

SASA NORTH DISTRICT AGE GROUP SWIMMING CHAMPIONSHIPS 2017 ROUND 1

4 & 5 FEBRUARY - ABERDEEN SPORTS VILLAGE AQUATICS CENTRE

Programme of Events

Session One

Event 101	Boys 16+	400m Individual Medley
Event 102	Girls 16+	200m Freestyle
Event 103	Boys 16+	100m Butterfly
Event 104	Girls 16+	100m Backstroke
Event 105	Boys 16+	50m Backstroke
Event 106	Girls 16+	50m Freestyle
Event 107	Boys 12+	800m Freestyle
Event 108	Girls 16+	200m Breaststroke

Session Four

Event 401	Girls 16+	400m Ind. Medley
Event 402	Boys 16+	200m Freestyle
Event 403	Girls 16+	100m Butterfly
Event 404	Boys 16+	100m Backstroke
Event 405	Girls 16+	50m Backstroke
Event 406	Boys 16+	50m Freestyle
Event 407	Girls 12+	1500m Freestyle
Event 408	Boys 16+	200m Breaststroke

Session Two

Event 201	Girls 11 - 15	200m Individual Medley
Event 202	Boys 11 - 15	50m Breaststroke
Event 203	Girls 11 - 15	50m Butterfly
Event 204	Boys 11 - 15	200m Backstroke
Event 205	Girls 11 - 15	400m Freestyle
Event 206	Boys 11 - 15	100m Freestyle
Event 207	Girls 11 - 15	100m Breaststroke
Event 208	Boys 11 - 15	200m Butterfly

Session Five

Event 501	Boys 11 - 15	200m Ind. Medley
Event 502	Girls 11 - 15	50m Breaststroke
Event 503	Boys 11 - 15	50m Butterfly
Event 504	Girls 11 - 15	200m Backstroke
Event 505	Boys 11 - 15	400m Freestyle
Event 506	Girls 11 - 15	100m Freestyle
Event 507	Boys 11 - 15	100m Breaststroke
Event 508	Girls 11 - 15	200m Butterfly

Session Three - Finals

Event 201A	Girls 11 - 13	200m Individual Medley
Event 201B	Girls 14/15	200m Individual Medley
Event 103A	Boys 16/17	100m Butterfly
Event 103B	Boys 18+	100m Butterfly
Event 104A	Girls 16/17	100m Backstroke
Event 104B	Girls 18+	100m Backstroke
Event 202A	Boys 11 - 13	50m Breaststroke
Event 202B	Boys 14/15	50m Breaststroke
Event 203A	Girls 11 - 13	50m Butterfly
Event 203B	Girls 14/15	50m Butterfly
Event 105A	Boys 16/17	50m Backstroke
Event 105B	Boys 18+	50m Backstroke
Event 106A	Girls 16/17	50m Freestyle
Event 106B	Girls 18+	50m Freestyle
Event 206A	Boys 11 - 13	100m Freestyle
Event 206B	Boys 14/15	100m Freestyle
Event 207A	Girls 11 - 13	100m Breaststroke
Event 207B	Girls 14/15	100m Breaststroke
Event 301A	Boys 11 - 14	4 x 100m Free. Relay
Event 301B	Boys 15+	4 x 100m Free. Relay
Event 302A	Girls 11 - 14	4 x 50m Medley Relay
Event 302B	Girls 15+	4 x 50m Medley Relay

Session Six - Finals

Event 501A	Boys 11 - 13	200m Ind. Medley
Event 501B	Boys 14/15	200m Ind. Medley
Event 403A	Girls 16/17	100m Butterfly
Event 403B	Girls 18+	100m Butterfly
Event 404A	Boys 16/17	100m Backstroke
Event 404B	Boys 18+	100m Backstroke
Event 502A	Girls 11 - 13	50m Breaststroke
Event 502B	Girls 14/15	50m Breaststroke
Event 503A	Boys 11 - 13	50m Butterfly
Event 503B	Boys 14/15	50m Butterfly
Event 405A	Girls 16/17	50m Backstroke
Event 405B	Girls 18+	50m Backstroke
Event 406A	Boys 16/17	50m Freestyle
Event 406B	Boys 18+	50m Freestyle
Event 506A	Girls 11 - 13	100m Freestyle
Event 506B	Girls 14/15	100m Freestyle
Event 507A	Boys 11 - 13	100m Breaststroke
Event 507B	Boys 14/15	100m Breaststroke
Event 601A	Girls 11 - 14	4 x 100m Free. Relay
Event 601B	Girls 15+	4 x 100m Free. Relay
Event 602A	Boys 11 - 14	4 x 50m Med. Relay
Event 602B	Boys 15+	4 x 50m Med. Relay

SASA NORTH DISTRICT AGE GROUP SWIMMING CHAMPIONSHIPS 2017 ROUND 2

4 & 5 MARCH - ABERDEEN SPORTS VILLAGE AQUATICS CENTRE

Programme of Events

Session One

Event 101	Boys 16+	200m Individual Medley
Event 102	Girls 16+	50m Breaststroke
Event 103	Boys 16+	50m Butterfly
Event 104	Girls 16+	200m Backstroke
Event 105	Boys 16+	400m Freestyle
Event 106	Girls 16+	100m Freestyle
Event 107	Boys 16+	100m Breaststroke
Event 108	Girls 12+	800m Freestyle
Event 109	Boys 16+	200m Butterfly

Session Four

Event 401	Girls 16+	200m Ind. Medley
Event 402	Boys 16+	50m Breaststroke
Event 403	Girls 16+	50m Butterfly
Event 404	Boys 16+	200m Backstroke
Event 405	Girls 16+	400m Freestyle
Event 406	Boys 16+	100m Freestyle
Event 407	Girls 16+	100m Breaststroke
Event 408	Boys 12+	1500m Freestyle
Event 409	Girls 16+	200m Butterfly

Session Two

Event 201	Boys 11 - 15	200m Breaststroke
Event 202	Girls 11 - 15	100m Butterfly
Event 203	Boys 11 - 15	100m Backstroke
Event 204	Girls 11 - 15	400m Individual Medley
Event 205	Boys 11 - 15	200m Freestyle
Event 206	Girls 11 - 15	50m Backstroke
Event 207	Boys 11 - 15	50m Freestyle

Session Five

Event 501	Girls 11 - 15	200m Breaststroke
Event 502	Boys 11 - 15	100m Butterfly
Event 503	Girls 11 - 15	100m Backstroke
Event 504	Boys 11 - 15	400m Ind. Medley
Event 505	Girls 11 - 15	200m Freestyle
Event 506	Boys 11 - 15	50m Backstroke
Event 507	Girls 11 - 15	50m Freestyle

Session Three - Finals

Event 101A	Boys 16/17	200m Individual Medley
Event 101B	Boys 18+	200m Individual Medley
Event 202A	Girls 11 - 13	100m Butterfly
Event 202B	Girls 14/15	100m Butterfly
Event 203A	Boys 11 - 13	100m Backstroke
Event 203B	Boys 14/15	100m Backstroke
Event 102A	Girls 16/17	50m Breaststroke
Event 102B	Girls 18+	50m Breaststroke
Event 103A	Boys 16/17	50m Butterfly
Event 103B	Boys 18+	50m Butterfly
Event 206A	Girls 11 - 13	50m Backstroke
Event 206B	Girls 14/15	50m Backstroke
Event 207A	Boys 11 - 13	50m Freestyle
Event 207B	Boys 14/15	50m Freestyle
Event 106A	Girls 16/17	100m Freestyle
Event 106B	Girls 18+	100m Freestyle
Event 107A	Boys 16/17	100m Breaststroke
Event 107B	Boys 18+	100m Breaststroke
Event 301A	Girls 11 - 14	4 x 100m Medley Relay
Event 301B	Girls 15+	4 x 100m Medley Relay
Event 302A	Boys 11 - 14	4 x 50m Freestyle Relay
Event 302B	Boys 15+	4 x 50m Freestyle Relay

Session Six - Finals

Event 401A	Girls 16/17	200m Ind. Medley
Event 401B	Girls 18+	200m Ind. Medley
Event 502A	Boys 11 - 13	100m Butterfly
Event 502B	Boys 14/15	100m Butterfly
Event 503A	Girls 11 - 13	100m Backstroke
Event 503B	Girls 14/15	100m Backstroke
Event 402A	Boys 16/17	50m Breaststroke
Event 402B	Boys 18+	50m Breaststroke
Event 403A	Girls 16/17	50m Butterfly
Event 403B	Girls 18+	50m Butterfly
Event 506A	Boys 11 - 13	50m Backstroke
Event 506B	Boys 14/15	50m Backstroke
Event 507A	Girls 11 - 13	50m Freestyle
Event 507B	Girls 14/15	50m Freestyle
Event 406A	Boys 16/17	100m Freestyle
Event 406B	Boys 18+	100m Freestyle
Event 407A	Girls 16/17	100m Breaststroke
Event 407B	Girls 18+	100m Breaststroke
Event 601A	Boys 11 - 14	4 x 100m Med. Relay
Event 601B	Boys 15+	4 x 100m Med. Relay
Event 602A	Girls 11 - 14	4 x 50m Free. Relay
Event 602B	Girls 15+	4 x 50m Free. Relay

SASA NORTH DISTRICT AGE GROUP SWIMMING CHAMPIONSHIPS 2017

Round 1 – 4/5 FEBRUARY 2017 and Round 2 – 4/5 MARCH 2017

Consideration Times:

Please note Accredited Times are required for Age Group Championships events. These times must have been achieved since 5 January 2016.

There will be spot checks on entry times and Clubs may be asked to verify them. Should you receive such a request you will also be advised of the deadline for verification. Any times which cannot be verified or which are not verified by the deadline will be automatically withdrawn as per Swimming Regulation 2.2. To avoid spot checks, please send a proof of entry report with your entries

Times below are long course times. Times converted from short course accredited competitions will also be accepted. Times must be equal to or faster than -

<1999	<2000	2001	2002	2003	2004	2005/6	Event	2005/6	2004	2003	2002	2001	2000	<1999
00:31.3	00:31.3	00:32.8	00:33.5	00:34.6	00:35.6	00:37.4	50m Freestyle	00:39.7	00:36.0	00:33.2	00:31.5	00:30.7	00:28.4	00:28.4
01:06.9	01:06.9	01:10.7	01:12.0	01:14.7	01:17.7	01:22.0	100m Freestyle	01:24.6	01:17.6	01:12.6	01:07.6	01:05.7	01:00.8	01:00.8
02:25.4	02:25.4	02:32.1	02:36.2	02:41.1	02:47.4	02:57.9	200m Freestyle	03:06.3	02:49.8	02:36.3	02:27.6	02:24.7	02:14.9	02:14.9
05:07.6	05:07.6	05:19.0	05:23.9	05:32.3	05:44.3	06:01.2	400m Freestyle	06:20.7	05:48.1	05:21.4	05:06.9	05:00.9	04:48.8	04:48.8
10:26.5	10:26.5	10:50.0	11:01.0	11:19.0	11:48.3	11:48.3	800m Freestyle	12:02.3	12:02.3	11:03.4	10:41.7	10:19.4	10:01.8	10:01.8
19:56.2	19:56.2	20:40.7	21:01.4	21:35.1	22:30.1	22:30.1	1500m Freestyle	22:56.3	22:56.3	21:05.8	20:25.2	19:43.3	19:09.9	19:09.9
00:35.4	00:35.4	00:37.1	00:37.6	00:39.0	00:41.0	00:43.6	50m Backstroke	00:46.4	00:41.6	00:38.2	00:36.3	00:34.9	00:32.4	00:32.4
01:14.9	01:14.9	01:18.6	01:20.1	01:23.4	01:27.9	01:33.8	100m Backstroke	01:38.5	01:29.1	01:23.0	01:18.4	01:15.0	01:09.4	01:09.4
02:42.2	02:42.2	02:47.6	02:50.9	02:56.7	03:04.8	03:16.1	200m Backstroke	03:21.9	03:06.2	02:54.1	02:43.9	02:40.3	02:33.0	02:33.0
00:41.0	00:41.0	00:42.3	00:43.3	00:44.8	00:47.4	00:50.9	50m Breaststroke	00:54.4	00:47.7	00:43.0	00:40.7	00:38.7	00:36.3	00:36.3
01:29.8	01:29.8	01:32.0	01:34.3	01:37.0	01:42.2	01:49.7	100m Breaststroke	01:59.5	01:45.3	01:34.6	01:29.5	01:25.9	01:21.1	01:21.1
03:10.8	03:10.8	03:16.1	03:17.7	03:21.2	03:34.2	03:48.8	200m Breaststroke	04:05.4	03:39.1	03:18.5	03:07.8	03:02.0	02:52.7	02:52.7
00:34.1	00:33.4	00:35.3	00:36.5	00:37.7	00:40.0	00:43.5	50m Butterfly	00:47.4	00:41.0	00:36.8	00:34.5	00:32.9	00:30.0	00:30.0
01:15.1	01:15.1	01:18.5	01:20.6	01:24.5	01:30.6	01:38.8	100m Butterfly	01:45.1	01:32.4	01:22.8	01:15.9	01:12.7	01:06.3	01:06.3
02:45.8	02:45.8	02:54.7	02:59.2	03:06.2	03:22.0	03:42.4	200m Butterfly	03:47.7	03:21.2	03:01.5	02:50.3	02:43.6	02:32.1	02:32.1
02:45.2	02:45.2	02:52.8	02:55.3	03:01.4	03:09.3	03:19.8	200m I.M.	03:32.5	03:10.9	02:56.2	02:47.8	02:40.8	02:33.1	02:33.1
05:53.7	05:53.7	06:03.6	06:10.0	06:17.4	06:41.1	07:11.1	400m I.M.	07:31.0	06:44.9	06:06.8	05:53.0	05:45.1	05:25.2	05:25.2

SASA NORTH DISTRICT AGE GROUP SWIMMING CHAMPIONSHIPS 2017

**Round 1 – 4/5 FEBRUARY 2017 and Round 2 – 4/5 MARCH 2017
ABERDEEN SPORTS VILLAGE AQUATICS CENTRE**

Supplementary Disability Swimming Conditions and Entry Standards

These are to be adhered to in conjunction with the general conditions for the Age Group Championships.

The following events will be integrated into the heats according to eligibility criteria:

Event	Male and Female
50m Freestyle	S1 – S14
100m Freestyle	S1 – S14
200m Freestyle	S1 – S5 and S14
400m Freestyle	S6 – S14
50m Backstroke	S1 – S5
100m Backstroke	S6 – S14
50m Breaststroke	SB1 – SB3
100m Breaststroke	SB4 – SB9, SB11 – SB14
50m Butterfly	S1 – S7
100m Butterfly	S8 – S14
200m IM	SM7 – SM14

Eligibility

All Competitors must be registered as members of a swimming club affiliated to the SASA North District at the time of entry. **Entry standards are as attached and these are open age group standards.**

Functional (S1-S10, SB1-SB9, SM1-SM10)

- All competitors must have an authorised British Swimming or IPC Swimming classification, which is held on the British Swimming or IPC Swimming classification database at the time of entry.

Visual (S11-S13, SB11-SB13, SM11-SM13)

- All competitors must have an authorised British Blind Sport or IBSA Swimming classification, which is held on the British Swimming or IPC Swimming classification database at the time of entry.

Learning (S14, SB14, SM14)

- All competitors must have an authorised INAS-FID or UKSAPLD classification which is held on the database at the time of entry.

General

- All eligible swimmers will be integrated into the event seeded by absolute time.
- Where relevant, the competition shall take place under the relevant IPC Swimming, Swimming Rules.

Accreditation

- Coaches and personal care attendants must have accreditation. Personal care attendants will only be permitted for swimmers in the following classes: S1, S2, S3, S4 and S11. Such attendants will be excluded from any restrictions and will be given the same accreditation as the swimmer for whom they have personal care responsibilities. A swimmer in any of the classes as specified above may have both a coach and a personal care attendant present.

Medals

- Medals shall be awarded to the top three British Disability Point scorers in each event on a heat declared winner basis. All MC events are open age group events but swimmers will be integrated into the heats for each event in the appropriate age group for them.

- If there are less than four competitors in any one event then a minus one ruling shall apply with no award for events with one swimmer. Medals shall be awarded during the session of the swim according to the presentation schedule. All swimmers shall be required to present themselves to the marshal when notified.

Standards

EVENT	CLASS	MALE	FEMALE	EVENT	CLASS	MALE	FEMALE	
50m FREESTYLE	S1	02:31.86	02:22.99	100m BACKSTROKE	S1	04:56.57	07:37.83	
	S2	01:45.48	02:13.11		S2	03:42.31	04:17.38	
	S3	01:17.52	01:36.83		S6	02:07.38	02:29.17	
	S4	01:07.32	01:26.21		S7	02:05.75	02:24.33	
	S5	00:59.30	01:05.50		S8	01:52.13	02:15.64	
	S6	00:51.31	00:59.04		S9	01:50.91	02:00.16	
	S7	00:48.28	00:57.29		S10	01:44.69	01:56.38	
	S8	00:46.43	00:53.81		S11	01:58.30	02:24.81	
	S9	00:44.81	00:50.00		S12	01:44.31	02:06.60	
	S10	00:40.24	00:47.60		S13	01:43.87	02:03.90	
	S11	00:45.61	00:54.16		S14	01:42.71	01:53.47	
	S12	00:41.29	00:48.09		50m BREASTSTROKE	SB1	03:39.21	03:50.89
	S13	00:41.19	00:48.26			SB2	01:42.95	02:26.22
	S14	00:43.18	00:48.52			SB3	01:26.67	01:47.39
100m FREESTYLE	S1	04:35.33	07:04.37	100m BREASTSTROKE	SB4	02:47.19	03:25.34	
	S2	04:09.80	06:09.26		SB5	02:40.36	03:12.61	
	S3	02:53.18	03:00.39		SB6	02:21.30	02:49.37	
	S4	02:27.78	02:59.52		SB7	02:14.01	02:45.92	
	S5	02:10.36	02:22.82		SB8	02:02.98	02:19.35	
	S6	01:55.28	02:07.59		SB9	01:57.27	02:15.20	
	S7	01:47.56	02:04.07		SB11	02:06.97	02:37.30	
	S8	01:39.42	01:55.53		SB12	01:56.42	02:26.61	
	S9	01:37.15	01:48.83		SB13	01:56.01	02:16.76	
	S10	01:30.41	01:44.11		SB14	01:55.58	02:12.65	
	S11	01:41.92	02:01.96		50m BUTTERFLY	S1	NT	NT
	S12	01:30.56	01:43.92			S2	04:05.11	03:57.64
	S13	01:30.42	01:43.56			S3	02:27.22	02:15.46
	S14	01:34.42	01:43.70			S4	01:18.66	02:54.57
200m FREESTYLE	S1	12:57.58	11:15.63	S5		01:02.15	01:19.37	
	S2	07:29.14	10:52.63	S6		00:53.13	01:04.89	
	S3	06:05.82	06:48.41	S7	00:51.87	01:02.87		
	S4	05:17.93	06:39.08	S8	01:47.37	02:06.14		
	S5	04:40.18	05:12.10	S9	01:43.26	01:58.69		
	S14	03:19.02	03:33.54	100m BUTTERFLY	S10	01:37.83	01:57.88	
400m FREESTYLE	S6	08:49.14	09:48.40		S11	01:47.35	02:33.34	
	S7	08:27.62	09:12.45		S12	01:39.11	01:56.77	
	S8	07:45.80	08:32.87		S13	01:39.30	01:57.69	
	S9	07:26.23	08:12.10		S14	01:42.97	01:58.95	
	S10	07:10.15	07:55.35		200m INDIVIDUAL MEDLEY	SM5	06:00.64	06:16.01
	S11	08:05.27	09:35.67	SM6		04:35.13	05:26.94	
S12	07:11.43	08:01.95	SM7	04:32.76		05:17.73		
S13	07:11.15	07:57.02	SM8	04:09.71		04:51.48		
S14	07:23.53	08:35.39	SM9	04:00.48		04:30.15		
50m BACKSTROKE	S1	02:24.33	03:51.05	SM10		03:45.25	04:18.43	
	S2	01:42.93	01:54.39	SM11	04:16.92	05:00.54		
	S3	01:26.95	01:37.10	SM12	03:50.16	04:37.63		
	S4	01:17.61	01:31.34	SM13	03:49.92	04:18.93		
	S5	01:07.39	01:16.96	SM14	03:50.88	04:07.83		