



Cults Otters ASC

Challenge Trophy

Sunday 11th September 2016

Cults Swimming Pool,
Quarry Road, Cults, Aberdeen AB15 9TP

Under FINA and SASA rules - Licence Number ND/L2/267/SEP16
Accreditation will be applied for

Pool: 25 metres, six lanes, anti turbulence lane ropes; space poolside for swimmers and coaches.

Cults Academy dining area will be used as additional space for officials and competitors at lunchtime.

Events: 100m Butterfly
100m Backstroke
100m Breaststroke
100m Freestyle
200m Individual Medley
400m Freestyle

100m entries will be accepted on a "faster than" basis, please see attached sheet for qualifying times. There are no consideration times for the 400m Freestyle and 200m Individual Medley.

Age Groups: 8 – 10, 11 - 12, 13 - 14, age on the day (11th September 2016).

Events will be swum in combined age groups to promote competitive swimming. All events are Heat Declared Winner.

NB: Cults Otters ASC reserve the right to fill any empty lanes with its own swimmers.

Trophies: Medals will be awarded in age groups for 1st, 2nd and 3rd in each event. There will be awards for best boy and girl in each age group. The Cults Otters ASC Challenge Trophy will be awarded to the best club / team. Trophies for best boy / girl in each age group and best club / team will be worked on a points system – 6 points for 1st place down to 1 point for 6th place.



Programme of Events: Two Sessions

Session 1 Warm up 8.30 am Start 9.35 am, Finish approx. 12.30 pm

101	Girls 400m Freestyle
102	Boys 200m IM
103	Girls 100m Fly
104	Boys 100m Freestyle
105	Girls 100m Backstroke
106	Boys 100m Breaststroke

Session 2 Warm up 1.15 pm Start 2.20 pm, Finish approx. 5.15 pm

201	Boys 400m Freestyle
202	Girls 200m IM
203	Boys 100m Backstroke
204	Girls 100m Breaststroke
205	Boys 100m Fly
206	Girls 100m Freestyle

Boys : "Faster Than"

	100m Fly	100m Back	100m Breast	100m Free
8 – 10 years	1.49.00	1.50.00	1.55.00	1.35.00
11/12 years	1.39.00	1.40.00	1.49.00	1.24.00
13 / 14 years	1.25.00	1.27.00	1.34.00	1.13.00

Girls : "Faster Than"

	100m Fly	100m Back	100m Breast	100m Free
8 – 10 years	1.49.00	1.50.00	1.55.00	1.35.00
11 / 12 years	1.39.00	1.40.00	1.49.00	1.24.00
13 / 14 years	1.27.00	1.29.00	1.36.00	1.15.00

NB: there are no consideration times for 400m freestyle and 200m IM events.

Entry times do not have to be accredited, but they should be real times gained at accredited meets, non-accredited meets or club time trials.

The organisers reserve the right to limit the number of heats in any event. Please note that in order to promote fast swimming, events will be swum in combined age groups and in order to provide a fair opportunity for all swimmers, entries will be accepted as evenly as possible across the three age groupings.



Entries: Entries should be submitted electronically on the Hy-tek Team Manager events file. Entry files may be downloaded from the SwimScotland website www.swimscotland.co.uk or the SASA North website www.sasanorth.org.uk or requested by email from Jo Gibson at four.gibsons@gmail.com.

All entry files must be returned by email to Jo Gibson at four.gibsons@gmail.com and the fees and other paperwork to be sent on within three days of the closing date to: Cults Otters – Challenge Trophy Entries, 165 Craighton Road, Aberdeen AB15 7UA.

Entries from composite teams **will be accepted**.

Receipt of entry file will be confirmed by email.

Closing date for entries is 5pm Friday 19th August 2016 – late entries will not be accepted.

Clubs will be notified of any rejected swims prior to the meet along with a provisional programme.

Entry Fees: £5.00 per 100m event and 200m Individual Medley event.
£6.00 per 400m Freestyle event.

Cheques to be payable to Cults Otters ASC.

Withdrawals: Please notify us of any withdrawals as soon as possible so that reserves can be notified. Please email withdrawals to Jo Gibson at four.gibsons@gmail.com before 5pm Friday 9th September 2016 and after this to the recorders table on the day.

Coach's pass: One coach's lunch pass will be included for each Club, and additional coaches' passes will be available at £5.00 each – please include this payment with the gala entry fee.

Technical Officials: We would be grateful for technical officials willing to help on the day. Please complete the attached form and return with your entry summary. We would appreciate extra officials from larger teams. Refreshments and lunch will be provided for technical officials.

Entries Secretary: Cults Otters – Challenge Trophy Entries
165 Craighton Road
Aberdeen
AB15 7UA

email: four.gibsons@gmail.com



General Information:

1. The meet will be held under FINA and SASA rules.
2. Accreditation will be applied for – all entries must be accompanied by a signed registration declaration form. All swimmers must be registered with SASA or the appropriate governing body.
3. The Gala Convenor reserves the right to alter the meet programme and warm up times if necessary.
4. Manual timing with three timekeepers per lane will be used.
5. Over the top starts will be used where applicable.
6. All events will be Heat Declared Winner.
7. Swimmers must report to marshalling ahead of their event and to medal marshalling ahead of medal presentation.
8. Swimmers must follow instructions given to them by meet officials and must behave in a reasonable manner at all times.
9. Programmes will be available on the day at a cost of £2.00.
10. No photographic or video equipment will be allowed in any area without the prior agreement of the Gala Convenor. Application forms will be available from the Gala Convenor and will need to be countersigned by a club official. Those wishing to use photography must be able to prove that they have a child swimming at the session permission is applied for.
11. Unless it has been notified in writing to the Gala Convenor it will be assumed that all parents of children swimming give permission for their child to be photographed by approved parties.
12. No mobile phones will be allowed in the venue at any time to ensure that there is no misuse of camera phones.
13. Please ensure that any valuables are locked away.
14. To comply with our child protection policy, please ensure that swimmers wear t-shirts and shorts or track suits and pool shoes when leaving poolside.
- 15. Please note that due to limited space poolside we are unable to accommodate spectators.**
16. We will aim to issue a draft programme as soon as possible after close of entries.



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DECLARATION

All competitors have paid their current SASA registration fee.

Swimmers, coaches and spectators / parents have been made aware of the photographic / video restrictions at this venue.

Signed on _____ Position
behalf of Club: _____ in Club: _____

ENTRY SUMMARY

Name of Club / Code: _____

Contact name and address: _____

Post code: _____

Contact telephone number: _____

Contact email address: _____

Girls _____ 100m event and 200m Individual Medley event @ £5.00 = £ _____

Girls _____ 400M free entries @ £6.00 = £ _____

Boys _____ 100m event and 200m Individual Medley event @ £5.00 = £ _____

Boys _____ 400M free entries @ £6.00 = £ _____

Additional Coach's Pass _____ @ £5.00 = £ _____

Total £ _____

Please return this form together with the entry fee cheque payable to Cults Otters ASC and officials list to: Cults Otters – Challenge Trophy Entries, 165 Craigton Road, Aberdeen AB15 7UA.

