials for the purposes of Rule SW6.5
SW6.6 Where the Referees in charge agree that there were sufficient Swimming Technical Officials present to ensure adequate cover in any session, an official might be mentored at the next level for which they were training without incurring a penalty for that session, even although this may technically leave their Club short of the numbers required to meet SW6.2. Officials carrying out scheduled Final Assessments will count at their existing level.
- For the purpose of determining how many swimmers a Club has entered into a North District Meet or Championships, only swimmers entered into individual events shall be counted in accordance with SW 6.3

1	Only enter information in the yellow highlighted sections (the others are locked). Capital first letter then lower case.		
2	Please complete ALL the programmed sessions for the meet		
	Judges		
3	Please complete each Colum with the available judges for each session		
	Name	Club	Level
	Full name of Judge	Your club Initials	Current qualification
	Time Keepers		
4	Please complete each Colum with available Time Keepers for each session		
	Name	Club	
	Full name of time keeper	Your club Initials	
5	Mentoring - It is not always possible to facilitate mentoring due to lack of officials. Please enter those who require mentoring under their current qualification AND in the mentoring section. e.g. - If a time keeper is requesting a J1 mentoring session then please include the name in the Time keepers Column and in mentoring Colum.		
	Name	Club	Level
	Full name of Trainee	Your club Initials	Level at which mentoring is required.