



S.A.S.A North District

NORTH DISTRICT OPEN SWIMMING CHAMPIONSHIPS 2016

Inverness Leisure, Bught Lane, Inverness, IV3 5SS

5/6 November 2016

Prize Structure

The winner of each of the following men's and women's categories will receive £150.

Award Name	Criteria
Backstroke	Highest total FINA Points score for best 2 swims out of 50m, 100m and 200 Backstroke
Breaststroke	Highest total FINA Points score for best 2 swims out of 50m, 100m and 200 Breaststroke
Butterfly	Highest total FINA Points score for best 2 swims out of 50m, 100m and 200 Butterfly
Freestyle	Highest total FINA Points score for best 2 swims out of 50m, 100m and 200 Freestyle
Individual Medley	Highest total FINA Points score for 200m and 400m Individual Medley
Distance Freestyle	Highest total FINA Points score for 400m and 800m (or 1500m) Freestyle
Sprint	Highest total FINA Points score for best 3 swims from the 50m events

In the event of a tie, the highest single FINA points score will be used to determine the winner and in the event that these are the same then the prize will be shared.

There will be no runner up awards and no junior awards.

Please address any queries to North District Swimming Convenor at lynnalderton@hotmail.com



Award sponsors